

Tilden Middle School Health Room

240-740-6702

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School Health Room Technician: Sharon White Sharon_T_White@mcpsmd.org

School Year 2026-2027 Reminders

- The [State of Maryland](#) requires that all students entering 7th grade have a recent (administered after age 11) Tdap (tetanus, diphtheria, pertussis) and MCV (meningitis ACWY) immunization.
- If your child is new to MCPS and/or Tilden Middle School or if your child has any new health conditions/information, please submit a health [inventory form](#) to the health room.

Important Dates

- August 24, 2026: Student Transition Day for new to Tilden and 6th grade students
- August 25, 2026: First day of school for all students
- October 26-28, 2026: Hearing & Vision screenings for 8th grade and new to MCPS students
- January 11-13, 2027, January 13-15, 2027, January 20-22, 2027: Outdoor Ed for 6th grade students (students attend one session)



School Health Services/Health Room Information

“School Health Services staff provide care to students who become ill or are injured at school, respond to emergencies, monitor immunization compliance, manage communicable diseases, administer medications and treatments per health care provider’s directions, support the social and emotional well-being of students and maintain health records.” [MCG DHHS SHS](#)

- If your child is ill, please keep them at home. Please visit [When to Keep your Child at Home](#) for more information.
- If they become ill while at school we will contact the parent/guardian to pick them up. It is advised that there is at least one emergency contact in addition to parent(s)/guardian(s) Please check parent and emergency contact information for accuracy.



Medications

- The health room does not keep and/or supply any medication to students that is not provided by parents with doctor [orders](#). This includes over the counter medications (e.g. ibuprofen, acetaminophen, nasal spray, eye drops etc).
- All medications administered at school must have a medication administration [form](#) completed by parent(s) and the physician.
- Students are not permitted to carry and self administer medications with the exception of epinephrine and/or rescue inhalers with accompanying doctor orders for the [inhaler](#) and/or [epinephrine](#).

Immunizations

MCPS adheres to State of Maryland [requirements](#) for school immunizations. Students that do not meet these requirements can be excluded from attending school. Please call the health room if you have any questions about your child's immunization record.

If you are notified that your child needs a required immunization, please contact their pediatrician for an appointment. Many vaccines are also available at local pharmacies. Or, contact School Health Services at one of the clinics listed [here](#).

Maryland residents can access their own immunization records in ImmuNet and print out the Maryland certificate (896) through a free website service: MyIRMobile <https://myirmobile.com/>



Links for Commonly Used [Forms](#)

[Management of Anaphylaxis](#)

[Medication Administration](#)

[Health Inventory Form](#)

Athletics

The health room does not store new or previous copies of athletic health inventory [forms](#). Please refer to the Tilden Middle School athletics [website](#) for more information.