

## \*\*\*PUBLIC VIEW\*\*\*

### Episode 14

Title: Iceberg Ahead, Microbiome Map, Non-Alcoholic Wine

#### Description:

Icebergs are natural behemoths, littered across the ocean. They are both subjects of awe and fear among sailors so today, Dr. Samantha Yammine discusses the ins and outs of these ginormous monoliths with an experienced sailor and iceberg admirer, producer Teresa Carey. Then, Sam speaks to Dr. Beth Culp, a lead author on a recent study that maps out your gut's microbiome. After that, Sam asks the question we've all been thinking about: what's the science behind non-alcoholic wine?

If you're curious about a new theory on what happened to the Titanic, tune into Expedition Files on Wednesday, April 16 at 9pm Eastern on Discovery.

Iceberg Ahead

- N/A

Microbiome Map

- "Microbial transformation of dietary xenobiotics shapes gut microbiome composition." [by Elizabeth J. Culp, Nora T. Nelson, et al. 2024.](#)
- [Source 2](#)

Non-Alcoholic Wine

- "Five Turning Points in the Evolution of Wine." [by Christopher Howard. 2022.](#)
- [Source 2](#)
- [Source 3](#)
- [Source 4](#)
- [Source 5](#)
- [Source 6](#)
- [Source 7](#)

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