LESLLA PROCEEDINGS 2025

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Title

Author 1 First Name
Institution, City, State, Country

Author 2 First Name
Institution, City, State, Country

Abstract

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Keywords: keyword 1, keyword 2

Header and footer

Introduction

Your manuscript text starts here. This text is single-spaced, Times New Roman, 12 point font. Text is left-justified. Please start your text on the second page. You do not need a title page. Your first header does not need to say 'Introduction' although this is a common practice. Feel free to use other words that are relevant to your paper content. This is a good time to remind you about references, such as this one (Aikenhead, 2016). Remember that any source you cite in your text must appear in your Reference list. All sources in your Reference list must appear in the text. We rely on you as authors to ensure your paper is cited and sourced appropriately. Remember that a well-sourced paper is most useful to your readers who may want to read more based on your work.

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Level 1 Header

Level 1 is the highest or main level of heading, Level 2 is a subheading of Level 1, Level 3 is a subheading of Level 2, etc. The number of levels you use typically reflects the the length and complexity of the work. Capitalize all major words in a header. Level 4 and Level 5 headers have a period at the end (before the text/content continues on the same line), They're the only ones with a period at the end.

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Level 2 Header

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[1] Use footnotes not endnotes if needed: use numbers not roman numerals. Do not change the header on odd pages: it will list the publication title and year *LESLLA Proceedings* ####, and the page # on the top left hand side. The header on even pages indicates the page # on the top right hand side, plus a running head (a shortened version of your title, up to 50 characters, including punctuation and spacing). Double-click on the header to edit your running head.

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Level 3 Header

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Level 4 Header. Morbi interdum, metus faucibus porta posuere, ligula ex tincidunt velit, a molestie justo diam eget urna. Nam commodo rutrum vulputate. Suspendisse at porta ipsum, vel vehicula eros. Cursus metus aliquam eleifend mi in. Tincidunt augue interdum velit euismod in pellentesque massa.

If you have tables in your manuscript, you will include them right in the text, and number them. Refer explicitly to tables in the text like this by number like this (Table 1) or with a phrase like ‘as shown in Table 1’. Do not simply say ‘as shown below’.

Table 1. NATO Phonetic Alphabet

Letter	Word
A	Alpha
B	Bravo
C	Charlie
D	Delta
E	Echo

If you have figures in your manuscript, save them as an image, and then insert the image where you would like the figure to appear. Be sure any text in your image is easy to read. Insert the figure caption right below your image. Use the comment function to provide us with alternative text (alt text), a short written description of an image that helps readers make sense of the image if the image is not viewable for any reason. If you need help writing alternative text, please see this link: https://supercooldesign.co.uk/blog/how-to-write-good-alt-text

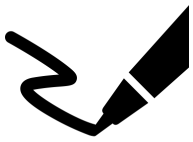


Figure 1. Caption

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> [As the lead singer makes clear], "This is the music we play and this is the music we want people to hear"… [The Cowboy Junkies] created a slow, subtle sound that demanded the undivided attention of listeners. True-to-life depictions of everyday experiences provided a refreshing dose of fidelity for ears long soothed by aural fantasy (Aikenhead, 2016, p. 71)

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