

The primary function of dance in this space is to work with music as the central foundation. Dance is serving both as a visual output of the sonic space and dancers are working collaboratively with musicians to shape those landscapes. If more than one dancer is present in a session, contact improvisation (CI) is strongly discouraged. We find that contact too often pulls the focus from music as the primary source material, creating a closed-off “dancer only” space within the session. Ultimately, we are trying to make visual sonic experiences which are able to adapt and converse with one another.

Sessions contain roughly an hour and a half to an hour and 45 minutes of playing. There is no expectation to dance the entirety of the time. Dancers are encouraged to take breaks when they need and want to (dramaturgically relevant).

### **Basics**

1. Ask for someone’s permission before touching them or their instruments.
2. **No means no, do not ask again during the same session if the answer is no.**  
*Everyone has the right to switch their answer from yes to no at any point during the session.*
3. Please don’t engage in extended sessions of contact improv. Noodle sessions, cuddle piles, and collective kitten biscuit making are verboten. Occasionally moments of contact or even a novel expression through contact are fine.