



Joshua Scott, CMAA – District Athletic Director

jescott@spsmail.org

Jason Michel, EdD, CMAA – District Assistant Athletic Director

jcmichel@spsmail.org

Phone: 417-523-0084 Fax: 417-523-0043

Roseann Bentley Administrative Center 1610 E Sunshine St Springfield MO 65804

Athletic Directors & Middle School Track Coaches:

The Springfield Public Schools Middle School Track & Field Invitational Meet will be held on Monday, April 14, 2025. The meet will be held at JFK Stadium on the Parkview High School campus and will begin at 10:30 a.m. for both Running and Field Events. Please note the following items pertaining to this meet.

- To help offset the cost of this event, we are asking each school to pay a \$300 entry fee. This document will serve as your invoice for the event. Payments should be made to Springfield Public Schools Athletics, Attn: Michelle Martin.
- Entries should be entered into MileSplit by **6:00 p.m. Friday, April 11th**. Coaches, please remain available via email over the weekend to answer any entry questions that might come up before the meet. Runners will be given lane and heat assignments according to verified times. The fastest heats will run last. Schools are limited to two entries into individual events and one entry into relay events.

Instructions for MileSplit:

- o We will be using the website MileSplit to collect online entries for our Automated Timing system. The website can be accessed at mo.milesplit.com. Instructional support can be found at <https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet>.
- o If you do not have a team account, you will need to create one. Our Event Coordinator, Jeff Lindsey, will send invitations to your teams through this site to enter your athletes into events.
- o If you are making an account, they provide easy to follow directions on how to add your athletes onto a roster. You can enter them individually or upload a roster from other types of formats.
- o When you accept the invitation, you will be able to register your athletes in the events offered.
- A brief coaches meeting, including the scratch and add session, will occur at 9:30 a.m. in the locker room located on the southeast corner of the facility.
- All Teams in Tents or in the North Bleachers; please refrain from setting up team camp in the main bleachers; please keep trash picked up in your team's area
- A hospitality room will be set up within the same locker room as the coaches meeting, and it will have drinks and snacks available for administrators, coaches, event workers, and officials *only*.
- Lunch will be provided to the coaches starting at approximately 12:00 p.m. and will be set up in the hospitality room. Please feel free to help yourself, however we want to limit access of this food to only administrators, coaches, event workers, and officials.
- This year, the Springfield Public Schools Student Nutrition Department will have lunch available for all student-athletes (under age of 18), for a cost of \$3.40 per person-cash only. Lunch will be served from 11:00 p.m. to 12:00 p.m. SPS students will enter their student ID number and be charged for a school lunch based on their meal status (Free = Free, Reduced = \$0.40, full pay = \$3.40). Adult meals will be \$4.60. To facilitate this, please send Amy Banks (aebanks@spsmail.org) and Kim Keller (kkeller@spsmail.org) an email providing an approximate count from your school that will take advantage of this opportunity. Also, from 3:00 p.m. to 3:30 p.m. a Super Snack option (5 components) will be available for all students 18 and under, free of charge. As we approach April 14, Amy will be asking for a final roster to send to Springfield Public Schools Nutrition Services.
- SPS coaches will be running the field events.

- High Jump/Pole Vault Opening Heights will be determined day of meet
- Coaches and Athletes Stay out of Finish Area
- The meet will be using an Automatic Timing System. Please let your athletes know that if they hear a horn, the timing system did not begin and the event will be re-run after proper rest time is provided.
- Scoring will be as follows: 10-8-6-5-4-3-2-1.
- Medals will be given to the top 3 finishers in each division per gender.
- Following the conclusion of the meet, a plaque presentation will be made to the top scoring team in each division. If you are a school in contention for this award, please make sure your team members remain in the stadium until the end of the meet. Individual medals will be placed into an envelope and distributed to the coaches immediately after the meet.
- Mercy Sports Medicine = Instructions and available on north side of FB field
- An appeals committee will be used for this meet. The committee will consist of one coach from each of the following schools:
 - 2025: Carthage, Republic, Bolivar, Webb City, Cherokee, Jarrett, Pipkin, Reed, Westport, Summit Prep
 - 2026: Lebanon, Nixa, New Covenant, Rolla, Springfield Lutheran, Camdenton, Carver, Hickory Hills, Pershing, Pleasant View
- The order of the running events will be as follows:
 - 4 x 800 Meter Relay
 - 100 Meter Hurdles
 - 100 Meter Dash
 - 4 x 200 Meter Relay
 - 1600 Meter Run
 - 4 x 100 Meter Relay
 - 400 Meter Dash
 - 800 Meter Run
 - 200 Meter Dash
 - 4 x 400 Meter Relay

****7th grade girls will run first, followed by 8th grade girls. 7th grade boys will run third, followed by 8th grade boys.**

- The order of field events will be as follows:

Shot Put	Discus	High Jump	Long Jump	Triple Jump	Pole Vault
7 th Grade Girls	7 th Grade Boys	7 th & 8 th Grade	7 th Grade Girls	7 th Grade Boys	7 th & 8 th Grade
8 th Grade Girls	8 th Grade Boys	Boys	8 th Grade Girls	8 th Grade Boys	Girls
7 th Grade Boys	7 th Grade Girls	7 th & 8 th Grade	8 th Grade Boys	7 th Grade Girls	7 th & 8 th Grade
8 th Grade Boys	8 th Grade Girls	Girls	7 th Grade Boys	8 th Grade Girls	Boys

Please let us know if you have any questions.



Mr. Josh Scott
Director of Athletics



Dr. Jason Michel
Assistant Director of Athletics