




KING MODE DAY PLAN + REPORT

I CHOOSE TO BE A KING

✓/✗	D/10	I/10	/20	King Checklist:	Task Time:
✓/✗	10	1	11	5:30AM I MUST Wake Up ✓	
✓/✗	10	10	20	5:33 AM to 5:36 AM I MUST Do 100 sit-Ups and cardio session for 3 minutes ✓	3 minutes
✓/✗	10	2	12	5:40 AM to 5:43 AM, I MUST Set a timer and do 100 push-ups, put in the Real world Accountability the result I obtain ✓	1 minute 3 seconds
✓/✗	10	1	11	5:45 AM to 5:55 AM, I MUST Go to the bathroom and take a shower (put on copywriter uniform) ✓	10 minutes
✓/✗	1	1	2	6:00 AM to 6:10 AM I MUST Write down in a notebook 10 primarily goals for the day in affirmations, read it out loud to hypnotize myself. ✓	10 minutes
✓/✗	1	1	2	6:16 AM to 6:30 AM I MUST Write down in a notebook my primary goal of the day, transform it into a question, then write down 20 possible creative solutions to that goal. ✓	14 minutes
✓/✗	10	3	13	6:30 AM to 6:45 AM I MUST Watch Andrew Tate, Iron mined video ✓	25 minutes
✓/✗	1	1	2	6:50 AM to 12:00 PM I MUST Go to the grocery store buy grocery with my family and analyze how they are selling the products. ✓	5 hours minutes 10
✓/✗	10	10	20	12:25 PM to 3:25 PM I MUST Work on matrix project ✓	2 hours 20 minutes
✓/✗	5	2	7	3:25 PM to 4:25 PM I MUST Eat and watch MPUC ✓	15 minutes
✓/✗	10	10	20	4:25 PM to 5:00 PM I MUST Review 3 fellow's copy. Add value to the G's copy, follow the structure of professor Andrew review copy ✓	35 minutes
✓/✗	10	4	14	5:00 PM to 6:00 PM I MUST read for 1 hour the book of Robert Green, the Art of Seduction. ✓	10 minutes

✓/✗	D/10	I/10	/20	King Checklist:	Task Time:
✓/✗	10 ▾	7 ▾	17 ▾	6:00 PM to 6:30 PM Watch Professor Andrew break down a copy and take all the notes I considered essential. ✓	30 minutes
✓/✗	10 ▾	7 ▾	17 ▾	6:30 PM to 7:00PM I MUST Read the book How to win friends ✓	30 minutes
✓/✗	10 ▾	10 ▾	20 ▾	7:00pm to 7:30 PM I MUST Cardio session. ✓	30 minutes
✓/✗	8 ▾	10 ▾	20 ▾	7:30PM to 8:30PM I MUST Dinner ✓	1 hour
✓/✗	10 ▾	10 ▾	20 ▾	8:30PM to 8:45PM I MUST Summit daily check in and summit daily tasks (fill every page on Google document) ✓	15 minutes
✓/✗	10 ▾	10 ▾	20 ▾	8:45PM to 9:10PM I MUST Make Tasks for Sunday ✓	25 minutes
✓/✗	10 ▾	2 ▾	12 ▾	9:10PM to 9:40PM I MUST Self Hypnosis to become a G ✓	30 minutes
✓/✗	1 ▾	1 ▾	2 ▾	9:40PM to 9:50PM I MUST Sent 10 follow-ups ✓	10 minutes
✓/✗	2 ▾	3 ▾	5 ▾	9:50PM to 10:00PM I MUST Review day, OODA LOOP what Can I improve and summit the win-loss challenge week ✓	10 minutes
✓/✗	10 ▾	10 ▾	20 ▾	10:00 PM to 10:05 PM I MUST Do last 100 sit-ups ✓	5 minutes
✓/✗	1 ▾	1 ▾	1 ▾	10:05 PM to 10:27 PM I MUST Watch Andrew Tate Iron mined video ✓	22 minutes
✓/✗	10 ▾	1 ▾	11 ▾	10:27 PM to 5:30 AM I MUST Sleep ✓	7 hours 3 minutes

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 17 DAY NUMBER + DATE + TIME 
Day Number:	34
Date:	15/04/2023
Start Time:	5:30 am

🙏	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Land my First client in order to start my path through the fucking success
2.	My mom and dad, keep breathing because they are the most Important human beings on my life
3.	The recovery of my shoulder I will be the best motherfucker in my boxing gym once I get recovered I will be a beast.

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

6, I pissed off because I don't Have the life I want to live right now

7. I will be making money and become my best version to bring honor to my family, my parents will respect me.

8. I prefer to die right now than don't accomplish my goals

9. I'm not afraid to die right now, My desire to have a better live it's more powerful than be a pussy

10 I decide to take The sword besides The orange playful ball, no because it's easy, because is what a man does.

11 My word is IRON WILL.

12 I accepted my death, so I don't afraid, I must fight until I make it

WHY I AM DOING THIS? (My biggest why:)

TO HAVE 15 SONS

For years, I have been lost, on school I wasn't a guy with tons of females , lots of friends or even a regular guy, I Think that I was another NPC inside the world, or I might say I was in the worst situation I could live, I really desire to be a regular person.




As an only child with 2 hardworking parents, I grew up into a nursery, solitary and in lower self steam situation that cycle was the continuation of my life for 15 years even at the University, I couldn't believe that I was in that way,

Without females or even a single girlfriend, solitary as fuck and maybe in a good shape but with bad communication skills, god puts me in a raw, difficult situation that involves the law and legal problems I must fight right now, everything is fucked, I had no friends, NOTHING I'm a solitary individual, just for this moment, because I'm facing a battle against my mind and the devil, god put me this unique life path, full of suffering and loneliness to embrace my capacity and become my best version possible. God putts me on this world with a unique purpose, spread my genetic on the earth, give to my child that I never had, **BROTHERS.**





I WILL PREFER TO DIE RIGHT NOW AS A 22 MEXICAN ADULT THAN LIVE MY WHOLE LIFE, AS A MEDIOCRE GUY THAT COULDN'T HAVE 15 SONS.

MY PARENTS DESERVE THAT, MY FAMILY DESERVE THAT






I DESERVE THAT

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Wake Up and do my morning tasks
2.	Read two books
3.	Make my 10 follow ups



Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN










 What Do I Plan To Accomplish This Morning? 
<ul style="list-style-type: none"> -  What is my principal accomplishment? Complete my daily morning tasks with vigor and power; detail my 10 goals, 20 solutions that will drive my morning into a better momentum. -  How I will plan my accomplishment? Took a notebook and starts to write my 10 goals detailed as possible and do my 20 creative ways to find a solution to my principal goal -  How I will act as king on this accomplishment? - Drive by an incredible force to conquer, no Mather my state of health, being or fortitude, I will conquer my daily goals.

 What Is The Main Goal For This Morning? 
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-  **Main Principal goal?**
Write it down in a notebook, my 10 goals for the day
Write my 20 goals forms to achieve my goals
-  **Main Plan goal?**
Wake up, realize that I have to work in order to start the conquest of my daily goals, be specific about my strategy and also be an excellent KING showing up how can I teach lessons from my daily basis goals.

How Will I Start My Morning With Power?

I will start my morning realizing that god putts me in the situation to open my eyes, whisper in my ear and start to work with a unique purpose, don't let my feeling take control of me and conquest my goals regardless of my feelings and the lack of sleep I have.

 5:30 AM 	Wake up
 Intention 	<ul style="list-style-type: none"> -  What is the intention of this conquer? Wake up and start to work in order to achieve my personal goals -  What behavior will I take to complete this task successfully? I will act as a King waking up, be ready to fight in order to conquer my daily goals
 Reflection 	<ul style="list-style-type: none"> -  Did I accomplish my conquest ?

	<ul style="list-style-type: none"> - Yes - 🧠 Was I focused during the conquest ? <p>Yes, I was entirely focus on my conquest</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Stop being a pussy and do the real work in order to achieve amounts of huge money</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ? <p>Get up at the moment and keep working</p>
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\$ 5:33AM to 5:36 AM \$	Do 100 sit-Ups and cardio session for 3 minutes
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Bring energy to my body</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>I will embrace the pain of waking up early and I will be happy for start my momring with power</p>
🖋 Reflection 🖋	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes, I did my conquer successfully</p>

	<ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes I was focused on my goal, entirely</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Yes, doing this exercise is vital for me to push me forward, starts with something difficult is a must.</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ? Better performance in the sit-ups
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\$ 5:40 AM to 5:43 AM \$	Set a timer and do 100 push-ups, put in the Real world Accountability the result I obtain
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Set a timer, beat the clock and do 100 push-ups in order to conquer my world</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>I will be pissed of about my current situation of not being able to get money from my Mom and my dad</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes, I accomplish my conquest</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ?

	<p>Yes, I was completely focused.</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Yes, doing every day 100 push-ups will allow me to have a better knowledge into this concept about happiness.</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ? - Beating the clock every time I do push- ups
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<p>\$ 5:45 AM to 5:55 AM \$</p>	<p>Go to the bathroom and take a shower (put on copywriter uniform)</p>
<p>🔔 Intention 🔔</p>	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Go to the bathroom and do some piss, then take a shower and put on my copywriter uniform</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>A fast cold shower will awake my body in order to</p>
<p>✍️ Reflection ✍️</p>	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes I took a cold shower</p>




	<ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes, I was focused on wash my body</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? - <p>Yes, Smelling good and dressing good, is the best way to maintain my personality</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? <p>Yes I took a shower to smell good</p> <ul style="list-style-type: none"> - 🧠 How can I improve doing these tasks ? Taking less time in the shower
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\$ 6:00 AM to 6:10 AM \$	Write down in a notebook 10 primarily goals for the day in affirmations, read it in loud to hypnotize myself.
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Write down my 10 primarily goals in order to achieve them during my day, be precisely and conscious about them</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>I will be totally focused about my tasks, I will be hypnotizing myself in order to gaining power and energy</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes</p>

	<ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>I can maintain this momentum, remembering all my goals during the day, that will keep me focus on my principal tasks of the day</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? <p>Yes, I wrote down my principal's goals for today.</p> <ul style="list-style-type: none"> - 🧠 How can I improve doing these tasks ? Being more precise and attack my goals directly
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\$ 6:16 AM to 6:30 AM \$	Write down in a notebook my primary goal of the day, transform it into a question, then write down 20 possible creative solutions to that goal.
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Write the principal goal of the day, transform it into a question, and then came up with 20 creative ideas in order to resolve this issue.</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? - As a King, I will develop better solutions in order to maintain a better and satisfactory result that will drive me into the battle

<p> Reflection </p>	<ul style="list-style-type: none"> -  Did I accomplish my conquest ? Yes -  Was I focused during the conquest ? Yes I was totally focused -  Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Remember the most creative and unique approach in order to develop a better mindset and a better solution</p> <ul style="list-style-type: none"> -  Did I complete my conquests, if no, how can I change this momentum right now ? -  How can I improve doing these tasks ? Be more precisely and attack with more clarity




<p>\$ 6:30 AM to 6:45 AM \$</p>	<p>Watch Andrew Tate, Iron mined video</p>
<p> Intention </p>	<ul style="list-style-type: none"> -  What is the intention of this conquer? <p>Watch Andrew Tate, Iron Mind Video in order to approach my goals and my principal goal with a better understand about the 4 tenets of a G mindset</p> <p>1 Be the man</p> <p>2 Get pissed off</p>

	<p>3 Nobody is going to help me or rescue me</p> <p>4 My word is Iron WILL</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>A KING BEHAVIOR IS precisely on this video because it will allows me to understand in a better way the knowledge required to be the man</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? Yes - 🧠 Was I focused during the conquest ? Yes - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? By remember in my mind all the fort tenets in order to achive a better understand of the live and the human endevaior - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?

\$ 6:50 AM to 12:00 PM \$	<p>Go to the grocery store, buy grocery with my family and analyze how they are selling the products.</p>
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Go with my parents to the grocery store and stars to anaylze how they are being selling and analyze all the perspective</p>

	<ul style="list-style-type: none"> -  What King behavior will I take to completed this task successfully? - A King is an excellent strategist so, in order to develop a better mindset and a better marketing IQ, I will be developin and OODA LOOP TOP G MINDET
 Reflection 	<ul style="list-style-type: none"> -  Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> -  Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none"> -  Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>Yes, by analzysing every piece of copy that's around me</p> <ul style="list-style-type: none"> -  Did I complete my conquestes, if no, how can I change this momentum right now ? -  How can I improve doing these tasks ? - Being more perspicaciius by everything around me.

END-OF-THE-MORNING REPORT

 What Did I Learn This Morning? 
<ul style="list-style-type: none"> -  What have I learned during my morning tasks? <p>Complete all this morning tasks will allow me to gaing more perspective and more</p>




creatibit

-  **What have I learned about being a KING?**

A KING is the most powerful human being inside the kingdom, era en

-  **What have I learned that I will apply in my life?**
- **YI most embdrace they fucking lat this moment I will brig my cuba nser**

✗What Problems Did I Face This Morning?✗

-  **How I acted like a peasant during my morning tasks?**
-  **What work problems did I went through in my conquest?**
-  **What problems in my daily life I went through that I will resolve as a KING?**

How Will I Solve These Problems For This Afternoon?

-  **How God help me to solve my problems as a KING?**

With a wonderful meal made by my mom

-  **What do I will learn/ask, watched, that will help met to stopped to be a peasant**
- Learn 2 books**

-  **How I share with others how I am overcoming my problems and conquer them?**

By sharing the most importan part of my journey

MY AFTERNOON WAR PLAN

How Will I Start My Afternoon With Power?

-  **As a KING, What is my principal source of power ?**

My meal, mom and dad, ate at the ves or lof uf lav

-  **As a KING How I will plan this afternoon conquests ?**

I will shut my outh and listn for every task I must, my conquer tells me good job

-  **AS a KING How I should act on this afternoon ?**

As a powerful king who will neve be broke again or depends on his tahem

What Is The Main Goal For This Afternoon?

-  **Main Principal goal?**

Lean and shut up my mouth

- ⚠️ **Main Plan goal? Write down every pice of good positive**
-

🔑 **How Will I Start My Afternoon With Power?** 🔑

With an excellent meal

**\$ 12:25 PM to
3:25 PM \$**

I MUST Work on matrix project

🔔 **Intention** 🔔

- ⚠️ **What is the intention of this conquer?**
Target this part of the day in order to achieve and make the best investigation format ever existe

- ⚠️ **What King behavior will I take to completed this task successfully?**

As a King I must takt this part into keep learning, keep lisesen and I will bite the bitter without problem

✍️ **Reflection** ✍️

- 🧠 **Did I accomplish my conquest ?**

Yes

- 🧠 **Was I focused during the conquest ?**

Yes

- 🧠 **Did I complete my conquestes, if yes, how can I maintain this momentum during the day ?**

Yes, by working the best and better posible way.

- 🧠 **Did I complete my conquestes, if no, how can I change this**

	<p>momentum right now ?</p> <ul style="list-style-type: none"> - 🧠 How can I improve doing these tasks ? - Finishin it tomorrow
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<p>\$ 3:25 PM to 4:25 PM \$</p>	<p>Eat</p>
<p>🔔 Intention 🔔</p>	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Eat like a king and be ready for keep learnign</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to completed this task successfully? <p>BEING conscious about the food I will eat, thank to god and let's keepwinning</p> <p>Rake a sit an enjoy a wonderful meal with my parents</p>
<p>🖋 Reflection 🖋</p>	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>yes</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ?

	<ul style="list-style-type: none"> - 🧠 How can I improve doing these tasks ?
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\$ 4:25 PM to 5:00 PM \$	Review 3 fellows copy. Add value to the G's copy, follow the structure of professor Andrew review copy
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? - ⚠️ What King behavior will I take to completed this task successfully?
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? - 🧠 Was I focused during the conquest ? - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?








\$ 5:00 PM to 6:00 PM \$	Read 1 hour the book of Robert Green, the Art of Seduction.
🔔 Intention 🔔	<ul style="list-style-type: none">- ⚠️ What is the intention of this conquer? <p>Read by 1 horu the book of robert Green</p> <ul style="list-style-type: none">- ⚠️ What King behavior will I take to completed this task successfully? <p>Learn from the wisdom I have in front of me</p>
✍️ Reflection ✍️	<ul style="list-style-type: none">- 🧠 Did I accomplish my conquest ?- 🧠 Was I focused during the conquest ?- 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ?- 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ?- 🧠 How can I improve doing these tasks ?








<p>\$ 6:00 PM to 6:30 PM \$</p>	<p>Watch Professor Andrew break down a copy and take all the notes I considered essential.</p>
<p>🔔 Intention 🔔</p>	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Watch the professor andrew break down, analyze how he is doing the break down, adding the best of the break down in my copy</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>Took all the necessary notes and ask myself what will be the motivators for this that allow him veru.</p>
<p>✍️ Reflection ✍️</p>	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>YES</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>YES</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>Yes, I conquer this part</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?

\$ 6:40 PM to 7:00PM \$	Read the book How to win friends
🔔 Intention 🔔	<ul style="list-style-type: none">- ⚠️ What is the intention of this conquest? <p>Being a better human being and read about the best book, look around shepññ</p> <ul style="list-style-type: none">- ⚠️ What King behavior will I take to completed this task successfully? <p>Yes I did</p>
✍️ Reflection ✍️	<ul style="list-style-type: none">- 🧠 Did I accomplish my conquest for 40 minutes ?- 🧠 Was I focused during the conquest ?- 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ?- 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ?- 🧠 How can I improve doing these tasks ?

\$ 7:00pm to 7:30 PM \$	Cardio session.
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? - ⚠️ What King behavior will I take to completed this task successfully?
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>Listen more about professor andrew Yes it is awe rin</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?

\$ 7:30PM to 8:30PM \$	Dinner
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Take an excellent diner in order to have more money then sleep</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to completed this task successfully?

<p> Reflection </p>	<ul style="list-style-type: none"> - The  Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> -  Was I focused during the conquest ? <p>no</p> <ul style="list-style-type: none"> -  Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>Yes</p> <ul style="list-style-type: none"> -  Did I complete my conquestes, if no, how can I change this momentum right now ? -  How can I improve doing these tasks ?

<p>\$ 8:30PM to 8:45PM \$</p>	<p>Summit daily check in and summit daily tasks (fill every page on Google document)</p>
<p> Intention </p>	<ul style="list-style-type: none"> -  What is the intention of this conquer? <p>Summit thn de kuosi nkut</p> <ul style="list-style-type: none"> -  What King behavior will I take to completed this task successfully?
<p> Reflection </p>	<ul style="list-style-type: none"> -  Did I accomplish my conquest ? YES

	<ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? - YES - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Yes, I MUST PPEKING UP mometum</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?
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\$ 8:45PM to 9:10PM \$	Make Tasks for Sunday
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Make my daily tasks in order to conquer the world</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to complete this task successfully? <p>Be nice, charm and willing becesae we need to seat aparto from lazyness</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ?

	<ul style="list-style-type: none"> - Yes - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Keep reading and do my daily tasks</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?
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\$ 9:10PM to 9:40PM \$	Self Hypnosis about how to become a G
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? Self hypnosis to my self in order to be G, entrain my subconscious - ⚠️ What kind of behavior will I take to complete this task successfully? Share your vision with more people and gain brotherhood
🖋 Reflection 🖋	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? yes - 🧠 Was I focused during the conquest ? yes - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? Being a G

	<ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?
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\$ 9:40PM to 9:50PM \$	Sent 10 follow-ups
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Sent 10 follow ups in order to connect with some clients and work with them</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to completed this task successfully? <p>Discipline act as a KING, Don't give up</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>yes</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Keep working hard</p>












	<ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?
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\$ 9:50PM to 10:00PM \$	Review day, OODA LOOP what Can I improve
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Review my own day and be prepare for the next day</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to completed this task successfully? <p>Determined and ready fot the battle</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? Yes - 🧠 Was I focused during the conquest ? Yes - 🧠 Did I complete my conquests, if yes, how can I maintain this momentum during the day ? <p>Because as A King I must embrace everything that will be a challenge for me.</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquests, if no, how can I change this momentum right now ? - 🧠 How can I improve doing these tasks ?

\$ 10:00 PM to 10:05 PM \$	Do last 100 sit-ups
🔔 Intention 🔔	<ul style="list-style-type: none">- 🔔 What is the intention of this conquer? <p><Do I my last sit ups in order to sleep with a strong core</p> <ul style="list-style-type: none">- 🔔 What King behavior will I take to completed this task successfully? <p>Be strong and fit</p>
✍️ Reflection ✍️	<ul style="list-style-type: none">- 🧠 Did I accomplish my conquest ? <p>yes</p> <ul style="list-style-type: none">- 🧠 Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none">- 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>By acting as today</p> <ul style="list-style-type: none">- 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? <ul style="list-style-type: none">- 🧠 How can I improve doing these tasks ?

\$ 10:05 PM to 10:27 Pm Sleep	Watch Andrew Tate Iron mined video
🔔 Intention 🔔	<ul style="list-style-type: none"> - ⚠️ What is the intention of this conquer? <p>Watch andrew tate Iron minded video in order to develop a beter mindset</p> <ul style="list-style-type: none"> - ⚠️ What King behavior will I take to completed this task successfully? <p>Be willing to ear andrew thate and his approach</p>
✍️ Reflection ✍️	<ul style="list-style-type: none"> - 🧠 Did I accomplish my conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Was I focused during the conquest ? <p>Yes</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? <p>Keep working hard</p> <ul style="list-style-type: none"> - 🧠 Did I complete my conquestes, if no, how can I change this momentum right now ? <p>Keep wathcing the video at the same, altiralzoar ?</p>

\$ 10:27 Pm to 5:30 Am \$	Sleep
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 Intention 	<ul style="list-style-type: none"> -  What is the intention of this conquer? -  What King behavior will I take to completed this task successfully?
 Reflection 	<ul style="list-style-type: none"> -  Did I accomplish my conquest ? -  Was I focused during the conquest ? -  Did I complete my conquestes, if yes, how can I maintain this momentum during the day ? -  Did I complete my conquestes, if no, how can I change this momentum right now ? -  How can I improve doing these tasks ?



End-Of-The-Day Report:



 **What Did I Learn Today?** 

- ⚠️ **What have I learned spirituality?**

That gods puts me into a diffciult situation but it doesnt matter I will embrace

- ⚠️ **What have I learned about work?**

Imust do the best work allyways!

- ⚠️ **What have I learned about life? Enjoy the life is a must everything**
-

✖️What Problems Did I Face In my Daily conquest?✖️

- ⚠️ **AS A KING, What tasks problems did I have?**

- ⚠️ **AS A KING, What work problems did I have?**

- ⚠️ **AS A KING What life problems did I have?**
-

🔑How Will I Solve These Problems Tomorrow?🔑

- ⚠️ **AS A KING, How will I rely on God to help me to have the correct wisdom to guide me to the victory ?**

God will reward me because of the excellent work I'm doing and also god knows that

- ⚠️ **AS A KING What do I need to relearn/ask, watch, listen that will help me solve my problems?**

- ⚠️ **AS A KING, How I Will share with others how I conquered my problems?
Sharing my journey into this 7 days will allow me to guide more people into their KING'S Path**



What Do I Plan To Do Differently Tomorrow?



-  **As a KING How will I implement what I learned to make better and conquer my goals tomorrow? I will maintain my momentum in order to develop a better mindset and a better**

-  **As a KING What mindsets do I need to be reminded of?**

Optimize for conquer Allways

Allways be strategic allways be lethal in my plans



What Do I Plan To Do The Same Tomorrow?



-  **AS A KING, What did I do well today?**

Complete my tasks, improve my marketing IQ and still be a king. I'm a powerful copywriter KING

-  **AS A KING How will I must replicate this tomorrow?**

Keeping up momentum, know that my entire mission is to have 15 sons in order to raise them and make God proud of me.






Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?



What Tasks Were Left Undone?



-  **How many tasks are left? (There should be none)**
-  **Why did you not finish them?**
-  **How to avoid this peasant behavior? And how will be my punishment**

Brain Dump :

PUNISH :

REWARD : **Sleep 7 hours straight**