

The Los Angeles Community of Co-Dependents Anonymous (LACC / LA CoDA)

Agenda – February 8th 2020

9:00AM-10:45 AM (New Time)

I. OPENING

Moment of Silence/Serenity Prayer	2020 Second Saturdays	
Reading of the 12 Traditions		
Introduction & Voting Member	March 14	
Count Off	April 11	
LACC Newcomer Greeter (Barbara L	May 9	
Reading of Conduct & Guidelines	June 13	Easter Weekend, Passover
Statement	July 11	4/8-4/16
Upcoming LA CoDA Meetings: See	* August 8	Mother's Day Weekend
chart!	* September	5/9-5/10
Secretary (Leslie)	12	
Approval of Minutes for	October 10	
January	November	
	14	
	December	
	12	

II. REPORTS (3 minutes each)

Chair (Sue) chair@lacoda.org

At this February meeting, we will vote on the budget for 2020. Reps, please note that your groups may bring group consciences regarding the budget before this body. Having these discussions during business meetings sheds light on LA CoDA's financial situation. Many meetings require that GCs be announced several times in advance of the business meetings themselves. Please schedule accordingly. If your meeting GCs a change, please send the GC to me as soon as possible via email. The absolute latest time to submit motions is right before the meeting begins, and must be in writing. For more info, see Appendix A of the LACC Guidelines.

Thank you J for stepping in as secretary at the last meeting.

Please review your copy of the LACC guidelines, especially article VIII in preparation for these meetings.

Reports are due to your new chair by: One week before our meeting by the end of Saturday.

Vice Chair (Darlene H) vicechair@lacoda.org – No Report

Treasurer : (Blair new/ Tom outgoing) treasurer@lacoda.org – On the Agenda

SoCal CoDA Rep (Will); Alt Rep (Incoming: Tom) socal@lacoda.org -

The next Quarterly Regional Meeting is 10am Saturday, March 7th, 2020

CoDA Communities Liaison (Guy) communities@lacoda.org – No Report

a. Info Line (OPEN) callback@lacoda.org -

Mon, Feb 17, 2020, 12:50 PM I guess we are still in business with Ring Central. This committee still vitally needs a Chair with some more computer skills than I have (minimal). I did get and take a call last evening and helped someone without computer access find some meetings on the Westside.

Please announce at your meetings.

Thanks, Barbara

Greeter and Receiver of Info Line emails

From: RingCentral Service Notifications [mailto:noreply@everbridge.net]

Sent: Friday, February 14, 2020 7:25 PM

To: bl3189@att.net

Subject: RingCentral App Maintenance

Scheduled Maintenance

RingCentral App Update

SUMMARY

We will be performing maintenance on the RingCentral Unified Application next week which will help improve performance and stability.

MAINTENANCE WINDOW

Start Time: February 22, 2020, 09:00 PM PT

End Time: February 23, 2020, 02:00 AM PT

IMPACT

The RingCentral Unified Application will be unavailable for about 10 to 25 minutes during the maintenance window. A maintenance static page will appear on the application during this period.

The telephony features on the mobile version will continue to work. All functionalities of the desktop and web versions will be unavailable.

ACTIONS TO TAKE

No action required. Users of the desktop and web versions may utilize the RingCentral Phone app to make and receive calls.

Should you experience any issues after the update or have any questions, please contact [Global Support](#).

Thank you, RingCentral

b. Events (Christina P) events@lacoda.org

- Panel planning committee went from 4 to 5 people
- The church is letting us use their larger room, the cafe
- A committee member is sharing the event info with SoCal (ie San Diego, Valley, Desert, Temecula, Hi-Desert, and possibly Orange County), CoDA Hispana, NorCal CoDA, and World CoDA
- The panel will be four people, plus an MC and a welcome person (all covered)
- We had our 2nd conference call to discuss the evening's structure

- Next conf call (TBD) will cover what lit we'll read, MC duties, Q&A details etc

Please share at your meetings:

*Women's Sponsorship Panel Potluck. Panel of members discussing being sponsors and sponsees. Theme is Equality & Promise 6. *Open to those who identify as female or non-binary.

Sat Feb 29th 6:45-9pm Hollywood Adventist Church 1711 N. Van Ness Ave, 90028, Free big parking lot, potluck is optional, suggested donation \$5-\$10, proceeds go to \$80 room rental, excess goes to LA CoDA Intergroup for the website, meeting lists, events, newsletters, literature and other CoDA support.

Questions email events@lacoda.org. Details & downloadable PDF flyers on LACoDA.org Events page. JPG attached for texts.

c. **Historian** (**OPEN**) historian@lacoda.org -

d. **Hospitals & Institutions** (**Will**) h-i@lacoda.org – No report

e. **Literature** (**Ruth, Tom & Lesley**) literature@lacoda.org –
JAN INCOME/ EXPENSE

Jan 2020 purchases: \$1,055 (plus shipping, not sure what it was)

Jan 2020 income: \$291.70

\$162 one deposit made by Tom

Ruth needs to deposit rest of Jan income \$129.70 (\$115 in cash, \$14.70 check)

\$40 always kept as change

PRICE INCREASES

Price increases added to online order form, plus pdf & excel on website too. Please share the new forms with your meeting's lit person and let them know price increases happened.

Pamphlets .45 to .50

Coins .90 to \$1

Blue books \$12.75 to \$14

Green books \$12.75 to \$13

Pocket blue books \$9 to 10

Meditation In This Moment books \$9.75 to \$10

Affirmations \$2.25 to \$2.50

Bookmarks \$1.50 to \$2

The updated order forms, the link to order online and instructions of how to order from us or CoRE can be found on LACoDA.org's [Literature page](#). Printable PDF updated form attached.

f. Meeting / Speaker List (Lloyd A) Stepping down as chair

h. Publications (Ruth and 4 person committee) publications@lacoda.org AND newsletter@lacoda.org -

i. Public Information & Outreach (Carole) outreach@lacoda.org AND info@lacoda.org – No Report

j. Virtual Office (Blair) webmaster@lacoda.org –

Held conference calls on the following dates resulting the following:

Jan 13th Conference Call:

GC'd the following web pages:

INTERGROUP

MEETING INFO

MEETING / SERVICE TOOLS

LA CODA LIT ORDERS

INFO LINE

Jan 27th Conference Call:

GC'd the following web pages:

START A MEETING (pending Literature Gift source)

INTERGROUP MEETING ARCHIVE

7TH TRADITION DONATIONS

Next conference call is scheduled for Feb 10th at 7PM. Email webmaster@lacoda.org for more information.

Email Database has been updated for new members and forwarding addresses. Please add you name to

the sheet going around if you would like to be added to the LACC mailing list.

k. Road to Recovery (Darlene H) retreat@lacoda.org

Pending the questions on the budget and there is the possibility of postponing to 2021 since LA is doing the 2020 SoCal conference already.

I. 2020 SoCal Conference (JW) [2020 socalconference@gmail.com](mailto:socalconference@gmail.com)- No Report

GSR & MEETING NEWS (1 minute each) Let's limit the time just for today.

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

III. OLD BUSINESS

III. NEW BUSINESS -BUDGET

A few questions were asked about the guidelines and submitted motions for the budget vote. I thought I would share with everyone ahead of the February meeting.

Questions: Do you know if you're interpreting the guidelines to mean that we can motion multiple line item budget changes as one motion?

When LACC members submit motions, do we vote on them in the order they were received?

Answers: Right now I am interpreting the guidelines to mean we will vote line by line. With that said I plan on allowing only expenses to be voted on not Income. We will not vote on the submitted motions in the order they are received. I will give everyone a chance to have their say on the same playing field.

I hope that is helpful and please reach out if you would like to discuss anything
Sincerely, Sue

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minute
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motion,
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minute
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pro/con

Motions:

Motion 1: I move to delete the SoCal Conference donation of \$1000 as a budget line item.

Rationale: LA CoDA 2020 budget currently has \$1000 for this and in keeping with Tradition Seven and being self-supporting, I submit this motion to encourage a financially healthy conference. SoCal already provides thousands in seed money that helps to secure a location, as well as an occasional lunch subsidy and additional support as needed. Moreover, deleting this prevents an even greater negative loss of \$1000 to come back from regardless of hosting community. It is financially sound whether the conference goal is break-even or profitability.

Motion 2: that we reduce the Public Information Line item from \$200 to \$50.

Rationale: The committee chair did not provide a detailed description of the budgeted costs and had not given the topic any thought at the time of the request. Expenses above \$50 can be discussed as they are presented in the future.

Motion 3: that the Website budget be reduced from \$360 by \$185 for a total of \$175.

Rationale – The cost of domain names (\$21 per year for GoDaddy) is not very expensive and is not expected to go up significantly. \$185 of the proposed budget is for the payment of our domain for nine years. Paying for one year at a time does not jeopardize us greatly.

Motion 4: The storage unit committee motions that the line item for the storage unit budget expense be changed from \$2104 to \$650.

Rationale: \$450 is to pay for 3 months (Jan-March) of the current storage unit and \$200 to buy a 5 drawer lateral filing cabinet to store our things at SHARE. Storing a cabinet that size at SHARE is included in our monthly meeting rent to SHARE. The 3 months gives us time to buy a cabinet and move our things.

Note: If we find we need more space, we can GC in the future to use a smaller storage unit at the storage place next door, in addition to the SHARE cabinet.

Motion 5: Literature expense = \$3500 (instead of \$4500). Saves \$1000

Rationale- \$3000 the 2018 & 2019 expense average actuals. \$3500 is more than that and still gives a \$1000 "profit" where the last 2 years average a \$2000 "profit." (Profit went toward lit taxes & LACC expenses. Some of the profit came from inventory we bought in earlier years. We have about \$4000 worth of inventory currently.)

Motion 6: Tax expense = \$405 (instead of \$500) Saves \$95

Rationale- \$405 is 9% of the \$4500 budgeted income. 2019's tax ended up being closer to 8%. So budgeting for 9% seems good to me.

Motion 7: Outreach expense = \$50 (instead of \$500). Saves \$450

Rationale- \$500 was Outreach chair's original request. Outreach Chair would be fine with \$200, but \$50 seems to me like a good place to start and then check in as the year goes in case we're earning more than expected.

Motion 8: Move to purchase only one year of GoDaddy renewal instead 10 years.
New budget request is \$147.00

Motion 9: SoCal Rep expense = \$25 (instead of \$100). Saves \$75

Rationale- Last year's budget was \$0. Chair would like \$60. \$25 seems like a good start.

Motion 10: SoCal Conf expense = \$0 (instead of \$1000). Saves \$400

Rationale- When the conference committee has more info on if they have a goal to bring income, we could vote at that time on what size donation we can afford and what income expectation feels good to them.

Motion 11: Marathon expenses = \$305 (instead of \$350), Saves \$25

Rationale- Based on 2019 marathon income and expenses actuals.

Motion 13: H&I expense = \$25 (instead of \$0). Loses \$25

Rationale- Hospitals & Institutions didn't have a Chair when budgets were turned in. Feels good to me to have all subcommittees who have a Chair or committee members to be supported, even just a little bit. Chair would like \$60.

Overall philosophy-

I feel that keeping some of the things we do, but doing a smaller portion, instead of cutting them entirely, keeps the spirit of fun and growth alive. I see 2020 as a time to consciously support the LA Fellowship in a small, manageable way.

In 2021 and beyond, I perceive we can expand in whatever way feels organic in that present moment (maybe by starting to revive our prudent reserve or adding more materials to give out or both or whatever our group conscience decides.)

Because we would potentially pay \$0 for the storage unit in future years, future year budgets may have \$650 more in profit per year.

Motion 14: Suspend Meeting List Hard Copy Service

Rationale: LACC provides the meeting list hard copy as a service to its members.

Member contributions to LACC are down. Meeting lists can be easily accessed digitally via cell phone and personal computer. Individual meetings/members can print hard copies from LACC website as needed. Service can always be reinstated via GC when member contributions increase.

Motion 15: Meeting List change the cost = \$848.40 (instead of \$1064). Saves \$215.60

Rationale- Switch to printing 3 times per year instead of 4. Meeting list would say Jan- April, May- Aug, Sept- Dec. Would have less Yellow Recovery pamphlets, but at least we'd have some to distribute throughout the year.

Motion 16: Suspend Recovery Pamphlet Hard Copy Service

Rationale: LACC provides the recovery pamphlet hard copy as a service to its members. Member contributions to LACC are down. Recovery pamphlet can be easily accessed digitally via cell phone and person computer. Individual meetings/members can print hard copies from LACC website as needed. Service can always be reinstated via GC when member contributions increase.

Motion 17: Suspend Newsletter Hard Copy Service

Rationale: LACC provides the newsletter hard copy as a service to its members upon request. Member contributions to LACC are down. The newsletter can be easily accessed digitally via cell phone and personal computer. Individual meetings/members can print hard copies from LACC website as needed. Service can always be reinstated via GC when member contributions increase.

Recommend suspending newsletter hard copies service.

Income Motions:

Motion 18:

SoCal Conf income = \$0 (instead of \$600) Income not voting o

Marathon income = \$330 (instead of \$150)- Income not voting

Events income = \$300 (instead of \$150). Saves \$150 income not voting

Rationale- Events are being planned for 2020: Step Study Hall, Nature Baths, Sponsorship Panel, Zumba. First Nature Bath earned \$81 which counts as 2020 income. If the next 3 are similar to the first, we'll earn around \$245 more. Comes to \$326. Seems other non-marathon events in the year might earn too.

VI. OPEN DISCUSSION

Call Back Line- I've been thinking about the callback line, which is a big expense, Not having been part of LACC for a while, I'm wondering if anyone ever proposed or looked into Google voice, which is free. You get a phone number and it can be transferred to other numbers—like personal cell phones. It can be accessed by an app on your cellphone, and I'm pretty sure multiple people could have it transferred to their phones and receive calls. You can also text with the app —or all can be done from your computer. We use it at work so I'm somewhat familiar. Norma

VII. ADJOURN (10:45)