Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs

Local Wellness Policy: Triennial Assessment Summary

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

https://www.fns.usda.gov/tn/local-school-wellness-policy

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

West Bloomfield School District-All Schools

Month and year of current assessment: March 2025

Date of last Local Wellness Policy revision: January 27, 2025

Website address for the wellness policy and/or information on how the public can access a copy: www.wbsd.org

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Section 2: Wellness Committee Information

How often does your school wellness committee meet? 3x/year

2024-2025
School Wellness Leader:

Name	Job Title	Email Address
Johanna Mracna	Assistant Superintendent	johanna.mracna@wbsd.org

School Wellness Committee Members:

Name	Job Title	Email Address
James Stottlemyer	Assistant Superintendent	james.stottlemyer@wbsd.org
Kristin Cassady	Parent, Administrative Assistant	kristin.cassady@wbsd.org
Ashleigh Davis	Parent, Board Member	ashleigh.davis@wbsd.org
Carla Jones	Mental Health Specialist	carla.jones@wbsd.org
Holly Feguer	Elementary Gym Teacher	holly.fuguer@wbsd.org
Kirsten Douglass	Parent, Board Member	kirsten.douglass@wbsd.org
Andrea Grobe	Food Service Director	andrea.grobe@wbsd.org
Daniel Spitzley	Elementary School Principal	daniel.spitzley@wbsd.org
Sydney Denawetz	WBHS Student	wbfdenawetzs64@student.wbsd.org

2026-2027

School Wellness Leader:

Name	Job Title	Email Address
Johanna Mracna	Assistant Superintendent	johanna.mracna@wbsd.org

School Wellness Committee Members:

Name	Job Title	Email Address
James Stottlemyer	Executive Director	james.stottlemyer@wbsd.org
Kristin Cassady	Parent, Administrative Assistant	kristin.cassady@wbsd.org
Ashleigh Davis	Parent, Board Member	ashleigh.davis@wbsd.org
Carla Jones	Mental Health Specialist	carla.jones@wbsd.org
Holly Feguer	Elementary Gym Teacher	holly.fuguer@wbsd.org
Kirsten Douglass	Parent, Board Member	kirsten.douglass@wbsd.org
Andrea Grobe	Food Service Director	andrea.grobe@wbsd.org
Daniel Spitzley	Elementary School Principal	daniel.spitzley@wbsd.org
Sydney Denawetz	WBHS Student	wbfdenawetzs64@student.wbsd.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☐ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Similarities:

1) Nutrition education
2) Use of aligned standards
3) School-based activities/learning lab
4) Following federal guidelines
5) Dedicated time to eat
6) Physical activity as a focus

Differences:

1) Positive healthy lifestyle (pg. 10 of the model policy)
2) Focus on fundraising (pg. 15 of the model policy)
3) Allergens awareness
4) Defined recess time
5) Who shall be on the team

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing SMART objectives.

Michigan Department of Education
Local Wellness Policy Assessment Plan

School Name: West Bloomfield School District Date: March, 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Increase elementary education opportunities	-bring chef for demo -nutrition assembly -PE teacher integration in plans -field trips -STEAM/Laker Learning	25-26 school year	Each school has at least one calendared event	Johanna Mracna, James Stottlemyer, Elementary Admin	Teachers, staff, students and admin	Yes
Increase secondary education opportunities	-chef demos at secondary levels	26-27 school year	Each school has at least one calendared event	Johanna Mracna, James Stottlemyer, Chef Jesse	Students, staff, administrators, food service	In progress
Hydroponic systems in WBMS science classrooms (dependent on funding-food service and space)	-order the units	26-27 school year and 27-28 school year	Implementation in two classrooms (Dersham and Belli)	Andrea Grobe, Jamie Stottlemyer	Staff, administrators, food service, students	Planning stages

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Develop a staff training on wellness policies	-Develop a training slide deck, and deploy to staff -Central office staff will coordinate with principals to disseminate the information	25-26	By completion of training sessions (spreadsheet/calendar invites)	Johanna Mracna	Administrative team, staff	Yes
Elementary and middle school hygiene presentations/education	-Ask the Coalition for support, 4th-5th and 6th-7th	26-27	Scheduled sessions	Daniel Spitzley	Administrative team, staff, students	In planning stages

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
No birthday food at the elementary level	-Integrate into staff training in the fall -Flyer from marketing to explain what is and is not supported -Information available at popsicles with the principals -Newsletter entry -Research if this can be included in the enrollment packet for only elementary students	25-26	Training documents	Johanna Mracna and Rebecca Fannon	Staff, students	Yes
Secondary demos of what components of the food are offered/required	-Leadership classes will work to develop videos and informational products	26-27	Training videos	Johanna Mracna, secondary administrators	Staff, students	Yes
Digital signage for high school students-breakfast/lunch are free	-Information on free/reduced meal program -Yard signs	26-27	Yard signs in place, nutrition information in newsletters	Andrea Grobe, Johanna Mracna	Staff, students, families	Planning stage

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Explore share table options for MS and HS	-Identify if there are opportunities for share tables similar to the elementary schools	25-26	Share table implementation	Andrea Grobe	Staff, students	Not yet
6th grade and 9th grade lunch line training at orientation	-Have kitchen staff on-site -Provide training on meal components	25-26	6th and 9th grade orientation schedules	Johanna Mracna	Students	Not yet

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Lyle-branded informational posters w/mental health elements (i.e. eating properly is great for lowering stress)	-Poster creation and deployment	25-26	Visibility in buildings	Rebecca Fannon (started), Andrea Frank	Students	Yes
Reminder signage at the main points of contact for lines	-Leadership students at WBMS will brainstorm	26-27	Posters in lines	Cindy Carson	Students, staff	In planning stages