

Summer Intensive Schedule 2026

5	6	7	8	9	10	11
	9:30-12 Intermediate Ballet and Choreography with Chloe 9:30-11 Advanced Modern with Elizabeth 11-12 Advanced Composition with Elizabeth 12-12:45 Lunch 12:45-1:15 Dance Bio and QandA with Chloe 1:15-2:45 Intermediate Modern with Elizabeth 2:45-4 Intermediate Composition with Elizabeth 1:15-4 Advanced Ballet and choreography with Chloe	9:30-12 Intermediate Ballet and Choreography with Chloe 9:30-11 Advanced Jazz with Elizabeth 11-12 Advanced stretch and recovery with Elizabeth 12-12:45 Lunch 12:45-1:15 Make Up and Photo prep with Emily 1:15-2:45 Intermediate Jazz with Elizabeth 2:45-4 Intermediate stretch and recovery with Elizabeth 1:15-4 Advanced Ballet and choreography with Chloe	9:30-12 Intermediate Ballet and Choreography with Chloe 9:30-11 Advanced Modern with Emily S 11-12 Advanced Improv with Emily S 12-1:15 Lunch and Photos with Christine 1:15-2:45 Intermediate Modern with Julia 2:45-4 Intermediate Improv with Julia 1:15-4 Advanced Ballet and choreography with Chloe	9:30-12 Intermediate Ballet and Choreography with Chloe 9:30-11 Advanced Jazz with Emily S 11-12 Advanced Yoga with Christine (bring a yoga mat if you have one!) 12-12:45 Lunch 12:45-1:15 Ankle Strengthening/ Injury Prevention with Emily (bring tennis shoes!) 1:15-2:45 Intermediate Jazz with Emily W 2:45-4 Intermediate Yoga with Christine (bring a yoga mat if you have one!) 1:15-4 Advanced Ballet and choreography with Chloe	9:30-12 Intermediate Ballet and Choreography with Chloe 9:30-11 Advanced Modern with Emily S 11-12 Advanced Contact or Site Specific Improv with Emily S 12-12:45 Lunch 12:45-1:15 Ballet History with Emily 1:15-2:45 Intermediate Modern with Julia 2:45-4 Intermediate Contact or Site Specific Improv with Julia 1:15-4 Advanced Ballet and choreography with Chloe	
12	13	14	15	16	17	18
	9:30-12 Intermediate Jazz and Choreography with Karmen 9:30-11 Advanced Ballet with Emily W 11-12 Advanced Ballet Rehearsal with Emily S 12-12:45 Lunch 12:45-1:15 Dance Bio and QandA with Karmen 1:15-2:45 Intermediate Ballet with Emily W 2:45-4 Intermediate Ballet Rehearsal with Ashley H 1:15-4 Advanced Jazz and Choreography with Karmen	9:30-12 Intermediate Jazz and Choreography with Karmen 9:30-11 Advanced Modern with Julia 11-12 Advanced Character with Christine (bring character shoes if you have them!) 12-12:45 Lunch 12:45-1:15 Dance Resume with Ashley H 1:15-2:45 Intermediate Modern with Emily W 2:45-4 Intermediate Character with Christine (bring character shoes if you have them!) 1:15-4 Advanced Jazz and choreography with Karmen	9:30-12 Intermediate Jazz and Choreography with Karmen 9:30-12 Advanced Ballet and rehearsal with Emily S 12-12:45 Lunch 12:45-1:15 Colleges with Ashley H 1:15-4 Intermediate Ballet and rehearsal with Julia 1:15-4 Advanced Jazz and Choreography with Karmen	9:30-12 Intermediate Jazz and Choreography with Karmen 9:30-11 Advanced Modern with Emily 11-12 Advanced Stretch and Strengthen with Emily 12-12:45 Lunch 12:45-1:15 Jazz/Musical Theatre History with Ashley H 1:15-2:45 Intermediate Modern with Julia 2:45-4 Intermediate Stretch and Strengthen with Julia (bring a theraband if you have one!) 2:15-4 Advanced Jazz and Choreography with Karmen	9:30-12 Intermediate Jazz and Choreography with Karmen 9:30-12 Advanced Ballet and rehearsal with Emily S 12-12:45 Lunch 12:45-1:15 Foam Roller class with Christine (bring a foam roller if you have one!) 1:15-4 Intermediate Ballet and rehearsal with Julia 1:15-4 Advanced Jazz and Choreography with Karmen 4-4:30 Snack break 4:30-4:45 Dress rehearsal prep 4:45-5:30 Dress rehearsal 6pm Show	

