




Resources for talking with students about suicide

Handouts from the Life Lines Suicide Prevention Program

 Talking with Your Child about Suicide.pdf

 Friend Suicide.pdf

 When a Friend of Your Child's Dies by Suicide.pdf

Additional Resources

[Fact sheet on signs of depression in teens](#)

[Steps to take if you are concerned about a teen who may be suicidal](#)

[Slideshow from a webinar on "Preventing Suicides: Supporting the Teens in Your Life"](#)

Suicide Hotline Information:

Suicide Hotline for LGBTQ Youth

Phone number: 1-866-488-7386

Or text **START** to 678678 to text with someone.

Or chat with someone online: <https://www.thetrevorproject.org/get-help-now>

988 Suicide and Crisis Lifeline

If you or a loved one are having emotional distress or thoughts of suicide, call 988 to connect with a lifeline specialist for support.

988 is available 24/7 for anyone. You can reach out to 988 at any time to be connected to a volunteer or call taker on staff who can provide emotional support and compassionate listening, especially for those who are feeling isolated, may be experiencing a mental health crisis, or are worried about increasing distress or worry.