Interpersonal Trust Scale

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My score on the interpersonal trust scale has me at 4.2, which puts me in the upper 15% of the sample or just outside of the first standard deviation, with somewhere around 85% of people being less trusting than me. I agree with the result and not simply due to my trusting nature. My philosophy is to automatically grant a certain level of trust upon which trust may be lost or built. This mindset may be the factor that put me past the middle of the group.
I consider myself mostly trusting with a healthy dose of pragmatism tempered by experience.

One of my favorite sayings is, “trust but verify”. I think a small amount of skepticism blended in with your trust is healthy. However, this method could foster suspicion and unhealthy levels of self-reliance if carried too far. Micromanagement may be a product of overactive verification and not enough trust. Excessive verification could reduce the ability to delegate, resulting in self-inflicted self-reliance. Delegation is essential to management, and trust is at its core. The verification process would be best as a spot-check, unobtrusive, and non-disruptive. We do our best to reduce risk while fostering engagement by attaining a balance between skepticism and trust. “Trust but verify” is best applied in harmony with the tone of the workplace and with the flow of work as we remain vigilant and continue to question.

I like to think that I am typically easy to lead. Most of us probably grant legitimate positional power, or swift trust, to our management. A manager can either build or erode trust from that starting point. I find that trust is constantly undergoing evaluation and change. I tend to look for the good in people, as reflected in my minimalization mindset (from the IDI assessment). I believe I can take the risk of extending trust while validating my assessment periodically and at crucial inflection points with a healthy amount of skepticism. My philosophy seems to work well, and I trust the positive results here as verification.