Ross M. Nakaji, PT, OCS, SCS, ATC, CSCS

Ross M. Nakaji is a 1993 graduate of the University of the Pacific with a B.S. in Sports Medicine/Athletic Training. Prior to attending physical therapy school, he was a Graduate Assistant Athletic Trainer at Sanford University from 1993-1995. In 1997, Ross graduated from the University of the Pacific with an M.S. in Physical Therapy. Ross holds additional credentials from the American Board of Physical Therapy Specialties in which he is a Board Certified Orthopedic Clinical Specialist (OCS) and a Board Certified Sports Clinical Specialist (SCS). Currently, he is the founder, CEO of Los Gatos Orthopedic Sports Therapy, Inc. (rebranding to PRO Performance Therapy Group) centrally located in Los Gatos, CA and with clinics in Morgan Hill, Irvine and Saratoga. He consults with numerous local high schools, colleges and universities, as well as professional teams and athletes in sports medicine and rehabilitation. Ross currently serves as a physical therapist and consultant to the San Jose Sharks Hockey Club, San Jose Barracuda Hockey Club and San Jose State University Athletics in San Jose, CA. He is an adjunct clinical faculty member at the O'Connor Hospital Family Practice Sports Medicine Fellowship program in San Jose, CA, Chairman and Co-Founder of the Los Gatos Orthopedic Sports Therapy Sports PT Residency and LGOST Foundation. He also serves as a lab assistant to Richard Jackson Seminars and Project Africa and The Jackson Clinics in Middleburg, VA. He is also a published author in several books and journal articles in sports medicine and physical therapy.

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Chris Garcia, PT, DPT, SCS, CSCS, USAW

Dr. Chris Garcia is a residency-trained sports physical therapist, certified strength and conditioning specialist, and sports performance coach. He has extensive experience in treating athletes of all levels and sports, including assisting with NFL combine training programs and 3 years as a physical therapist at the United States Olympic Training Center, treating the nation's best athletes. After years of traveling around the world to care for professional athletes, Dr. Chris founded Sports Performance Physical Therapy, a 100% cash practice with 2 locations in San Diego, CA. He then founded Chris Garcia Academy, a global clinical education firm for cash-pay and sports PTs, to impact the profession of physical therapy so physical therapists all over the world have access to world-class treatment strategies and become leading experts in their respective communities. He resides in San Diego with his wife, three kids, and dog.

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George J. Davies, DPT, MEd, PT, SCS, ATC, LAT, CSCS, PES, CES, CSMS, FAPTA

Dr. George J. Davies is an internationally known speaker who has presented hundreds of conferences throughout the world on sports physical therapy, athletic training, shoulder, knee, open and closed kinetic

chain topics, orthopaedics, rehabilitation and Isokinetics. George is a clinician, educator, speaker, researcher, author, editor, patent holder for exercise equipment and consultant. He has been involved in the clinical practice of sports physical therapy/athletic training, since he was a student athletic trainer, for over 55 years. He has a passion for teaching and has been an educator for over 48 years in colleges and universities.

Dr. Davies has been involved in many research projects that have been presented at numerous national and international conferences and published in various journals. He has participated in hundreds of scientific conferences and workshops throughout the world in the last 45 years. He has published over 200 articles and research abstracts in various periodicals, has written several books and has contributed chapters to over 45 books. George was the original co-founder and co-editor of The Journal of Orthopaedic and Sports Physical Therapy for approximately 10 years. George was also one of the founders and original Associate Editors for Sports Health: A Multidisciplinary Approach for the past 10 years.