



Integrative Oncology: Conceptual Thinking for Improved Outcomes Conference & Retreat May 23 - 30, 2026 Tina Kaczor, ND, FABNO

Lectures: The Beginning, a very good place to start

1. Introduction: Review of IO, terminology & the dangers of extrapolation (30 min)
2. Basic Concepts You Need to Know: The 40,000-foot view (15 min)
3. Carcinogenesis: Theories, Concepts, and Misconceptions (60 min)
4. Circadian rhythm involvement along the cancer continuum (30 min)
5. Chronotherapy: Timing treatments for maximum benefit (30 min)

Lecture: Mediterranean Diet for Cancer Prevention & Improving Terrain (1 hr)

Laboratory: Mediterranean Cooking Class

Lectures: The Temporospatial Challenges in IO

1. Systemic Inflammation: When to quell and when to fan the flames (30 min)
2. Oxidation: Embrace it or tame it? (30 min)
3. Cancer Control: Introducing the Offense/Defense Approach (60 min)
4. Therapeutic Diets in Context of the Offense/Defense Approach (30 min)

Lectures: A Universal Solution to the Temporospatial Challenges in IO

1. Outcome studies on natural agents are often weak or null. Why? (30 min)
2. Biphasic effects, hormesis and natural agents in oncology (60 min)
3. Offense or Defense, in the context of biphasic acting agents (30 min)
4. The Gestalt: Putting it all into context (15 min)
5. Case Reviews: Demonstrating concepts learned (15 min)

Lecture: Health Advantages of Extra Virgin Olive Oil (30 min)

Laboratory: Extra Virgin Olive Oil tasting

Lectures: We are But Bit Players

1. Understanding the Oncobiome and other Microbiomes (1 hr)
2. The enemy of my enemy is my friend: Bacteriophages (15 min)
3. Outcome-based usage of pre/pro/syn/post biotics during treatment (45 min)
4. How to Harness the Abscopal Effect (30 min)
5. Group discussion of several cases using everything we've learned

12 – 15 hours Continuing Education Units with AANP pending

Participants will receive a written summary of the lectures, a pdf of any visuals that are used, a list of citations that are referred to throughout the conference, cases that were discussed and the option to join a private online group led by Dr. Kaczor for further discussion & support.