

Hook in **Yellow**

Story in **Blue**

Offer in **Green**

After:

Subject line: Dane thought this was going to stop him...

Today marks 4 months since Dane started his journey.

Dane lost over 40lbs in the last 4 months. He is finally getting the body that could turn heads and make him irresistible.

He is finally able to take his shirt off on the beach without feeling ashamed.

He is no longer the guy that believes he's not in his prime. He makes teenagers around him feel empty and not worthy of calling themselves a MAN.

But he didn't know that he was yet to run into this obstacle on his path of success.

He was so caught up with the progress he was making and the lustful eyes looking at him that he forgot about this obstacle.

Thanksgiving and Christmas were right around the corner.

But it was up to him to decide if he was going to go back to the empty shell of a man he was before, or was he going to overcome this.

Using his iron mindset, he was able to enjoy the day but controlled himself.

Whatever weight he gained that day only helped in his goal to becoming the best version of himself

And he has only the FF30X program to thank for it.

Dane has conquered the world with this incredible program... You are next!
(Image of Dane's progress)

Before:

Subject line:[TESTIMONIAL] Dane's INCREDIBLE body transformation in just 4 months...

Friend,

We love seeing testimonials and result updates here at FFP HQ, so when we saw this one from Dane, we FREAKED!

(Image of Dane's progress)

At this point, Dane had been on the FF30X Program for just 5 months, lost over 40 lbs, and TOTALLY changed his body.

Here is your chance to get on board with us and see yourself as our next success story. Join our FF30X Program today and change your life!