



Policy/Procedure Relating to Student Behavior

The ASPIRE Program utilizes positive behavioral interventions and supports with expectations and social emotional instruction aligned with the HDES expectations: Cooperation, Assertive, Responsibility, Empathy and Self-Control.

Behavioral needs are supported within our setting while teaching social skills and emotional regulation.

The program is staffed by a certified special educator and specially trained paraprofessionals. All staff are certified in Safety Care techniques, which focus on de-escalation strategies to promote self regulation and safety for students and staff.

Direct consultation is provided by School Psychologist—Holly Rodriguez.

The ASPIRE program provides an opportunity for students to learn and grow as their considerable needs are being addressed in an environment that challenges them.



Hillsboro-Deering Elementary School ASPIRE Program

The ASPIRE Program (**A**chieve **S**uccess, **P**romote **I**ndependence, **R**espect, **E**ducate) strives to effectively meet the needs of students with social-emotional and behavioral challenges within an environment that is safe, focused on self-regulation, and helps students develop social emotional skills relative to their same age/grade level peers.

Hillsboro-Deering Elementary School
4 Hillcat Drive
Hillsboro, NH 03244
603-464-1110

Robin Whitney, Pre-K – 2nd Principal
Craig Roach, 3rd – 5th Principal
Veronica Hytner, Special Education
Coordinator



Curriculum

Students' educational needs are individualized with the use of regular education curriculum aligned with the *Common Core*, in addition to specialized instruction in accordance with each student's Individualized Education Plan (IEP).

Least Restrictive Environment

The ultimate goal of the ASPIRE program is for students to be included in regular education classrooms and programs to the maximum extent appropriate, as determined on an individual basis for each student, by each student's team.

Hillsboro-Deering Elementary ASPIRE Program affords program based services to students in second through fifth grade with established and documented educational and emotional needs.

The Program

Hillsboro-Deering Elementary School's ASPIRE Program is designed to assist students who are identified with an educational disability and who have significant behavioral challenges.

ACHIEVE: Students individual areas of need are monitored closely to help them recognize personal success and growth.

SUCCESS: When students are able to recognize their success, they experience an increase in motivation. Students in the program often utilize daily behavior checklists to increase the rate of feedback and practice to improve their self awareness.

PROMOTE INDEPENDENCE: Additional adult support and guidance help students develop responsible decision-making skills through learning the skill of self-reflection.

RESPECT: Through the use of small group instruction, students can access explicit social skills instruction to increase social awareness and self-management skills.

EDUCATE: Certified educators and behavioral support staff work together to help students meet grade level benchmarks and individualized goals within the least restrictive environment while balancing social/emotional needs.

Students are enrolled in the regular classroom and engage in activities created to meet their social, emotional and behavioral needs. The continuum of services is as follows:

- Students may only need to check-in with the ASPIRE Program teacher on a daily basis.
- Students may receive one-to-one tutorial time during a school day or school week.
- Students may receive small group instruction in specific academic areas.
- Students can access the ASPIRE Program when necessary (crisis, anxiety, behavioral difficulty, etc.)
- Students will receive support to address positive emotional, social, behavioral and academic functioning.
- Students may require an interim full-day placement in the ASPIRE Program.
- Students may require a full-day placement in the ASPIRE Program as their least restrictive environment.