RAINBOW Lesson Plan Template

1.	**Activity / lesson title**	**ETHICAL LEVEL**
2.	**Target group**	Students of secondary school aged 15-18. No previous knowledge on the topic addressed is required
3.	**Duration**	1 lessons (60 minutes)
4.	**Learning Environment**	Indoor - classroom
5.	**Expected learning outcomes**	- Understanding the importance of language and communication in building relationships - Development of critical thinking - Reflecting on the concepts of empathy, sharing emotions and ethical choices
6.	**Subjects and topics covered**	cyberbullying, knowledge, reflection, critical attitude
7.	**Method description**	The methodology used during the meetings is an active one. No ex-cathedra meetings, but engaging activities to provide students with firsthand and hands-on experiences. Dynamic activities will allow attendees to experience the content in a new, different and involving way. Lessons based on sharing personal experiences, emotions, and sensations allow students to understand deeper and focus on concepts and topics covered. The students will be stimulated to produce contents.
8.	**Tools / Materials / Resources**	Computer, videos, pens, papers and post-it
9.	**Detailed description of the step-by-step description of the activity / sequences of the units**	Video to introduce the topic (5 min) https://youtu.be/SMzRi1-Feh4 After proposing the starting point (video and/or article) ask the pupils what **struck them most** and whether they found **any familiar situations**.

Then reflect on whether the videos always reflect reality or alternatively what are other common behaviours of those who witness acts of bullying and cyberbullying.

Then propose the following questions:

- Who do you think are the actors in bullying and cyberbullying?
- Why is it not easy to react and stand up against the "group"?
- What do you think is the right behavior and how can it be put into practice?

Workgroup:

Divide the class into groups and ask students to prepare posters/presentations to summarize the discussion focusing on:

- What signs can you say that a prank has gone too far?
- List of emotions related to bullying and cyberbullying
- What to do if you are a target or witness of a bullying/cyberbullying situation

At the end of the activity the work of the different groups are compared.

10. Sources	Link to suggested videos:
11. Feedback & assessment	Posters and presentation on the topic
12. Evaluation (for purposes of grading)	n.a.
13. Intellectual property rights	This activity may be copied, distributed, modified, and used for non-commercial purposes, specifying the source.

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| **(IPR)[1] / Origin of the activity** | |

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