

Privacy Policy for HealthTrack App

Last updated : 12 November 2023

Thank you for choosing HealthTrack, an Android-based health monitoring application designed to assist users in tracking and recording their health. This Privacy Policy is intended to inform you about the types of information we collect, how we use it, and the measures we take to protect your privacy.

1. Information We Collect:

a. Personal Information:

HealthTrack may collect personal information such as your name, age, gender, and other relevant details to provide personalized health monitoring features.

b. Health Data:

The application collects health-related data, including but not limited to, heart rate, exercise routines, sleep patterns, and any manually entered health information.

2. How We Use Your Information:

a. Health Monitoring:

The primary purpose of collecting health data is to enable the application to provide personalized health insights, trends, and notifications based on your recorded health information.

b. Notifications and Reminders:

HealthTrack may use your health data to generate automatic reminders and notifications to alert you of any deviations from your baseline health or minimum health standards.

3. Data Security:

a. Encryption:

We implement industry-standard encryption protocols to safeguard your personal and health-related data from unauthorized access.

b. Access Control:

Access to your information is restricted to authorized personnel only, and we regularly review and update access controls to ensure the security of your data.

4. Third-Party Integrations:

a. Data Sharing:

HealthTrack may integrate with third-party services to enhance its functionality. In such cases, your data may be shared with these third parties only for the purpose of providing you with a better user experience.

b. Consent:

We will seek your explicit consent before integrating with any third-party services that may involve the sharing of your personal or health data.

5. User Controls:

a. Data Deletion:

HealthTrack provides users with the option to delete their account and associated data at any time. Deleted data will be permanently removed from our servers.

b. Settings:

Users have control over notification preferences and can customize settings according to their preferences.

6. Updates to Privacy Policy:

a. Notification:

Any updates to the Privacy Policy will be communicated to users through the application. It is advisable to review the Privacy Policy periodically.

7. Contact Us:

If you have any questions or concerns regarding this Privacy Policy or the use of your data in HealthTrack, please contact us at mahathir45tier@gmail.com.

By using HealthTrack, you agree to the terms outlined in this Privacy Policy.

Thank you for choosing HealthTrack to assist you on your health journey!