We are Excellence.
We are Community.
We are Hebron.

PRINCIPAL'S NEWSLETTER

May 12, 2023

Happy Friday Vikings!

Staff member Erin Johnston shared this photo with me. She took it one morning as she was arriving in our parking lot for work, and I thought it was a beautiful reminder that no matter what, the light always returns. It's been a difficult week for our community, but like any challenge, it presented opportunities for people to shine, to show their best self. From our county crisis team (truly some of the most selfless, compassionate humans on the planet) to the family who dropped off muffins for our staff because they wanted us to know they were thinking of us, to colleagues who reached out, to my amazing Admin team who always puts students first, we're reminded over and over that our light shines brightest when we come together with grace and kindness and a little extra patience.



My heartfelt appreciation to everyone who has made a positive difference over the past week in ways both big and small. We see you. We know you care. Together, we will always be Viking Strong.

With love,
Joelle

STAY CONNECTED–STAY INFORMED

Website: http://mhhs.hcpss.org
Twitter: @hcpss_mhhs
Instagram: @mhhssga
Student Online Newspaper: The Mountain: https://mthmountain.com
PTSA: mthebronptsa.com
Viking Backers: http://www.vikingbackers.org
MTHMU Boosters: https://www.mthebronmusic.org

UPCOMING EVENTS

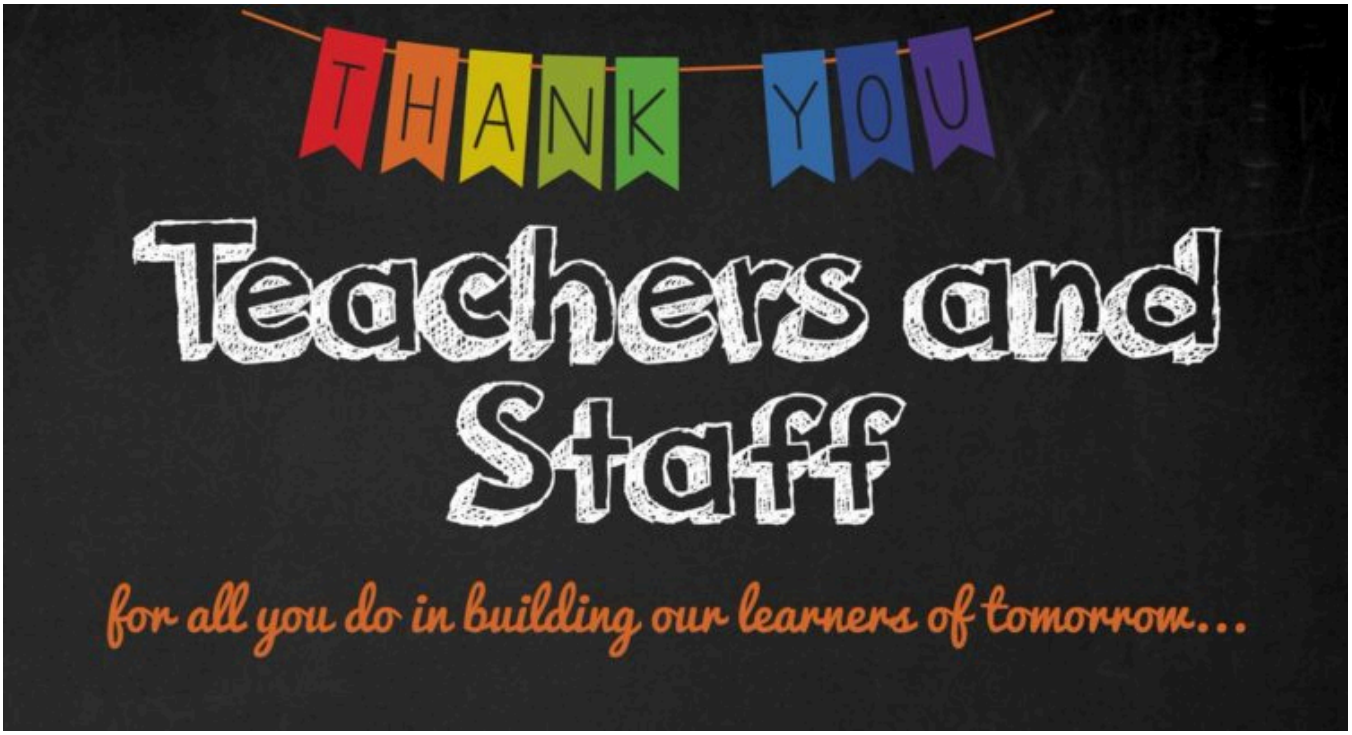
Date	Time	Event
May 12	7pm	Band Concert
May 17	7pm	Lip Sync Battle
May 18	6-10pm	Senior Night @ Savage Mill
May 18	5pm	Jazz Showcase
May 19		Schools closed for students
May 23		Last Day for Seniors
May 24	**7pm**	**GRADUATION!!!!**
May 29		Schools closed for Memorial Day
June 7		Schools close 3 hours early
June 12-13		Schools close 3 hours early
June 14		Last Day of School & 3-hour early dismissal
August 9		Fall sports practices begin
August 28		First day of school for students for 2023-24 school year
September 4		Schools and Offices closed for Labor Day
September 15		Schools and Offices closed
September 25		Schools and Offices closed
September 30		Homecoming (Save the Date!)
October 9-10		Underclassmen photos (9-11) Retake/makeup January 9
October 20		Schools closed for students
October 31		Schools close 3 hours, End of the first marking period
Nov. 20 & 21		Schools close 3 hours early

CELEBRATIONS!

For even more celebrations & good news, follow us on Twitter: @hcpss_mhhs



Thank you to **Daisy Zhang, Michelle Hu** and the committee of **CAPSA** for creating such amazing baskets for staff appreciation week!



Staff Appreciation Week Breakfast





Cookies and Milk







Thank you to Robin Cohoon & everyone who donated for our Staff Appreciation Week breakfast & cookies! Everything was delicious and devoured!!



Thank you to Ms. Rothenberger & her students as well as the Class of 2023 for providing lunch for us on Cinco de Mayo!

Congratulations to all of the students who were inducted into the National Technical Honor Society (NTHS)



Congratulations to all of our amazing seniors who received their Kente Cloth at a special recognition ceremony on Tuesday, May 2nd.



HCPSS 33rd Annual Senior Show and Junior Portfolio Development Exhibition

The following Seniors and Juniors were in the Senior/Junior Showcase. The art exhibit will be up at the Howard County Board of Education through May 17.

Seniors:
Collin Cohoon
Emma Kim
Laasya Madduri
Ana Zoe Rasking
Anna Rauss
Shivani Varia

Juniors:
Ciena Elam (10)
Mary Jackson
Felix Rivers
Katherine Williams

Awards given to:
Emma Kim - Honorable Mention
Shivani Varia - Director's Choice Art Award
Anna Rauss - L. Newton Photo Award







Senior/Junior Showcase Art Awards

Howard County Film Festival

Congratulations to all of these talented Mt Hebron students









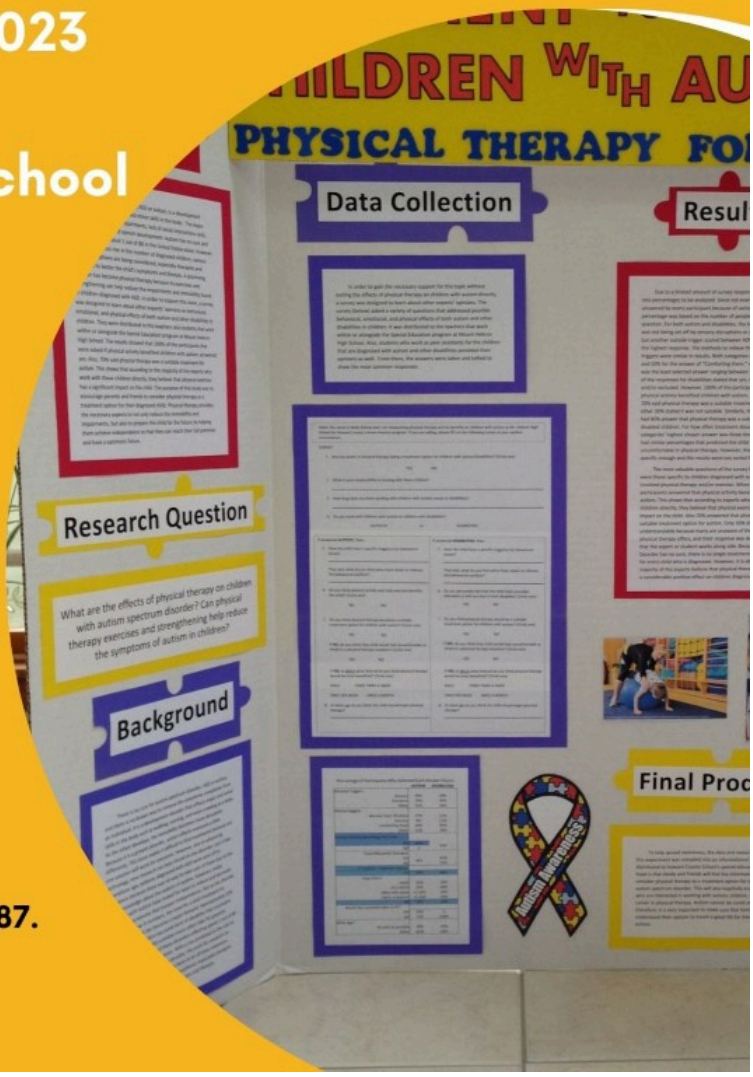
Mt. Hebron High School Gifted and Talented Research Program

CELEBRATION OF EXCELLENCE

A presentation of student research projects

Monday, May 15, 2023
7pm-8pm
Mt. Hebron High School Media Center

9440 Route 99
Ellicott City, MD 21042



Please reach out to Dr. Melissa Kiehl with questions - mkiehl@hcpss.org or 410-313-2887.

News from the Mount Hebron Science Olympiad Team

The Mount Hebron High School Science Olympiad Team competed in the Regional Science Olympiad Tournament at Oakland Mills High School on Saturday, March 25, 2023.

The Varsity team placed 16th overall and the JV team placed 29th overall.

The Varsity team placed high enough to qualify for the Maryland State Science Olympiad tournament on April 22, 2023 at Johns Hopkins University.

The follow students earned awards at the Regional Science Olympiad Tournament on March 25th:

- Sathvik Andhavarapu - Codebusters (1st Place), Remote Sensing (1st Place), Green Generation (2nd Place)
- Saavni Buddha - Dynamic Planet (1st Place)
- Sophia Chen - Cell Biology (2nd Place), Forensics (2nd Place), Green Generation (3rd Place)
- Julia Choi - Codebusters (1st Place), Experimental Design (2nd Place), WiFi Lab (4th Place)
- Akhil Dommaraju - Codebusters (1st Place), Remote Sensing (1st Place), WiFi Lab (4th Place)
- Aarush Kejrwal - Chem Lab (5th Place), Flight (5th Place)
- Jeff Li - Experimental Design (2nd Place), Write It Do It (5th Place), Rocks & Minerals (6th Place)
- Dakash Mathapati - Chem Lab (5th Place), Flight (5th Place)
- Josh Mathews - Cell Biology (3rd Place)
- Dhrithi Obla - Dynamic Planet (1st Place)
- Sruthi Pillai - Cell Biology (2nd Place), Forensics (2nd Place), Green Generation (3rd Place)
- Harini Sethuraman - Flight (4th Place), Remote Sensing (5th Place), Astronomy (6th Place)
- Alex Shemer - Trajectory (1st Place), Environmental Chem (5th Place)
- Prarthana Srimath - Flight (4th Place), Remote Sensing (5th Place), Astronomy (6th Place)
- Srijan Ray - Astronomy (1st Place), Cell Biology (3rd Place)
- Shivani Varia - Experimental Design (2nd Place), Green Generation (2nd Place), Write It Do It (5th Place), Rocks & Minerals (6th Place)
- Abeey Yonas - Astronomy (1st Place), Trajectory (1st Place), Environmental Chem (5th Place)

The follow students earned awards at the Regional Science Olympiad Tournament on April 22nd:

- Sophia Chen - Botany (1st Place), Cell Biology (2nd Place)
- Srijan Ray - Botany (1st Place), Cell Biology (2nd Place)

Congratulations to the students who competed at the Regional and State Tournaments. And a special congratulations to our two **STATE CHAMPIONS** Sophia Chen and Srijan Ray.

Track and Field County Championship

Congratulations to all of our phenomenal track superstars!!!

Day 1

4x800 1st County Champions- Carloine McCaffrey, Gauri Nair, Liesl McMullen, and Michelle Antwi (qualifying time in Outdoor Nationals)
4x800- 3rd Kavin Manivannan, Alex Koster, Wyatt Grabelle, Bradon Fox
4x200- 6th Hannah Belk, Nancy Antwi, Ava Pierre, and Briana Higgs.
4x200- 7th Aaron Abedin, Preston Henry, Adam Thompson, and Boluwatife Momodu
3200- 6th Liesl McMullen, 7th Gauri Nair, 7th Pierson Hogue
Shot Put- 3rd Logan Ruehl

Qualify to finals

Arayana Ladson qualified for the 100m, 100 hurdles, and 200m
Hannah Belk qualified for the 200m
Aaron Abedin 200m
Best performance times, throws, or jumps of the year!
Connor Fries- long Jump 19-00.50
Adam Thompson- 100m- 11. 47, 200m-23.79
Ebube Egbune- Shot Put -31-02.00

Qualified for Outdoor Nations

Carloine McCaffrey, Gauri Nair, Liesl McMullen, and Michelle Antwi 4x800 - 9:44.12
Aaron Abedin 200- 21.7, 400-48.7
Arayana Ladson- 100-11.8, 200- 24.2, 100 hurdles- 14.2
Connor Fries- 300 hurdles
Adam Thompson- 100m- 11.47, Long Jump -20'0.5

Day 2

100m- 1st Arayana Ladson
100 Hurdlers -1st Arayana Ladson
200m- 1st Arayana Ladson
6th - Hannah Belk
6th - Aaron Bedin
400m- Aaron Abedin 2nd
Hannah Belk 4th
Michelle Antwi 6th
800m- Kavin Manivannan 3rd New PR
Caroline McCaffrey 7th
1600m- Caroline McCaffrey 5th
Liesl McMullen 8th
Bradon Fox 6th
300 Hurdles- Briana Higgs 5th
Long Jump- 3rd Arayana Ladson
Discus - Logan Ruehl 4th
4x400- 3rd Hannah Belk, Nancy Antwi, Briana Higgs, Michelle Antwi
5thPreston Henry, Kavin Manivannan, Bolu Momodu, Jalen Joiner



Join Us TONIGHT!



New News


Dancers
MT. HEBRON
Auditions
MAY 16, 2023
3:30-5:30
MHHS DANCE STUDIO
Audition Form


MOUNT HEBRON PERFORMING ARTS PRESENTS
LIP SYNC
Battle
STARRING THE STAFF OF MT. HEBRON
MAY 17
7PM
$5
TICKETS
See performances by your favorite teachers and peers and vote for your favorite act of the night! You don't want to miss it!


Mt. HEBRON
JAZZ
Spring Concert
M. Joseph Fischer - Director
MT. HEBRON HIGH SCHOOL
Thursday, May 18, 2023
5:00pm
ADMISSION FREE • DONATIONS WELCOME
A Program of the Mt. Hebron High School Department of Music


MT. HEBRON
MARCHING UNIT
MtHMU COLOR GUARD - Cavaliers
JOIN US for our Spring Training (Mini-Camps)...
(We will meet in front of Mt. Hebron HS)
Friday, June 2 (5:00pm - 9:00pm)
Saturday, June 3 (9:00am - 12:00pm)
Friday, June 9 (5:00pm - 9:00pm)
Students will be provided hands-on instruction on basic flag and dance techniques.
No prior experience is required!
Please wear comfortable/athletic clothing (including footwear) and bring water.
We will provide everything else that you need.
Questions? Email Mr. Fischer (Band Director) at joe_fischer@hcpss.org.
MT. HEBRON HS COLOR GUARD
known as the Cavaliers
is comprised of students from throughout Mt. Hebron High School.
Students learn to spin flags / rifles
and perform at football games, parades, and other events.
Students DO NOT have to be enrolled in a music class to participate.

Howard County Public School System

HOWARD COUNTY HEALTH DEPARTMENT

Join us for this community resource event to engage students, parents/ guardians, and community members regarding the substance abuse crisis impacting our schools

Hosted by:
Clarksville Middle School
Folly Quarter Middle School
Glenelg High School
Glenwood Middle School
River Hill High School

Student Drug Use: A Crisis We Can't Ignore!

Wednesday, May 10th, 2023
6:00-8:00 PM
Location: River Hill High School

Keynote Speakers
- "What's in that Vape?" with Natalie Hall, HCHD
- "Illicit Drugs and How to Talk to Your Teens?" with Dillon McManus and Scott Sheldon, HCHD

Other attendees will include:
- Congruent Counseling
- Therapeutic Connections
- River Hill HCPD Resource Officer
- Crossroads Psychological
- HCPD Crisis Intervention Section
- NAMI of Howard County

And More!

Affordable SAT & ACT Prep in Partnership with MHHS PTSA

The Answer Class - Affordable SAT & ACT Prep helps students gain confidence in their test-taking abilities and teaches tips and strategies on timing, guessing, and scoring. Students get the prep they need and the school benefits too: 20% of tuition collected is donated to MHHS PTSA. 245+ MHHS students have already benefited from the prep and more than $7,400 has been donated to MHHS PTSA!

SAT Prep Boot Camp at Mt. Hebron HS is right around the corner: Sat., May 20 from 9 am - 5:30 pm. This class will prepare students for the June and August SATs. Register and view our full schedule of in-person and live virtual classes here. Your student can attend ANY prep class that we offer and MHHS PTSA will continue to earn the donation!

THE ANSWER CLASS

Class of 2023 Information

Class of 2023 Graduation, May 24, 2023, 7 p.m.

Ceremonies will be held in person at Merriweather Post Pavilion. More information can be found here.

Senior To Do List

Click here for a handy checklist of everything you need to know in the coming months.

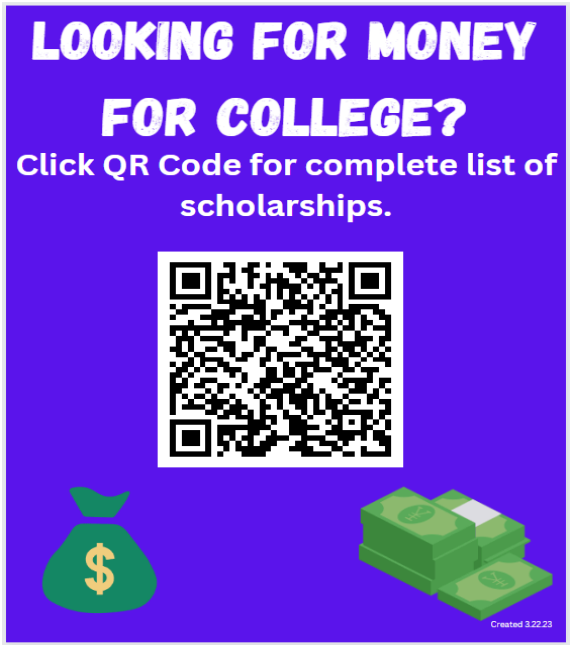
Student Obligations

Please try to bring in your overdue library books before spring break. Drop them off, and pick up a new book to read while we are off.

Seniors will be required to turn in all library books or pay the associated fees to replace them prior to receiving graduation tickets in May. Start hunting for those books!



Counselor's Corner





Event Name: Girls on the Run Sip, Snack & Stroll
Date: Thursday, May 18, 2023
Event Time: 5:00pm-8:00pm
Volunteer Arrival Time: 4:00 pm
Volunteer Departure Time: 8:15pm
Number of Volunteers Needed: 12-22
Location: Howard Hughes Marketing Center
Location Address: 710960 Grantchester Way Suite 110, Columbia, MD 21044
Parking Information: There is a parking garage located next to the Marketing Center
Responsibilities: Support event staff with greeting participants, providing information and overseeing activation stations
Split shifts available: No
Food available for volunteers: Yes, Water & Snacks
What to wear: Dress comfortably and weather appropriate as we will be outdoors.
NHS/SSL Hours Available: Yes, please bring sheet or email jennifer.hott@girlsontherun.org
Registration deadline: May 17, 2023 but asap appreciated
Event Coordinator, phone, email: Jennifer Hott, 410-914-8121 or Jess Duvall, 410-905-1073 Jennifer.hott@girlsontherun.org, jessamine.duvall@girlsontherun.org
Students interested in volunteering should register at this link: https://www.pinwheel.us/register/index/Sip-Snack-Stroll-5-18-2023

The ASPIRE high school internship application for the 2023-2024 academic year is open until June 9th!

ASPIRE is JHU APL's unpaid, learning-based internship that provides high school juniors and seniors with the opportunity to explore careers in science, technology, engineering, and mathematics. During the intensive summer session, ASPIRE interns are paired with APL staff mentors to complete projects, solve problems, and learn and apply crucial technical and interpersonal skills in a hands-on, professional environment.

This summer, ASPIRE is offering:

- In-person, hybrid, and virtual opportunities
- A streamlined application
- A start date of 10/10 or 10/11

Application info sessions will be announced soon.

To learn more about this exciting, free opportunity, as well as our full eligibility requirements, please visit our website. Email any additional questions to Jessica Goodard at ASPIRE@jhuapl.edu.

Jumpstart Summer Courses at HCC

Thinking of having your student take a summer course at HCC? Summer classes are not part of Jumpstart and cost full tuition (see howardcc.edu for more information on tuition/fees). Additionally, you must receive PRIOR APPROVAL by completing the Summer Course Approval Form.

See your counselor for more information! If you are interested in Support Sessions with HCC and Jumpstart: JUMPSTART Support Sessions

Reminders

Beyond School Hours Up & Running

Peer tutoring is available on Tuesdays and Thursdays in the Media Center from 2:40 to 4:00 pm. Tutoring is offered for Math, Science, Spanish, and General Studies. Subject availability may vary depending on tutor availability and cannot be guaranteed on any given day. Students may drop-in, no advance signup is needed.

The activity bus will run on Tuesdays and Thursdays. The bus leaves the school at approximately 4:15. It is open to all students staying after school for school-based activities. Bus stops are listed below. They may be adjusted if there is demand for other locations.

Bus will stop at the following locations:

- Hollifield Station ES
- High Ridge Rd and Rosemar Dr
- Town and Country Blvd and West Springs Dr
- Wheaton Way and Normandy Woods Dr
- George Howard Building – 3430 Court House Dr
- Worthington ES
- Round Hill & Nottingham

Contact Bryna_Weiss@hcpss.org or Sarah_Schmidt@hcpss.org with any questions.

Free One-on-One Peer Tutoring

Want to get ahead in your classes, catch up on material, or just need help studying? Sign up for the National Honor Society's peer tutoring program!

You will be matched with a student tutor that can best help you with your courses at Hebron. Sign up here to request a tutor from NHS. Questions should be directed to mthnhs@gmail.com

Free Bus Passes

HCPSS has again partnered with the Howard County Government and the Regional Transportation Agency of Central Maryland to provide free RTA bus access to students. This supports students who use public transportation to get to jobs and other services and destinations throughout the county. The passes are not intended to take the place of school buses for transport to school. Please contact Allison McCoy (allison_mccoy@hcpss.org) for more information if you are interested.

Support Your PTSA

Mt Hebron's PTSA supports critical academic needs, is an active voice on decisions that impact your child's health, safety, and quality of education, and builds a stronger, more inclusive school community. We invite you to join because increasing our membership, even by one, makes many things possible.

Are You A Proud Viking? Become A Viking Backer!

We invite you to join the Viking Backers Booster Club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization which supports ALL student extracurricular activities including academics, arts & athletics. Visit www.vikingbackers.org to join online.

HCPSS Community News & Programs

Click here to access the HCPSS Community News and Programs page.

Stay Informed about What's Happening in Howard County: Sign up for **HC DrugFree's newsletter** at https://hcdrugfree.org/enews-signup/ to get updates on events as well as information to keep your family safe and informed.