KICK-ASS SALAD DRESSINGS
(gluten-free, dairy-free)

Easy Vinaigrette:

1/4 cup red wine vinegar or fresh lemon juice
1/3 c olive oil
2 t mustard or tahini as a delicious emulsifier
salt and pepper to taste

Whisk together until combined.

Pesto-Style Dressing:

handful of walnuts
1/2 medium zucchini
10 basil leaves
small handful cilantro
1/4 avocado
salt and pepper to taste

In a high-powered blender, blend until smooth. Add filtered water to thin as needed.

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