Counsellor Update

October 3, 2025

The counsellor calendar will be unavailable for appointment bookings beginning on October 6, and the calendar will only release new appointment dates once schools re-open.

Mental Health
For a comprehensive list of both online support helplines and community resources available within our area, the following links may be of use.

Support Helplines
Community Resources

Post-Secondary
October is a big month for post-secondary! You can begin to apply for early admission, and there are many open houses starting as early as the first weekend of October. Please visit the link below for our scholarship booklet, step-by-step instructions on how to apply to post-secondary, in-person open house dates, and more.

Post-Secondary