California Healthy Youth Act - Museum School Notification

The *California Healthy Youth Act* requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school. The purpose of the California Healthy Youth Act is to provide every student with the knowledge and skills necessary to protect their sexual and reproductive health from unintended pregnancy, human immunodeficiency virus (HIV), and sexually transmitted infections (STIs).

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. It must:

- 1. Provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- 2. Provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- 3. Promote understanding of sexuality as a normal part of human development.
- 4. Ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
- 5. Provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.

All Museum students will receive sexual health education in 6th and 8th grade through the Teen Health Lessons of Family Health Centers of San Diego scheduled for Spring of each year. The course will be taught by school personnel, or contracted partners. Materials used in comprehensive sexual health education and HIV prevention education are available for inspection by parents or guardians. Copies may be made at the school of any written educational material that will be distributed to pupils (if it is not copyrighted and has been or will be presented by an outside consultant or guest speaker) and the relevant chapter of Ed Code (EC 51938).

A parent or guardian has the right to excuse their child from comprehensive sexual health education and HIV prevention education. This request should be stated in writing and communicated to the school.

If you have questions, please contact your student's teacher or the Director of the Museum School.