

## Don't Blame Me Call Transcriptions S8 E4

Call 1:

Hi Meghan and Melisa, I am in a pretty sticky situation and I was wondering if you could help me. I am 18 and a Leo with a Libra rising and a Virgo Moon. My pronouns are she/her. As a bit of background, I have never been in a relationship, I've never been asked out or even told that somebody actually likes me and I've also always been emotionally unavailable. My whole life I have had a crush on this guy who we will call Max but since I've always been very shy I've never said anything. I have known him since we were toddlers and I've really grown to like him even more. In my country there isn't a lot of diversity which has cost me a lot of body image issues I am of medium build so I've always felt like I stuck out. Most of my life I have felt unlovable but for the past few years I've really grown to love myself all to say that I know that I'm ready for a relationship and a mature one at that. As I said before I am extremely shy so I've never made the first move these past few days I've been talking with my best friend and have decided that I was going to try and show my interest a little bit more however last night I was in a call with two of my other friends, one that who lives out of the country and she was telling me that her and Max were talking a lot and that they called each other often. Now I feel very discouraged since I don't want to lose the friendship with a guy nor my friend even though my best friend is telling me that they are both super sweet and none of them would do that I am also starting to doubt myself since he seems pretty into her by what she has told me. Since I've known Max for so many years I know that he will feel uncomfortable if I made a move however I don't know how to go about that plus I'd feel like I'd be doing a very selfish thing since she already told me that she has a crush on Max which by the way I also let her know that I liked him because I didn't want to make her uncomfortable or her make her feel out of the loop in a couple of weeks we are actually supposed to go in a beach trip together with along with some other friends and which I was planning to make a move however I don't know what to do plus I no longer feel as confident as I did before. I truly don't want to seem like the asshole and destroy and I really don't want to ruin two great friendships however I really feel that they would be missing out on something great or at least that I would put myself down because I didn't make a move or I feel like that's what has gotten me absolutely nowhere before and I really feel like I'm ready. I really just really don't know what to do so if you could help me please I really appreciate it thank you. If this helps the guy's a Cancer and I love the show. And you can be as mean as you want. I really don't care. Thank you.

Call 2:

Hi Meghan and Melisa I am in need of some serious real talk, so please don't hold back. I'm a 30 year old lesbian and I recently started dating someone she's also 30 and we dated for two and a half months we were exclusive pretty early on but it still felt semi-casual just because she was super busy and we only saw each other a few times a week but we had great chemistry we really liked each other had good conversations, wanted similar things, often talked about how we were excited to see what was going to go. 2 weeks ago she broke up with me she had some health issues reoccur and she didn't want to talk on the phone about it she texted that she was in a bad spot and just couldn't talk about it and I replied saying you know I wish we could talk but I can tell this is a lot on your plate I'm not going to push it feel free to reach out. This woman's a badass, a total control freak she has an extreme job and extreme hobbies and I think she was just feeling totally out of control about having to slow down and take care of herself but I'm not sure that's true because there was no conversation about it so I was bummed but was ready to take care of myself move on and this morning I got a follow request from her on Instagram we had disconnected social media after the breakup and so when I saw that I reached out just to figure out you know you're trying to be friends with going on and basically she responded saying yeah she was hoping for a friendship and she said her health is much better which surprised me because I guess I just assumed that her health issues would be a problem for a lot longer and that that's why she ended things so abruptly so we texted a little bit and basically I told her things ended so abruptly I'm just a little confused I feel like I'm missing some information there and I can't really pursue a friendship until I have a little bit more information on how she was feeling about that because I don't want to go into a friendship

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that murky or mysterious and I think she understood basically I said give me a call like if you gain the courage or we can grab coffee but I really tried to make it a boundary that I needed to know a bit more before we pursue anything else. I want to know from you what you think I should do I want her in my life I think if we do see each other we'd either be friends with benefits or nothing I wouldn't want to be exclusive again right away if ever just because I need someone who can communicate and I think I'm just looking for advice on how to pursue something or if I should pursue anything at all. Anyway thanks.

### Call 3:

Hi Meghan and Melisa I listen to every single episode of this podcast I just want to like I said I love you guys so much and I'm very excited cuz it's my first time calling so I am 20 years old and my pronouns are she/her and the other person in the story is also 20 and she/her are their pronouns as well so just to preface this girl and I have been friends since the very first day of 7th grade and we've been friends throughout high school college and university, so we've been friends for around 10 years now I never really had a fight with her but this year we just had a couple issues and they've all kind of stemmed since her political views have become a little bit more apparent we never really have political conversation with each other like if we're talking about in a group she usually stays quiet and doesn't really say anything but I can tell through some stuff she post on social media and through her family's ideologies that she is pretty right-leaning. This has become an issue recently because sadly depend on it has become very political and of course her right-leaning view lead her to not take COVID very seriously I really haven't seen her much throughout the pandemic so it hasn't really been a problem until something happened back in January. COVID in my area was really under control at the time and cases were very very low so a couple of my friends decided to book an Airbnb but only unless every single person got tested beforehand. We all got tested wrote in the group chat that we got our negatives and we went to the cottage so everything was really awesome there nothing happened it was just two or three days and then we come back so the problem is that a friend who was also at the cottage this week tells me that the original girl had never actually gotten tested and lied to every single one of us. This was extremely upsetting and really crossing a line for me I'm extremely non-confrontational but I really really need to bring this up I would really love it if you guys could give me insight and on how to go about it but I should say and just over what to do with the situation i feel like I'd be more capable of being a bitch over the phone rather than to her face but it would really help me if you guys gave me it's on how to react to this she is a really good friend to me and we're extremely close so I don't want to I really don't want to lose her and I don't want to cut her off just because of this but I really need to like put her in her place and let her know just how fucked up it was and how it upset me so I I would love it if you guys could help me just how how to bring it up how to call her out and how to do it properly thank you so much I love you guys.

### Call 4:

Hi Meghan and Melisa, I'm twenty-one years old and my pronouns are she/her and I've gotten myself into a pretty complicated situation over the past year. So I'm a closeted Hispanic lesbian my close friends and very few close relatives like my cousins and my brother know about my sexuality recently. However, being closeted has become more and more suffocating. I'm really tired of hiding and I feel like I'm going to accidentally out myself if I don't come out soon. My parents say they're accepting of gay people that they expressed disgust and seeing only queer people in media like TV shows and my mom who said lesbians are predatory and unnatural. I know but telling them what already complicated my home life and my mom would likely cry and be depressed because she thinks her daughter is going to hell. My dad would probably be angry, but I think they would eventually get over it. They both have brought up the possibility of me being a lesbian to my brother multiple times. So I think they're expecting it by now. The problem is that I've been in a relationship for almost three years. Me and my partner's relationship was long-distance up until one year ago last year my girlfriend who uses pronouns She/they ended up getting out into her parents when they found out she had to drop out of college due to a lack of financial support from our

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family and move across the country to live in California, which is where I am due to the toxic environment that she ended up in after being outed. Since I was the only person they knew here and I wound up introducing her to my family so that they didn't end up alone during the holidays since then they've been around my family and my family loved her. She sleeps over regularly and talks to my mom whenever she comes over. I know having her around has been a really bad idea. But whenever I had friends over they slept over so this didn't seem weird to my parents at all. My dad has helped her through buying a car and navigating insurance since she no longer has her parents to ask questions about adulting to my parents know that she had to move here due to a toxic family environment and felt bad and continue to help her whenever she needed help but now I can't come out without having to tell them she isn't a friend and that we've been together for 3 years. I don't want them to hate her since she still have nobody but me and my family and I can tell that she's also tired of hiding. So I need to do this not just for me because she lost everything because she wanted to be with me and I'm still too afraid to tell them. Do you have any advice for how I should come out in a way that won't blow up in my face completely? I'm also stuck here for another semester of college, so I have to wait or come out and deal with that. Any other listeners also, please help me. Thank you.

Don't Blame Them:

Hi guys. I am calling in response to a call Season 8 Episode 1. It's about the girl whose childhood best friend is in the toxic relationship and I'm not sure if she can be friends with her anymore. If she's dating the guys that she's with and I am actually the best friend who was in The Toxic relationship. I am 21 and I was dating a guy that was much older than me and just so emotionally abusive and isolated me and I ended up losing like a majority of my good friends because of the manipulation and he had convinced me that you know, he was the only one I could trust and all my friends were fake and you know now that I'm out of that relationship I would never would have expected any of my friends to stick around for that. I mean when you're in there in the moment, it could seem like a you know, a slap in the face when your friends don't want to be around you anymore, but you can't expect someone to put up with so much just for the sake of you know, making sure you're okay in a certain situation. So while she might feel obligated to be this girl's friend because she doesn't want to leave her when she's in the middle of a toxic relationship as long as you make it clear to her that you know, when this relationship inevitably ends that you'll still be around if that's what you want. Then I really think that's all you can do and it really took me having zero friends to turn to when I was in this relationship for me to get out of it. So, you know, it might seem hard and it might seem like the wrong decision, you're not a bad friend and you have to put your mental health first, so I hope that helps. Thanks. Bye.