Sermon Notes – 03.12.2023 – Commands of Jesus – Do Not Worry About Your Needs

Matthew 6:25-32 "**For this reason** I say to you, **do not be worried about your life,** *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. **Is not life more than food, and the body more than clothing?** 26 "Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they? 27 "And **who of you by being worried can add a *single* hour to his life?** 28 "And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, 29 yet I say to you that not even Solomon in all his glory clothed himself like one of these. 30 "But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, ***will He* not much more *clothe* you? You of little faith!** 31 "**Do not worry then, saying**, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' 32 "For **the Gentiles eagerly seek all these things;** for your heavenly Father knows that you need all these things.

For this reason…What "reason" is Jesus referring to?

Matthew 6:24 "**No one can serve two masters**; for either he will hate the one and love the other, or he will be devoted to one and despise the other. **You cannot serve God and wealth.**

Masters – Kurios [Greek]: The supreme one that I serve
Wealth – Mammonas [Greek]: *Wealth*, personified); that is, *avarice* (deified)

Do not be worried about your life… - Do not be anxious about your soul (breath)

Philippians 4:6 **Be anxious for nothing**, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

A person in great need can be comforted, knowing others are carrying sincere "concern" for them.

Philippians 2:19-21 But I hope in the Lord Jesus to send Timothy to you shortly, so that I also may be encouraged when I learn of your condition. 20 For I have no one *else* of kindred spirit who will **genuinely be concerned** for your welfare. 21 For they all seek after their own interests, not those of Christ Jesus. [The same Greek word translated "anxious" elsewhere is used here as "concerned"]

- The balancing act here is to care for others while finding your peace in the Lord. **Not Easy.**

"Is not life more than food, and the body more than clothing?"

> **When we find our Life in Christ and surrender everything to Him – Then the answer is both obvious and freeing**.
>
> As long as we are still clinging to this world, there is a problem – The conflict between our desire for God and our desire for stuff is at the root of many of life's problems.

"…who of you by being worried can add a *single* hour to his life?

The Big Obvious Down-Side to "Worrying" – It doesn't work.

"Do not worry then, saying…"

Our words declare our heart – Your Spiritual heath can be measured at your Mouth- Gate

A thought is on its way to manifestation when we speak it.

"…the Gentiles eagerly seek all these things [Their soul craves stuff – Maybe it's all they have]

Simply put: If you want to worry – Worry that you are acting like a heathen.

Idol worship among the Gentiles was very focused on sacrifice to get what you want

The deities were often named for the need that they were supposed to meet

God of the harvest, the hunt, etc.

Do Not Worry - "…your heavenly Father knows that you need all these things."

"The Lord is Near" – The Lord's Invitations

Matthew 1:23 "**THEY SHALL CALL HIS NAME IMMANUEL," which translated means, "GOD WITH US**."

Philippians 4:5-7 Let your gentle *spirit* be known to all men. **The Lord is near**. 6 Be anxious for nothing, but **in everything by prayer and supplication with thanksgiving let your requests be made known to God.** 7 **And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.**

Psalms 34:18 **The LORD is near to the brokenhearted** And saves those who are crushed in spirit.

Psalms 145:18 **The LORD is near to all who call upon Him**, To all who call upon Him in truth.

James 4:8 **Draw near to God and He will draw near to you**. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

Revelation 22:17 **The Spirit and the bride say, "Come."** And let the one who hears say, "Come." And let the one who is thirsty come; let the one who wishes take the water of life without cost.