

PSHE Summer Term 2 Overview

This half term every class in school will be learning about Growing and Changing. This will be completed in an age appropriate way during a PSHE lesson. This is an overview to let you know the focus of each session. Please feel free to talk to your child's class teacher if you would like any further information.

Year group	Lesson content
Nursery	Growing and changing in nature When I was a baby (changes over time, what a baby needs) Girls, boys and families (similarities and differences, do girls and boys have the same bodies? Discussion about all types of families)
Reception	Seasons Life stages – plants, animals, humans Life stages: Human life stage – who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys (similarities and differences)
Year 1	Inside my wonderful body (name major internal body parts) Taking care of a baby Then and now (What they can do now and what's different or the same from when they were smaller) Who can help? (discussion about bullying) Surprises and secrets Keeping privates private
Year 2	A helping hand (giving positive feedback) Sam moves away (recognise a range of emotions focusing on loss) Haven't you grown! (identify stages of growth) My body, your body (naming body parts including private parts) Respecting privacy (explaining the word privacy) Basic First Aid
Year 3	Relationship Tree (different types of relationships, recognising healthy relationships) Body space (discussing personal space and strategies for when someone is inappropriately in their space, NSPCC Underwear rule) My body, your body (naming body parts including private parts) Secret or surprise? (safe and unsafe secrets) Basic first aid
Year 4	Class letter
Year 5	Class letter
Year 6	Class letter