

CATCH-UP FRIDAYS TEACHING GUIDE

(FOR VALUES, PEACE, AND HEALTH ED)

Catch-up Subject:	Peace Education	Grade Level:	7
Quarterly Theme:	National and Global awareness <i>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 4)</i>	Date:	APRIL 12, 2024
Sub-theme:	Good. Steuardship : Peace concepts (positive and negative peace) <i>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 4)</i>	Duration:	70 mins <i>(time allotment as per DO 21, s. 2019)</i>
Session Objectives:	Understand the importance of cooperation in fostering positive intercultural relations.	Subject and Time:	English-Reading <i>(schedule as per existing Class Program)</i>
References:	K to 12 Basic Education Curriculum		
Materials:			
Lesson Proper	Duration	Activities	
	5 minutes	Introduction Start the class with a brief explanation of nationalism, highlighting its importance in fostering a sense of pride, unity, and identity among citizens of a nation. Explain that while nationalism can have positive effects, such as promoting national unity, it can also lead to negative outcomes if it causes exclusion or hostility towards other countries.	
	10 minutes	Icebreaker Activity (10 minutes): Conduct a simple activity where students list out symbols, traditions, or practices that they believe unite people in their country. This could involve drawing these symbols, sharing stories about national holidays, or singing a part of the national anthem, fostering a sense of national pride and unity from the outset. Multimedia Exploration (8 minutes): Show a short video or presentation that illustrates examples of nationalism from around the world, both its positive aspects (such as independence movements) and negative aspects (such as nationalistic conflicts). This will provide a visual and auditory reinforcement of the concept of nationalism.	
	8 minutes	Small Group Discussion (5 minutes per group): Divide the class into small groups and assign each group to discuss either the positive effects of nationalism (such as unity and identity) or the negative effects (such as conflict or exclusion). Each group will share their points with the class afterwards.	
	8 minutes	Sample Activities (Select 1 activity): <ul style="list-style-type: none">Role-playing: Students can enact scenarios where nationalism leads to positive outcomes (like a community coming together for a national celebration) and negative outcomes (such as a dispute fueled by nationalistic sentiments).Hands-on Activities: Create a national unity mural where each student contributes a piece representing their interpretation of national identity.	
	5 minutes per group		

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		<ul style="list-style-type: none">• Creative Activities: Students can engage in poster making or slogan writing that celebrates national unity or addresses the dangers of extreme nationalism.• Interactive Activities: Conduct a debate on whether nationalism is beneficial or harmful to global peace, encouraging students to use examples from the multimedia exploration and group discussions.
Class Reflection	2 minutes	Ask a few students to share their key takeaways from the lesson, emphasizing how nationalism can both unite and divide, and why it's important to foster a positive sense of nationalism that includes peace and respect for others.
Conclusion and Homework Assignment	2 minutes	Conclude by summarizing the dual nature of nationalism and its impact on national unity and identity. For homework, ask students to write a short paragraph on how they personally can contribute to a positive form of nationalism that promotes peace and unity within their community.

Prepared By:

Teacher I

Recommending Approval:

Approved: