Irving I.S.D.
Sports Medicine

Irving ISD strongly encourages parents/guardians to establish a medical home for student athletes for annual sports physicals as well as regular general healthcare. Regular visits to a primary care provider, who has knowledge of personal and family history, help to ensure consistent and quality healthcare for annual well-child exams, sports physicals and general healthcare. If your student athlete does not already have a medical home, we have partnered with local Irving clinics to provide options for helping each student athlete establish a primary care provider. These options are provided below. If you have any questions or concerns, please don't hesitate to contact one of the district's athletic trainers. Contact information for our district athletic trainers can be found on the following website. https://www.irvingisd.net/departments-services/athletics/sports-medicine/sports-medicine-home

Clinic Information	Walk in vs Appt	Insurance Accepted	Out of Pocket Costs (w/out insurance)	Clinic Hours
MD Family Clinic **1111 S. Irving Heights Dr. Ste 120** **972-579-7979**	Same Day Appointments	Most major insurances accepted including Medicaid & CHIP https://mdmedicalgroup.us/insurance/	$90 for all visits Sports physical campaign $25 May-September only	Mon-Fri 8am-6pm Saturday 8am-11am
MD Kids Pediatrics **1111 W. Airport Freeway Ste 143** **469-488-4500**	Same Day Appointments	Most major insurances accepted including Medicaid & CHIP https://mdmedicalgroup.us/insurance/	$39 PPE; $65 regular visit Sports physical campaign $25 May-September	Monday-Friday 8am-5pm
MD Kids Pediatrics **2000 Esters Rd Suite #140** **469-713-3019**	Same Day Appointments	Most major insurances accepted including Medicaid & CHIP https://mdmedicalgroup.us/insurance/	$39 PPE; $65 regular visit Sports physical campaign $25 May-September	Monday-Friday 8am-5pm
Tots 2 Teens Pediatric Clinic **3626 N. MacArthur Blvd Ste 200** **972-256-2028**	Appointment preferred	Most major insurances accepted including Medicaid & CHIP www.tots2teenskidcare.com	Sports Physical-$25 (with flyer) Regular Visit-$65	Mon-Th 8am-6pm Friday 8am-5pm Saturday 9am-noon
Kelsom Clinic **1202 W. Pioneer Dr.** **972-254-7272**	Appointment preferred	Most major insurances accepted including Medicaid & CHIP	Sports Physical-$35 Regular visit-$150	Monday-Friday 9am-5pm After Hours Urgent Care 5-7pm
DFW Family Clinic **3501 N. MacArthur Blvd Ste 330** **972-887-3376**	By appointment only	Most major insurances accepted including, Medicaid & CHIP www.dfwfamilyclinic.com	Sports Physical-$25 Regular visit-new patient=$100	Mon-Thur 8:30am-5pm Friday 8:30am-12pm Select Saturdays appt only 8-12
DFW Medical Clinic **916 W. 6th St.** **972-975-5444**	By appointment or walk in	Most major insurances accepted including Medicaid & CHIP http://dfwmedicalclinic.com/#	Sports Physical $30 Regular Visit $60	Monday & Wed-Fri 9am-5pm Tuesday 11am-7pm; Saturday 9am-3pm; Sunday 9am-5pm

Updated October 2026