



**Team Camp Agenda
Bland County Bears**

Sunday, August 17

- 10:00 am - 10:15 am - Registration (ice breaker)
- 10:15 am - 10:30 am - Warm Up/Stretch
- 10:30 am - 11:00 am Stunt Clinic

11:00 am - 11:45 am - Lunch in the cafeteria

- 11:45 am - Noon am - Walk back - bathroom break
- Noon - 12:15 pm - Jumps
- 12:15 pm - 1 pm - Cheer

BREAK

- 1 - 1:30 pm - Stunt review

Break

- 1: 30 pm - 1:45 pm Motion review
- 1:45 pm - 2:15 pm - Game

BREAK

- 2:15 pm - 2:30 pm - Jumps
- 2:30 pm - 2:50 - Cheer polish, stunt/motion/jumps review
- 3:00 pm - Showcase camp shirt distribution & dismissal