



PARISH OF HAWKWELL

AUGUST 2021 NEWS



WITH DAILY PRAYER TOPICS AND BIBLE READINGS

Dear Church Family

The feeling as we enter the summer holidays this year is different to most other years.

Usually the emphasis is on having a break from our usual activities, taking the opportunity to rest and relax with family and friends, and perhaps going away on holiday.

This year is a little different. I think everyone is tired, and so it is good to have a break. But, we have not been able to engage in our usual activities over the last year, and many are finding that uncertainty over foreign travel means they won't be able to go away on holiday as planned.

The opportunity to have a break does still give us, though, the chance to rest and reflect on what God is calling us to next as a church.

We are in a sense on a threshold.

We have been through a difficult and challenging last 18 months, and we are thankful for God's faithfulness and for the love and care of others in the church family and wider community over that time.

From my conversations with many people in the church family it is clear that there is an understanding that things won't go back to exactly as they were before. What is less clear is

what we will restart, what we let go of and what new things God is calling us to. We are on a threshold.....

I think that discerning what church life looks like beyond the threshold will be a step by step process.

It is a good time to pause and reflect over the summer. Before coming together again to pray and discern God's will in the Autumn.

As first steps we are gradually re-opening Sunday worship at St Mary's (see details on the next page) and plan to return to weekly services in September. We are also restarting Tiddlywinks in September on Wednesday mornings.

In Exodus we read that the Israelites were led through the desert by a pillar of cloud by day, and a pillar of fire by night. In the same way, please pray that God will guide us, step by step, across the threshold, to the future he is calling us to.

May God bless you all over this Summer as we rest and reflect.

Nick

Sunday Services

8th August - Holy Communion

9:15am St Marys
11:00am Emmanuel

15th August - Morning Worship

11:00am Emmanuel

22nd August - Holy Communion

9:15am St Marys
11:00am Emmanuel

29th August - Morning Worship

11:00am Emmanuel

5th September - Morning Worship led by Eco Church Team

9:15am St Marys
11:00am Emmanuel

ONLINE WORSHIP

We will be live streaming the service being held at Emmanuel Church each Sunday Morning at 11:00am each week.

To access the service at 11:00am on Sunday simply search for 'Hawkwell Parish Church' on YouTube as normal and click on the link. A link will also be put each week on the website, facebook page and the 'Stronger Together' WhatsApp group.

If you aren't able to join us live at 11:00 on Sunday morning every service will continue to be available as a recording on YouTube afterwards.

TIDDLYWINKS

We will be restarting Tiddlywinks (our parents and carer and toddler group) on Wednesday mornings from 15th September.

When the team met we felt that it was not possible to run the afternoon session for now because of reduced numbers of volunteers.

A number of the families who attended before lockdown now have children who are at school, but we will have some returning and have already had new enquiries.

Please do pray for the team as we get ready to re-open; that those who attend will know and experience the love of Jesus; and that Tiddlywinks would be a first step for children and parents to come into a living relationship with Jesus.

POWERPACK

We do hope to restart groups for children and young people on Sunday mornings in the Autumn. This will depend on availability of leaders and helpers. We will update the church family when we are able to announce definite plans. Please do pray for Claire Buckell and the team.

Coffee Morning at Emmanuel Tuesday 17th August 10:00am

Our monthly Tuesday Coffee Morning is continuing in August and will remain at Emmanuel for now to allow for a little more social distancing between tables.

All other restrictions have now been lifted, and so this will be a great opportunity to catch up with one another.

PRAYER MEETINGS ON ZOOM

We are taking a rest from Monday and Friday Morning Zoom Prayer meetings in August.

We will restart meeting again each Monday and Friday on September 6th at the slightly earlier time of 9:30am.

GIVING

If you normally give through collections in church services please do consider giving in other ways

If you use online banking you can use the details below to make a direct payment or set up a standing order

Account Name: Parochial Church Council of Hawkwell
Sort Code: 20 - 70 - 93
Account No. 50690295

If you have any other questions please do contact our Treasurer Colin Gardner colin@cjqgardner.co.uk

Eco Church - Eco Tip - Eco Life

AUGUST 2021

Each month we suggest a few ideas to inspire and encourage you to take more care of the planet. As I know many of our congregation enjoy gardening, particularly in the summer months, we will focus on changes you make can make in the garden.

o Grow your own herbs

Rather than buying tea bags that use plastic wrapping and have travelled hundreds of miles, you can try growing a mint plant to make peppermint tea. You just pop a few leaves into a cup and pour hot water over them, then that's it! For a stronger tea you can take the leaves out, or you can leave them in.

You can grow basil, rosemary, coriander and many more herbs to be used in your cooking (I've heard Rosemary-flavoured oil is amazing). The internet has many tips explaining the best conditions to grow herbs.

Try placing a pot of fresh thyme or rosemary on your kitchen windowsill, these provide a lovely scent – no need for manufactured air-fresheners. Just squeeze the leaves to release more of the scent.

o Use houseplants as air purifiers

A fun fact for you – in 1989, NASA conducted research on how to keep the air within the Space Station clean. They discovered that certain houseplants can eliminate toxins in the air, making it cleaner and healthier.

Again, there are many different varieties of houseplant, see below for an example of a few you could try:

- Spider Plant
 - o Like bright, indirect light
 - o It grows very quickly, so needs to be re-potted each spring
 - o Great for bedrooms
- Peace Lily
 - o Likes indirect sunlight and shade
 - o Especially good in bathrooms as thrives off humid conditions
 - o Great for office environments as long as it gets a regular misting with water
- Snake Plant
 - o Prefers bright light
 - o Water in spring and summer, thoroughly wetting the soil
 - o Water sparingly in autumn and winter

o Look after our bees

The bee population is rapidly decreasing every year, but they are so important for our food production. We can help stop this decline by planting all sorts of flowers. It doesn't matter if you have a big or small garden, even one extra plant can make all the difference. As some bees forage all year round, it's

great to think about what plants can they use from Spring all the way through to Winter. See below for some ideas to get you start:

- Spring
 - o Wisteria
 - o Apple/pear trees
 - o Arabis
 - o Berberis
- Summer
 - o Helianthemum
 - o Chamomile
 - o Thyme
 - o Honeysuckle
- Autumn
 - o Dahlias
 - o Belia
 - o Fatsia
 - o Pumpkins/squashes
- Winter
 - o Rosemary
 - o Daphne
 - o Skimmia
 - o Hellebore

Avoid pesticides, as these can be harmful to bees. You can use organic methods instead. One recipe I found used a 1 litre spray bottle with water and then add two teaspoons of liquid castile soap (this can be found on Amazon or you can make your own). Then, simply spray on the leaves first thing in the morning or early evening.

There are so many more different ways to save our bees such as using bee bombs (handmade seedballs) and making bee homes. The RSPB website has some ideas:

<https://www.rspb.org.uk/get-involved/activities/nature-on-your-doorstep/garden-activities/buildabeebandb/>

Any questions or comments? Please contact any of the Eco Church Committee members we would love to hear from you and welcome your feedback.

Jenni Brown

Daily Bible Readings and Prayer Topics for August 2021

Date	Bible Reading	Prayer Topic
Wednesday 4th	Psalm 119:57-80 Ezekiel 39:21-end Mark 1:21-28	For each of us to be open to the leading of the Holy Spirit to share our faith in word and deed
Thursday 5th	Psalm 57 Ezekiel 43:1-12 Mark 1:29-end	For the Prime Minister, Ministers and all who advise as they balance different needs and priorities as we emerge from lockdown
Friday 6th	Psalm 27 1 Kings 19:1-16 1 John 3:1-3	For Scripture Union (one of our link mission partners) and for children and young people attending their summer camps and activities
Saturday 7th	Psalm 68 Ezekiel 47:1-12 Mark 2:13-22	For Families with children and young people as they gather for the Powerpack Barbecue.
Sunday 8th	Psalm 34:1-8 Ephesians 4:24-5:2 John 6 35 & 41-51	Give thanks for the first Sunday Service at St Mary's for over a year.

Monday 9 th	Psalm 71 Proverbs 1:1-19 Mark 2:23-3:6	For Southend Food Bank and for families struggling during the school holidays
Tuesday 10 th	Psalm 73 Proverbs 1:20-end Mark 3:7-19a	For TEN (one of our link mission partners) - particularly for their training and support of church leaders in Eastern Europe.
Wednesday 11 th	Psalm 77 Proverbs 2 Mark 3:19b-end	For CPAS one of our link missions - particularly for summer camps for young people being run over the school holidays
Thursday 12 th	Psalm 78:1-39 Proverbs 3:1-26 Mark 4:1-20	For all exploring the Christian faith and those asking questions.
Friday 13 th	Psalm 55 Proverbs 3:27-4:19 Mark 4:21-34	For Sue Waters and all of our musicians and singers - and that we are able to sing God's praise together in our services again.
Saturday 14 th	Psalm 76 Proverbs 6:1-19 Mark 4:35-end	Thanks for 'Here Come The Girls' social activities and the event today.
Sunday 15 th	Psalm 34:9-14 Ephesians 5:15-20 John 6:51-58	For Tear Fund - one of our link missions - particularly for their emergency relief work in the Democratic Republic of Congo
Monday 16 th	Psalm 80 Proverbs 8:1-21 Mark 5:1-20	For friends and family who don't yet know Jesus
Tuesday 17 th	Psalm 89:1-18 Proverbs	For the Coffee Morning at Emmanuel this morning

	8:22-end Mark 5:21-34	
Wednesday 18 th	Psalm 119:105-128 Proverbs 9 Mark 5:35-end	For plans to re-open Tiddlywinks on Wednesday Mornings in September - for those we hope will return and for new families to sign up.
Thursday 19 th	Psalm 92 Proverbs 10:1-12 Mark 6:1-13	For those with practical and financial needs in our community and church family
Friday 20 th	Psalm 88 Proverbs 11:1-12 Mark 6:14-29	Nick Rowan (and Nina and Harry, Izzy, Eva and Isaac)
Saturday 21 st	Psalm 97 Proverbs 12:10-end Mark 6:30-44	For Katie and Lynda our churchwardens
Sunday 22 nd	Psalm 34:15-end Ephesians 6:10-20 John 6:56-69	For plans to have Sunday services at both St Mary's and Emmanuel each week in September and for the re-starting of Powerpack at Emmanuel.
Monday 23 rd	Psalm 98 Proverbs 14:31-15:17 Mark 6:45-end	Steve Finch
Tuesday 24 th	Psalm 86 Genesis 28:10-17 John 1:43-end	For all who care for our buildings, prepare for our worship, and contribute to our pastoral care and outreach.
Wednesday 25 th	Psalm 111 Proverbs 18:10-end Mark 7:14-23	Thanks for the ministry and support of David Pearson

Thursday 26 th	Psalm 115 Proverbs 20:1-22 Mark 7:24-30	For Christian brothers and sisters around the world facing persecution or hardship because of the Corona Virus
Friday 27 th	Psalm 139 Proverbs 22:1-16 Mark 7:31-end	For wisdom and discernment as we consider how and when to re-open Stepping Stones - bereavement support
Saturday 28 th	Psalm 121 Proverbs 24:23-end Mark 8:1-10	For our preachers, service leaders, musicians and all who enable our worship to happen.
Sunday 29 th	Psalm 15 James 1:17-end Mark 7:1-23	For our PCC, Treasurer (Colin Gardner) and PCC Secretary (Mary Pearson)
Monday 30 th	Psalm 126 Proverbs 25:1-14 Mark 8:11-21	For Care for the Family - one of our link missions - particularly their work supporting marriages and parenting.
Tuesday 31 st	Psalm 132 Proverbs 25:15-end Mark 8:22-26	For Claire Buckell and all who lead and help with Powerpack (Sunday groups for children and young people)
Wednesday 1 st September	Psalm 119:153-end Proverbs 26:12-end Mark 8:27-9:1	For nations who don't have access to vaccines and medical services who are struggling to cope with the Corona Virus
Thursday 2 nd	Psalm 143 Proverbs 27:1-22 Mark 9:2-13	For local schools as they restart and for children starting school for the first time or starting at a new school.
Friday 3 rd	Psalm 144 Proverbs 30:1-9 & 24-31 Mark 9:14-29	For Refugees fleeing from war, famine and persecution.

Saturday 4 th	Psalm 147 Proverbs 31:10-end Mark 9:30-37	For the NHS, Doctors, Nurses and other staff as they recover from peak of Covid cases and catch up with treating others in need.
Sunday 5 th	Psalm 146 James 2:1-17 Mark 7:24-end	For the upcoming COP-26 United Nations Climate Change Conference - that agreements would be reached on measures to protect and preserve God's creation.