Match Support Guide for Matches

Having a road map in your match is important to us. Match Support is here to support you, reflect with you and set goals with you to ensure a positive, healthy and impactful mentor relationship is forming. Below are agendas designed to help you prepare for your Match Support call each month and reflect on important themes and milestones in your match. Each month highlights common concerns in matches to discuss with your Match Advocate. Follow the below links to see the unique agenda for you based on where you are in your BBBSMB match. We look forward to talking to you soon!

Month 10/11 for Guardians & Littles

Month 11 for Bigs

Month 12 for Bigs, Littles & Guardians

Month 15 for Bigs, Littles & Guardians

Month 18 for Bigs, Littles & Guardians

Month 21 for Bigs, Littles & Guardians

Month 24 for Bigs, Littles & Guardians

Month 10/11 for Guardians & Littles

Common Match Concerns: Time Constraints, Loss of Interest in match
Objective of call: Exploring your motivations and satisfaction in the match, looking ahead past 1 year anniversary

Guardian

- Your Motivation Revisit your motivations for signing up your child for a Big. How have those changed?
- Continuing the Match 1 year match anniversary coming up. Celebrating milestones is important. What does the next year look like for your child and their match?
- Youth Development Surveys to help us understand your child's development will be coming soon. Next call I will
 come prepared with my thoughts based on your response of how Big can support your child in their healthy
 development.

- Motivation- When you first met your Big, what did you hope to learn or experience in your friendship?
- Continuing your match- 1 year match anniversary coming up. How would you like to celebrate your friendship anniversary?
- Setting Goals Think about a new goal to set with your Big around the 6C's (Confidence, Character, Connection, Caring, Curiosity, Competence) Your special evaluation we sent to your Guardian will help you think about these goals!

Month 10/11 for Bigs

Common Match Concerns: Time constraints and Loss of interest in match
Objective of call- Exploring your motivations, your satisfaction & prepping for your 1 year anniversary with your Little!

- Motivation What were your expectations when you became a Big and how is your match experience aligning with those expectations?
- Continuing your Match What current or upcoming barriers might impact your friendship? How will you talk about this with your Little and their family?
- 1 year anniversary next month- How can you reflect with your Little on the past year?
- Youth Development Surveys to help us discuss your Littles development are coming soon. Next call we'll focus on your Littles development and set some goals for the upcoming year around the 6C's (Confidence, Character, Connection, Caring, Competence, Curiosity).

Month 12 for Bigs, Littles & Guardians

Common Match Concerns: Time constraints and loss of interest in the program

Objective of call: Reflect on first year of match, youth development and expectations for next year of the match

Big:

- Youth Development Let's reflect on the evaluations you completed, I will come prepared to share my interpretations of your Little's strengths and areas of vulnerability so you can be even more intentional in your time together. What is a new goal you would like to set and work towards over the next few months with your Little?
- Expectations How would you define success for the next year of your friendship?
- Appreciation in friendship What are ways your Little shows you they are engaged and appreciate your friendship?

Guardian:

- Satisfaction How does your child show you they are interested and engaged in their match with their Big? What are signs that would tell you they were no longer interested?
- Youth Development Let's reflect on the evaluations you completed: What is a goal that you have for your child that Big can support them in working on?
- Continuing the match: What upcoming barriers might impact their friendship in the next 6 months? If these barriers
 might cause the match to end, lets start discussing this now in order to support a healthy goodbye and closure
 between your child and Big.

- Satisfaction How do you and your Big talk about things you like and don't like in the friendship?
- Expectations Looking back to the day you met Big. What do you hope stays the same and what do you hope is different in the next year?
- Your development Let's think about the 6Cs (Confidence, Character, Connection, Caring, Connection, Curiosity) Which C would you like to set a goal around? How can your Big help you work towards this goal?

Month 15 for Bigs, Littles & Guardians

Common Concerns: Loss of interest in friendship and expectations not being met Objectives for Call: Discuss youth development and goal setting in the friendship

Big:

- Satisfaction How does your Little show you they care about your friendship?
- Expectations What did you imagine your friendship would be like at this point in your match? Is this how your match is?
- Next month, you'll have another socio-emotional learning and Strength of Relationship evaluation, which we will reflect on together in our next call.

Guardian:

- Youth Development Let's reflect on goals we set around the 6Cs in our last call What are Big and Little doing to work on this goal? Next month, you'll have another socio-emotional learning evaluation to reflect on your child's development, which we will reflect on together in our next call.
- Satisfaction At this point in the match, what did you hope your child would get out of friendship? Is that happening?
- Child's Interest in match- If Little began to lose interest in friendship, how would you know?

- Your Development Let's reflect back on the goals we set around the 6Cs in our last call- How do you and your Big talk about this goal? What is 1 way you and your Big have worked towards this goal together?
- Sharing about yourself What do you share with your Big about your life (school, friends, family, hobbies)?
- Looking ahead You'll have another socio-emotional learning evaluation to reflect on your development soon, which we will reflect on together in our next call.

Month 18 for Bigs, Littles & Guardians

Common Concerns: Time Constraints and not satisfied with closeness between Big & Little Objectives for call: Youth Development and satisfaction & motivations in match

Big:

- Youth Development Lets reflect on your evaluation responses and the 6Cs, I will come prepared to share my
 interpretations of your Little's strengths and areas of vulnerability so you can be even more intentional in your time
 together.
- Motivations What do you enjoy about being a Big? Is there anything about your role that you do not enjoy or would like to change?
- Looking ahead/Closeness Thinking about the future how do you feel you can continue to involve your little in your life and your own personal growth?

Guardian:

- Youth Development What are some ways that you are partnering with Big to ensure you are working towards the same goal?
- Expectations What is your role in their friendship? How do you think you can be a resource for Big and Little?
- Looking ahead- What barriers might come up in the next 6 months that might cause the match to end? (Ex- family dynamic change, dissatisfaction in friendship, Littles schedule getting busy, challenges communicating and planning with Big, etc).

- Conflicts How do you and your Big resolve conflicts? Make compromises?
- Trust/Closeness What do your friends think about your Big? What do you like to share with them about your friendship with your Big?
- Looking ahead What are things going on your life that you think might make it hard to continue your friendship with your Big over the next 6 months?

Month 21 for Bigs, Littles & Guardians

Common Concerns: Loss of contact with each other and agency Objectives for Call: Impact of a Mentor and utilizing Match Support

Big:

- Continued engagement What keeps you motivated and engaged in your match?
- Impact What is 1 way you feel you have impacted your Littles life? What is 1 way your Little has impacted your life?
- Looking ahead Upcoming 2 year anniversary! How would you like to celebrate? Take time to complete the evaluations for us to reflect on together in our next call.
- Relationship with Match Support- How can Match Support continue being a resource in the match? What do you enjoy about the conversations and what would you like to change?

Guardian:

- Impact In what ways has Big support your child's development? How does this compare to what you expected?
- Relationship with Match Support- How can Match Support continue being a resource in the match? What do you
 enjoy about the conversations and what would you like to change?
- Looking ahead- Next call is 2 year anniversary! Please take time to complete the evaluations for us to reflect on Littles growth and areas to set goal around in our next call.

- Impact- As an experienced Little, what advice would you give to a Little just meeting their Big for the first time? What advice would you give to a new Big about meeting their Little?
- Relationship with Match Support- How can Match Support continue being a resource to you? What do you enjoy about the conversations and what would you like to change?
- Looking ahead -Next call is 2 year anniversary! How would you like to celebrate? Remember to complete the surveys next month so we can reflect on setting new goals around the 6Cs together.

Month 24 for Bigs, Littles & Guardians

Common Challenges: Time constraints and disengagement from match/agency Objectives- Reflect on past 2 years of youth development and closeness in friendship

Big:

- Youth Development Let's reflect on your evaluations and your Littles growth over past 2 years, I'll come prepared to share insights on potential goals around 6Cs.
- Match Support What do you need from you match support to achieve this goals and feel supported?
- Sharing your Life Has your Little met other members of your family, your friends? Have you met your Littles family and friends?

Guardian:

- Youth Development Let's reflect on your evaluations and your child's growth, I'll come prepared to share insights on potential goals around 6Cs.
- Satisfaction/Sharing information How would you describe your relationship with Big at this point in the match? What kinds of things do you share with each other?

- Youth Development Let's reflect on your evaluations and your growth, I'll come prepared to share insights on potential goals around 6Cs.
- Satisfaction 2 years of knowing your Big! What do you value most about your friendship? How do you share this
 with your Big?
- Sharing your Life Has your Big met other members of your family, your friends? Are you interested in introducing your Big to other people in your life?