

WAPF Oconee Chapter Meeting Agenda

July 27th 2025

1. Food

- a. Sourdough Bread ([Recipe](#) and [Video](#))
- b. [Beef Liver Pâté](#)
- c. [Georgia Sourdough Crackers](#)
- d. [Raw Milk](#)
- e. [Sauerkraut](#)

2. Websites to Check Out: [Weather Modification History](#)

3. Chapter Updates

- a. Website: yournextlevelwellness.com
- b. Getting our Name & Literature Out
- c. [Financials](#): Donations for Brochures & Shopping Guides
- d. Classes: Making Sourdough Bread? Others?

4. Current Events

- a. Watch this week's episode of [The Highwire](#) about one family's heartbreak from the Texas floods.
- b. Program Ideas?

5. Program

- a. [What Causes Heart Attacks?](#)
- b. [What They Don't Tell Us About Heart Disease](#) by
A Midwestern Doctor

6. Questions

7. Wrap Up