

RECOMMENDED BOOKS AND RESOURCES

FOR JESUS-CENTERED PARENTING:

Non-Book Resources

- [The Bible Project](#)
- [Focus on the Family](#) — A website resource for faith-centered topics such as parenting and marriage
- [Article](#) — What I Want My Children to Know about Love
- [Article](#) — The Secret Ingredient For Having a Close Relationship With Your Kid
- [Article for Fathers](#) — 3 Things Every Dad Worries About
- [Podcast Episode for Parents of Youth](#) — 7 Traits of Effective Parenting
- [Crossway topical articles](#)

Books

- [Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids](#)
- [The Flourishing Family: A Jesus-Centered Guide to Parenting with Peace and Purpose](#)
- [God's Very Good Idea \(picture book\)](#)

- [Raising Prayerful Kids: Fun and Easy Activities for Building Lifelong Habits of Prayer](#)
- [Any Time, Any Place, Any Prayer Storybook: A True Story of How You Can Talk With God](#)
- [Habits of the Household](#)
- [Parenting: Getting It Right](#)
- [His Grace is Enough: How God Makes It Right When We've Got It Wrong](#)
- [The Jesus Storybook Bible: Every Story Whispers His Name \(picture book\)](#)
- [The Tiny Truths Bible for Little Ones \(picture book\)](#)
- [Tiny Truths Little Lights Devotional: Shining God's Light in the World \(picture book\)](#)
- [10 Questions Every Teen Should Ask \(and Answer\) about Christianity](#)
- [Like Me: A Story about Disability and Discovering God's Image in Every Person](#)
- [Made by God: Celebrating God's Gloriously Diverse World](#)

FOR MENTAL HEALTH:

Non-Book Resources

- [Article for Parents of Youth](#) — A Parent's Guide to Fear & Worry
- [Article for Parents of Youth](#) — A Parent's Guide to Teen Emotion

- [Article for Parents of Youth](#) — Walking through Teen Grief
- [Article for Parents of Youth](#) — A Parent's Guide to Teen Identity

Books

- [The Anxious Generation](#)
- [The Whole-Brain Child](#)
- [Strong and Smart: A Boy's Guide to Building Healthy Emotions](#)
- [Raising Emotionally Strong Boys: Tools Your Son Can Build on for Life](#)
- [The Worry-Free Parent: Living in Confidence So Your Kids Can Too](#)
- [Braver, Strong, Smarter: A Girl's Guide to Overcoming Worry and Anxiety](#)
- [Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger, and Smarter in an Anxious World](#)
- [Brave: A Teen Girl's Guide to Beating Worry and Anxiety](#)

FOR DISCIPLINE:

Non-Book Resources

- [Article](#) — 3 Household Rules I never Knew I Needed
- [Article for Parents of Youth](#) — How to Build a Bridge Back to Your Kid After an Argument
- [Article](#) — Balancing Fun and Order

- [Article](#) — Helping Kids Cultivate the Skill of Noticing
- [Article](#) — The “S” Word
- [Article](#) — Teaching Your Kids Radical Respect (towards the opposite gender)

Books

- [Good Inside: A Practical Guide to Resilient Parenting Prioritizing Connection Over Correction](#)
- [Boundaries with Kids: How Healthy Choices Grow Healthy Children](#)
- [Intentional Parenting: 10 Ways to Be an Exceptional Parent in a Quick-Fix World](#)
- [No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child’s Developing Mind](#)
- [Parenting with Love and Logic: Teaching Children Responsibility](#)
- [For the Love of Discipline: When the Gospel Meets Tantrums and Time-Outs](#)

FOR TECHNOLOGY:

Non-Book Resources

- [Article](#) — A Parent’s Guide to Smartphones
- [Article for Parents of Youth](#) — A Parent’s Guide to Smartphone Addiction
- [Article for Parents of Youth](#) — A Parent’s Guide to Video Games

- [Article for Parents of Youth — A Parent's Guide to Social Media](#)
- [44 Activities for Kids that Don't Involve Screens](#)
- [App for Parents to keep their own screen discipline — Brick](#)

Books

- [\[Un\]Intentional: How Screens Secretly Shape Your Desires and How You Can Break Free](#)
- [Guy's Guide to God, Girls, and the Phone in Your Pocket: 101 Real-World Tips for Teenaged Guys](#)

FOR SEX AND SEXUALITY:

Non-Book Resources

- [axis.org](#) — A website resource for parents with teenagers (and more than just about sex and sexuality)
- [Article](#) — Teaching Biblical Sexuality Points Teenagers to the Gospel
- [Article](#) — Answers to LGBT Questions about Sexuality
- [Article](#) — Teaching Children Healthy Sexuality

Books

- [The Focus on the Family® Guide to Talking with Your Kids about Sex: Honest Answers for Every Age](#)
- [Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids](#)

- [Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds](#)
- [Changes: 7 Biblical Lessons to Make Sense of Puberty](#)
- [The Talk: 7 Lessons to Introduce Your Child to Biblical Sexuality](#)
- [God Made All of Me: A Book to Help Children Protect Their Bodies \(God Made Me\)](#)
- [Relationships: 11 Lessons to Give Kids a Greater Understanding of Biblical Sexuality](#)

FOR PARENTS WITH ADULT CHILDREN:

Non-Book Resources

- [Podcast Episode](#) — Parenting Through Different Subcultures

Books

- [Doing Life with Your Adult Children: Keep Your Mouth Shut and the Welcome Mat Out](#)
- [Growing With: Every Parent's Guide to Helping Teenagers and Young Adults Thrive in Their Faith, Family, and Future](#)
- [Prayers for Prodigals: 90 Days of Prayer for Your Child](#)
- [Watching The Road: Praying Your Prodigal Home](#)

FOR YOUR SPIRITUAL DEVELOPMENT:

Non-Book Resources

- [The Gospel Coalition](#)

Books

- [Soul Care](#)
- [Emotionally Healthy Spirituality](#)
- [The Deeply Formed Life](#)