



WSDC Rules for French Connection WCS 2025

1. Jack & Jills Division and Rules :

1.1 Division :

The Jack and Jills Divisions proposed at French Connection WCS will be the Following: Junior, Newcomer, Master, Sophisticated, Novice, Intermediate, Advanced, All Star (if enough registrations to maintain the division)

1.2 Rules for all JnJ competitors :

French Connection WCS [follows the WSDC Points Registry Rules](#).

French Connection WCS allows dancers to compete as both Leader/Follower in skill level Jack & Jills. Competitors are allowed to compete in their non-dominant role one level down, as long as they don't qualify in both for the same division.

Also competitors may compete as a Leader/Follower in an aged-based level JNJ – like Masters or Juniors.

- Also competitors may compete as a Leader/Follower in an aged-based level JNJ – like Masters or Juniors.
- Must be Properly dressed (no jeans, no leggings, no “Men’s Marcel”)
- Random partner
- 100 % West Coast Swing
- Impro, lead and follow
- No lifts (except for Champions Division)
- drops are allowed
- Breakaways are to be no more than 8 beats of music (except for Champions Division)
- Music chosen by DJ/organizer
- Must follow the code of conduct of the event

2. Strictly Swing

2.1 Divisions

The Strictly Swing divisions proposed at French Connection WCS will be the Following:

Novice/Intermediate

Open (Advanced, All star & champion)

If a competitor without advanced point is register in the JNJ advanced division, He will not be allowed to compete in the novice intermediate Strictly

2.2 Rules for Strictly Swing Divisions

- Chosen partner
- 100 % West Coast Swing
- Impro, lead and follow
- No lifts
- drops are allowed
- Breakaways are to be no more than 8 beats of music
- Music chosen by DJ/organizer
- Must follow the code of conduct of the event

