



Russell Sage JHS190
Forest Hills, NY

SAGE MONTHLY NEWSLETTER

SEPTEMBER 2025

Translations

- | [中文](#) | [Español](#) | [Русский](#) | [العربية](#) | [বাংলা](#) | [أردو](#) | [Français](#) | [日本語](#) |

Table of Contents

- [Principal's Address](#)
- [Gym Uniform](#)
- [Subject Focus](#)
- [Dean's Update](#)
- [School Counselor Update](#)
- 8th grade -High School Admission
- [Library Update](#)
- [School Nurse Update](#)
- [Parent's Corner](#)

- [Sage Family Engagement - Sep & Oct](#)
- Orientation Slide
- PTA /SLT
- Family Income Inquiry Form

- [Home Device Request](#)
- [Grading Policy](#)
- [Homework Guideline](#)
- [School Policy](#)
- [JHS190 Communication](#)

Principal's Address

Dear Russell Sage Families,

Welcome to the 2025–2026 school year at Russell Sage JHS 190! Whether you are returning or joining us for the first time, we are thrilled to have your family as part of our vibrant and diverse school community.

At Russell Sage, our mission is to inspire and empower every student to be a lifelong learner and problem solver, guided by the practice of inquiry. We are deeply committed to differentiated teaching, social-emotional learning, and preparing our students for high school, college, careers, and meaningful contributions to their communities.

What to Look Forward To This Year

☀️ A Rich Academic Experience

Our students will engage in rigorous, inquiry-based learning across all subjects. With a dedicated staff of 84 teachers, we support a heterogeneously grouped student body of over 1,000 students in grades 6–8. Our curriculum is designed to meet the diverse needs of our learners, including English Language Learners and students with special needs.

🎨 Enrichment and Creativity

From visual arts and music to technology and world languages, students will have opportunities to explore their passions and develop new skills.

🤝 Community and Belonging

We are proud to serve the culturally rich neighborhood of Forest Hills. Our school fosters a welcoming environment where every student and family feels seen, heard, and valued. We participate in community outreach from donations to homeless shelters, marching in Memorial Day parades and put on a concert for local assisted living facilities!

🛡️ Safety and Well-Being

Your child’s safety is our top priority. We’ve implemented comprehensive safety protocols, including emergency drills, visitor procedures, and staff training aligned with NYCDOE guidelines. Our Safety Committee is active and engaged in ensuring a secure environment for all.

📅 Important Dates and Events

Always check for updates on Back-to-School Night, parent workshops, student showcases, and more. We encourage all families to participate in school events and join our Parent

School Calendar

9/4 **First Day of School**

9/10 2026 **Disney Trip Info Session** 6:00PM ZOOM

9/11 **PTA Executive Board Meeting** 6:30 PM

9/16 **Disney Trip Info Session** 9:30 AM [Zoom](#)

9/17 **SLT Meeting 7:30 AM**
Location: RM 205 (in person) / [Zoom](#)

9/18 **Back to school night! 5pm -8pm** Location: Virtual

9/21 **Gym Uniform 2nd Window closes * Last window: 9/22-10/12**

9/23 & 9/24 Rosh Hashanah, schools closed

9/30 **PTA General Membership Meeting 7 PM** Location: Zoom

Coming up!

10/1 **Family Workshop/ NYC Schools Account info session for new families** Location: School Auditorium

10/2 Yom Kippur, schools closed

10/13 Italian Heritage/Indigenous Peoples' Day, schools closed

10/20 Diwali, schools closed

Association to stay connected and involved.

We are excited to partner with you in making this school year a successful and joyful one. Please don't hesitate to reach out with any questions or ideas. Together, we will make 2025–2026 a year of growth, discovery, and community.

Warm regards,

John Greggo
Principal, Russell Sage JHS 190

[Back to School Night](#)

Good Morning Sage Owls,

As a reminder - we invite you to our Curriculum Night on Thursday, 9/18/25 from 5-8:00 pm! You will have an opportunity to follow your child's schedule, meet their teachers and learn about instructors' expectations, policies, procedures as well as the curriculum for the school year. This is a general meet and greet with your child's teacher. *If you have specific questions about your child - please email the teacher to contact you separately. Emails can be found on our [website](#).*

Flow of the evening: Class designations are listed at the top of each schedule - please follow your child's schedule. Each class & teacher has their Zoom meetings linked - you can access their meeting by clicking their name(s). Please follow the times listed on the left hand side. Every session is 20 minutes long beginning at 5:00 pm with 3 minutes of transition to the next zoom built in. On the days your child has different classes, such as talent & PE, either choose one or visit both for a short period of time. *For talent - only attend your child's specific talent class. This can be found on their schedules on NYCSA & Teachhub.*

“Break”: If you have a “break” listed on your child's schedule - that is either a lunch period or additional periods with a teacher you will already visit throughout the evening. You can utilize this time to either have a break between sessions or visit with a member of the student support team. Please be advised the student support team meets with families in a 1:1 setting as the conversations are personal to their situations, so you may be put into a waiting room until your turn.

Grade 6 - Schedules: [9/18/25 Back to School Night - GRADE 6](#)

Grade 7 - Schedules: [9/18/25 Back to School Night - GRADE 7](#)

Grade 8 - Schedules: [9/18/25 Back to School Night - GRADE 8](#)

Zoom links will not be active until 9/18/25 at 5:00 pm

We hope you enjoy this evening and find it to be informative! Please reach out to me if you have any questions, concerns or trouble logging on with our staff.

Respectfully,
Russell Sage Administration

PE Uniforms

Gym uniform is available to purchase online:
Visit WWW.SMOOTHUSA.COM/JHS190Q

T-shirt and mesh shorts are required to wear during PE. Other items are optional.
Find your child’s size in [this chart](#). The samples are available during the August Orientation for incoming students.

Uniform Ordering Windows

<u>Window #</u>	<u>Ordering Window</u> <u>Open/Close Date</u>	<u>Approx. Distribution Date</u> <i>**Items are distributed during PE periods</i>	
Ordering Window #2	8/18-9/21	Mid October	
Ordering Window #3	9/22-10/12	Early November	

SUBJECT FOCUS

ELA

Welcome to the 2025–2026 School Year!

We hope you had an incredible, restorative summer—full of joy, new experiences, and well-deserved rest. Now, the time has come, and we couldn’t be more thrilled to kick off another amazing school year at Sage—together!

We’re looking forward to an exciting year of collaboration, growth, and inspiration as we work side-by-side to support our students in becoming confident, critical thinkers and lifelong lovers of literature.

To launch the year, we’ll begin with “Unit 0”—a department-wide frontloading unit designed to equip our students with the essential skills and knowledge they need to thrive in our HMH Into Literature curriculum. At the same time, our Foundations classes will dive into enriching novel studies, creating a strong literacy foundation for all learners.

We’re energized by our collective growth in the art and craft of English Language Arts—and we’re confident this year will be a transformative one for both students and educators alike.

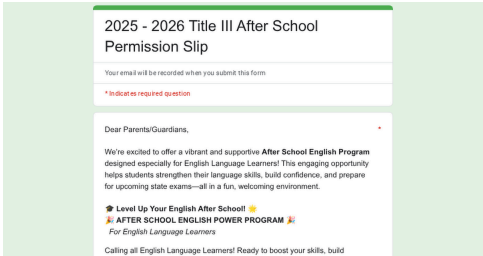
Looking forward to an incredible year,
The Sage ELA Department

This is a snapshot of our tentative schedule:

Unit 3 - Finding Courage <i>EQ: How do you find courage in the face of fear?</i> Informational Essay	Unit 6 - Change Agents <i>EQ: How can changing the world change you?</i> Research Report	Unit 3 - Places We Call Home <i>EQ: What are the places that shape who you are?</i> Short Story	Feb 2nd - April 17th Unit Test Administration Deadline: April 22nd
Unit 4 - Though an Animal’s Eyes** <i>EQ: What can you learn from seeing the world through an animal’s eyes?</i> Argument Writing Piece	Unit 3 - The Terror and Wonder of Space** <i>EQ: Is space exploration a daring adventure or a dangerous risk?</i> Argument Writing Piece	Unit 4 - The Fight for Freedom <i>EQ: What will people risk to be free?</i> Research Report	April 27th - EOY Unit Test Administration Deadline: EOY

iReady Administration:

iReady BOY Administration	iReady MOY Administration	iReady EOY Administration
Thursday, 9/25/2025 Deadline: October 3rd	Thursday, 1/15/25 Deadline: January 23rd	Thursday, 5/21/25 Deadline: May 29th



2025 - 2026 Title III After School Permission Slip

forms.gle

 **Upcoming ELL Parent Meetings** We will be hosting four virtual meetings to share important updates, answer your questions, and build a strong home-school connection. Please mark your calendars:

ELL Parent Meeting #1: Monday, 9/29/25, 6pm - 8pm

- Topics
 - High School Application Process
 - Important Dates
 - Introduction to GMA - Grades, Attendance & Messaging Application
 - Questions & Answers

Zoom Link:

 NYSESLAT Results Notification

The New York State English as a Second Language Achievement Test is an annual exam and the only one designed to measure English Proficiency levels of ELLs. In the coming weeks, you will receive a letter from our department with your child’s English proficiency level based on the NYSESLAT assessment from May 2025. This information helps us tailor instruction to meet your child’s needs.

NYSESLAT/NYSITELL Level	This means the student’s English level is...
COMMANDING (CM)	Proficient - Former English Language Learner
EXPANDING (EX)	Advanced
TRANSITIONING (TR)	High Intermediate
EMERGING (EM)	Low Intermediate
ENTERING (EN)	Beginning

 **Stay Connected** We always welcome your emails! Please feel free to reach out with any questions, concerns, or suggestions. Your voice matters, and we are here to support you.

Ms. He, Mandarin and ENL Teacher ehe3@schools.nyc.gov

Ms. Kim, ELA Enrichment and ENL teacher jkim24@schools.nyc.gov

Ms. Tong, ELA Enrichment and ENL teacher ctong2@schools.nyc.gov

Wishing you and your family a joyful and successful school year ahead!

MATH

Welcome back! Our Math Department uses the enVision curriculum alongside supplemental resources. To access enVision materials, login to Teachhub→clever→enVision

Grade 6

- Routines & Rituals
- Pre-Assessment via iReady
- Multiply & Divide decimals
- Add & Subtract fractions
- Multiply fractions

Grade 7

- Routines & Rituals
- Pre-Assessment via iReady
- Rational Numbers
- Multiplying & Dividing Positive and Negative Numbers
- Adding & Subtracting Positive and Negative Numbers
- Introduce calculator
- Sign Project

Grade 8 - Algebra I

- Routines & Rituals
- Pre-Assessment via iReady
- Real Number System
- Operations with Radicals
- Law of Exponents
- Graphing Calculator Project

Grade 8 - Geometry

- Unit 1 Geometry Foundations including Lines & Angles
- Constructions
- Deductive Reasoning, Simple Proofs
- Parallel and Perpendicular Lines
- Triangle angle Sum Theory
- Slopes

Important Dates:

- [iReady PreAssessment Exam](#) - Math: 9/25/25 & ELA: 9/26/25
- 6th & 7th Grade: NYS Math Exam - *tentative* April 28th & April 29th
- 8th Grade, 7E1& 7S1: Algebra I Regents - June 17, 2026 - NO MAKEUP
- 8S1: Geometry Regents - June 23, 2026 - NO MAKEUP

Physical Education

We’re excited to kick off the school year in Physical Education with our opening units of soccer and the FitnessGram assessment. To ensure everyone is ready to participate safely and comfortably, students are expected to be in PE uniforms starting October 1st. Until then, students may wear athletic clothes they can move in—such as sweats, shorts, or t-shirts.

Proper footwear is required for all classes: sneakers with laces (no slip-ons, sandals, or boots). We also encourage students to bring a water bottle to stay hydrated during activities. We’re looking forward to an active and fun start to the year!

Science

Welcome back! Our 6th & 7th grade Science Department uses the Amplify curriculum alongside supplemental resources. To access Amplify materials, login to Teachhub→clever→Amplify. For Grade 8-Biology, our teacher developed curriculum is aligned to the Next Generation Science Learning Standards.

Grade6

- Rituals & Routines
- Pre-Assessment
- Lab Safety
- Unit 1 - Harnessing Human Energy
 - Chapter 1 - What is Energy?

Grade 7

- Rituals & Routines
- Pre-Assessment
- Lab Safety
- Unit 1- Microbiome
 - Chapter 1: Microorganisms On and In the Human Body

Grade 8

- Rituals & Routines
- Pre-Assessment
- Lab Safety
- Scientific Method
- Introduction to Biology

Important Dates:

- 8th Grade: Biology Regents - June 18, 2026 - NO MAKEUP

***Students must complete 1200 minutes of labs to qualify to sit for the regents exam.
Please contact your child’s teacher if you have questions or concern***

Social Studies

We’re thrilled to welcome you and your child to an exciting new year in the Social Studies Department! Our team has been working collaboratively to ensure that the 2025–2026 school year is filled with rich learning experiences, critical conversations, and meaningful engagement with history and current events. Below is a preview of what each grade level will be exploring this September:

Grade 6 – Global Foundations

Our sixth graders will begin the year by setting the stage for success—learning classroom routines, digital tools, and beginning their journey into global studies.

- Class Rules & Procedures
- Google Classroom Setup
- September 11th Project – Honoring and learning from history
- Social Emotional Learning through the Brain Power program
- Introduction to Historical Thinking Skills (aligned with the new NYS Regents Framework)
- Geography & Human Development
- Socratic Seminar: Sharing and discussing student-written travel articles

Grade 7 – U.S. History: A Nation Begins

Seventh grade students will take a deep dive into the foundations of the United States, developing skills in historical analysis and civic thinking.

- Introduction to the U.S. History Regents Framework
- Google Account & Tech Setup
- Growth Mindset Workshop + Exploration of the Bill of Rights
- Reflections on the events of September 11th
- Historical Document Analysis & Critical Thinking
- Life in the British Colonies: Political, social, and economic perspectives
- Understanding the End of Salutary Neglect (The French & Indian War)
- The Enlightenment Movement and roots of American independence

Grade 8 – U.S. History: Growth and Conflict

Eighth grade marks a continuation of U.S. history with a strong focus on Regents preparation, while encouraging deep analysis of pivotal moments in our nation’s past.

- Regents Framework Overview & Digital Tools Setup
- Growth Mindset Workshop + Re-examining the Bill of Rights
- Commemorating and studying September 11th
- Advanced Document Analysis & Historical Thinking
- Deepening understanding of colonial dynamics and conflict
- The French & Indian War as a historical turning point
- Enlightenment philosophies that shaped our democracy

 Important Info for 8th Grade Families

U.S. History Regents Exam:

 Friday, June 23, 2026

 Please note: There are no makeup dates for this exam.

Looking Ahead

We are so excited to share this learning journey with your children and to foster a love of history, inquiry, and civic responsibility. Thank you for your continued support, and we look forward to an engaging and impactful school year! Warm regards,
The Russell Sage Social Studies Department

Talent

ART

Welcome to the 2025-2026 school year! Hopefully you all had a safe, restful and enjoyable summer and are ready to come back for an exciting year.

We would like to share some new information regarding the upcoming school year.

This semester in art, we will be doing all sorts of amazing things! We'll learn about color theory, drawing techniques and basic construction while honing your observational skills.

We'll also take a visual tour of some of the most famous art works from history . All the while, connecting some cross-curricular learning. It is our goal that all students will leave art with a strong capability to solve problems creatively, which is a highly sought after skill in today's world.

Band

Welcome to band!

I am so excited to meet all of the new band students as well as continue to learn with those who have been in band the last year or two! All of the 7th and 8th grade students are receiving their instruments and will begin reviewing everything they have learned last year. The 6th grade students have been introduced to the band insuments and will begin the very first steps of learning the one they have chosen!

Please make sure your child has submitted the instrument rental agreement in order to reveive an instrument. The \$40 band fee is due on Friday October 10th. If you have any questions about the rental process, please feel free to reach out at agrzywaczzastaw2@schools.nyc.gov.

The Tri-M Music Honor Society will be holding auditions for new members on Tuesday October 21st at 7:15AM and 2:30PM. Any students interested in applying must fill out the [registration form](#) and prepare a 30 second solo on the instrument of their choice. Pianists and vocalist are encouraged to apply!

Any questions about Tri-M, please contact Ms. Z at agrzywaczzastaw2@schools.nyc.gov

Dance

Happy September and welcome back! My name is Ms. Acquisto (Ms. A). I am so excited for another year at Sage, I can already tell it is going to be a great one. At the beginning of the year, students brought home a welcome letter with information about our class as well as a class contract. Please take a moment to review all those documents and reach out with any questions. I want to remind everyone about the importance of wearing appropriate attire for dance class. Any sort of athletic wear is acceptable, sweatpants, leggings, basketball shorts etc.

This year, there will be two dance shows, a Winter Concert on December 10th and a Spring Concert later in the year. After school Dance Club will be starting back up soon on Wednesdays for anyone who wants extra practice. There are also two more opportunities for more dance training in Advanced Dance Club on Tuesday mornings and National Honor Society for Dance Arts on Wednesday mornings. Both new clubs are audition based. Please watch for an email from Ms. Obata with all information on how to register for extra curriculars. Have a great month!

Orchestra

This year we have a large influx of 6th graders going into Orchestra! Our 7th and 8th graders are back. They are ready to practice, hone their musical skills and learn some new music. This year 7th and 8th graders will be performing in the winter concert on December 18th at 4:30pm. The honors orchestra will also be performing in October and November for Open House. We're looking forward to another musical year here at Sage!

World Language

Welcome back!

We hope you had a wonderful summer and are looking forward to an exciting school year!



New This Year

French Enrichment Program: All students, from grades 6, 7 and 8, are invited to attend our French enrichment program on Wednesdays from 2:25 pm, in Room 340. 6th graders will benefit from learning beyond the classroom; 7th graders can continue their study of the language and 8th graders will review concepts to set them up for success beyond the Proficiency Examination. A detailed program syllabus to follow. Enrollment will be on a first come first serve basis. Look for more information regarding sign up.

Grade 6

French

In September, students will learn and practice the most frequently used phrases in class. Students will work on creating charts to use in class, to include phrases such as *may I drink water, I have a question, I understand/I do not understand*, etc. Students will then start learning the verb *aller* (to go) and practice our speaking procedures. 6th graders will also learn our weekly song protocol to practice listening, speaking skills and gain a cultural understanding of the French-speaking world.

Spanish

Welcome to 6th Grade Spanish Class! We are excited to welcome you to the 6th grade Spanish class for the 2025-2026 school year! We look forward to a year full of learning and exploration. In September, our amazing 6th graders will work on learning about Spanish-speaking countries and understanding the benefits of learning Spanish. This month will also focus on getting to know each other and building strong relationships to foster a welcoming learning environment. We look forward to working together towards the success of our children.

Grade 7

Mandarin

七年级的同学们, 欢迎你们! Our seventh-grade Mandarin students are engaging in a comprehensive review of Chinese Pinyin, numerical concepts, as well as fundamental greetings. In mid-September, students will build upon these skills by learning to discuss dates, ages, telephone numbers, and family. This will provide a strong foundation for the rest of their Mandarin studies this year.

Spanish

Students will focus on building a strong foundation in the language. They'll start by learning basic vocabulary, including greetings, introductions, and everyday phrases. Emphasis will be placed on practicing pronunciation and constructing simple sentences. Activities will include interactive games, group exercises, and role-playing scenarios to help students gain confidence in speaking and understanding Spanish. Additionally, students will explore aspects of Spanish-speaking cultures through fun and engaging activities, creating a welcoming environment for beginners.

Grade 8

French

8th graders will be focusing on strengthening their speaking, reading, and writing skills while increasing their vocabulary to prepare for the Second Language Proficiency Exam that will take place on Monday, June 22th, 2026.

Mandarin

八年级的同学们，欢迎你们！Eighth-grade students are currently focusing on an exploration of the human body. Throughout this unit, students will not only expand their vocabulary in the target language but also develop a practical understanding of the names and functions of various body parts. Engaging activities, such as physical characteristics and interactive role-playing scenarios will be incorporated to reinforce language acquisition in a meaningful context. This unit aims to make language learning practical, relevant, and enjoyable while fostering a deeper understanding of the human body.

Spanish

¡Bienvenidos estudiantes y familias! Welcome to all of our students and families to the 2025 - 2026 year! The 8th grade Spanish Teachers (Mr. Amster, Mrs. Ramirez, & Ms. Zhukovsky) are excited to welcome you back to school and engage with you on this language journey. As mentioned in our Department Welcome Letter, students will be taking the Checkpoint A Exam on Monday, June 22, 2026; this will be discussed in more detail at Back to School Night on September 18, 2025. Teachers have spent the first two weeks getting students acclimated to the classrooms, our routines, and setting them up for success. Beginning on Monday, September 15, 2025 we will begin with Hispanic Heritage Month and Hispanic Identity. Students will have the opportunity to learn about the various cultures and identities across the Spanish Speaking World. Additionally, we will be introducing students to various authentic resources and media to immerse them in the culture of the Spanish Speaking World. We are excited for an amazing year!

Library

Welcome Back to School! My name is Ms. Goodman, and I am your school librarian. I am so excited to be at Sage and help you learn, read, and create!
My goals for September are to have all classes come in for library orientation and invite classes in for Banned Books Week.

Library Resources:

New and Improved Library
Website!!!!<https://sites.google.com/schools.nyc.gov/jhs-190-russell-sage-library/home>

JHS 190Q Russell Sage Book / e-book Catalog:
<https://search.follettsoftware.com/metasearch/ui/39727>

SORA - E-Books and E-Audiobooks:
Sign in using your school account and connect yourself to both NYC Department of Education and Queens Library for free access to thousands of e-books and e-audiobooks - <https://soraapp.com>

LIBRARY GOOGLE CLASSROOM CODE:j3rbgqco
Join the library Google Classroom to find out what's new in the library, about library activities and resources, and to talk about what you are reading with other students.

Library Hours - Open Access for Students
Monday-Friday

Before School - Monday-Friday - 7:45-7:55 am - Book checkout and return, while Ms.Goodman is in the library

After School - Times/start date to be set in October: Stay Tuned!

Student Lunch Access: Will start Tuesday, September 30th!

Dean’s Update:

Welcome back to Sage 7th and 8th grade students and families. Welcome to Sage 6th grade students and new 7th and 8th grade students and families. I hope to meet you in the upcoming months.

If your child experiences any forms of bullying, be it verbal or physical, please tell your child to come see me or Ms. Payne asap. I am in room 141B on the 1st floor. My contact information is: palban@schools.nyc.gov; phone #:718-830-4970, Ext. 2412. Ms. Payne is in room 323B on the 3rd floor. Her information is: fpayne@schools.nyc.gov; phone #: 718-830-4970, Ext. 1523.

All parents and students should be familiar with the citywide discipline code also known as the citywide behavioral expectations. Please view the link below for reference throughout your child’s attendance in NYC Public schools:

[Citywide Behavioral Expectations to Support Student Learning Grades 6–12.](#)

MP1 assemblies for all students will be held during the first full week of September to address a variety of topics that will help them be successful this school year. Please ask your child about the assembly. We will also be having assemblies to address Chancellors Regs. A-831 and A-832 in the weeks that follow. These address sexual harassment and bullying/ cyberbullying. These two assemblies are mandated by the NYCDOE and must be completed by October 31.

All students should bring their school IDs to school in the mornings. New students will receive their IDs during the first few weeks of school.

Students will be receiving their Yondr Pouches in the next few days. Students will put their phones, smartwatches and earbuds in the pouches before they swipe in at morning entry. During dismissal, the magnets will be up on all exits for students to open their pouches. If a student loses/ damages their pouch, there will be a \$30 fee to purchase a new one. All students must have a Yondr Pouch.

Glass drink bottles and drinks from Starbucks, Dunkin Donuts, and 7-11 are not permitted in school. Students should bring bottles of water instead. Spray bottles of any kind are also not permitted for safety reasons. If your child has a spray perfume/ cologne bottle of any kind, it will be taken and returned in June 2026.

There will be Parent Workshops in the fall to review the NYCDOE’s Discipline Code. Please look out for information from Ms. Obata, our Parent Coordinator, regarding these meetings. The 1st one will be held on Thurs., Sept. 18th, during “Back to School Night,” and the 2nd one will be held on Wed., Oct. 1st, at 10:30am.

The quickest way to see Dean Payne or myself is to schedule a meeting. If you arrive at school without a meeting, please understand that we may not be able to see you immediately. Dean Payne and I are **not available between 7:30am-8:45am** because we are facilitating morning entry with the students. Thank you for your understanding.



Dean
Ms. Payne
fpayne@schools.nyc.gov
Phone ext. 1523
Dr. Alban
palban@schools.nyc.gov
Phone: ext. 2412

School Counselor Update

Grade 8

Please start searching for High Schools in the link below
<https://www.myschools.nyc/en/schools/middle-school/>

[Reserve Your Appointment with Del Rio](#)

[Find Your Perfect High School](#)

[Start Your High School Application on October 7th !](#)

High School Admission Workshop led by Ms. Del Rio

10/8/25 9:00 am	High School Application Workshop <i>-virtual</i> Led by Ms. DelRio	Link: Join here!
10/14/25 9:00 am	High School Application Workshop <i>in person</i> Led by Ms. DelRio	Rm. 205 or Auditorium
10/26/25 10:00-11:00 am	High School Application Workshop <i>-virtual</i> Led by Ms. DelRio	Link: Join here!
10/28/25 6:00-7:00 pm	High School Application Workshop <i>in person</i> Led by Ms. DelRio	Rm. Auditorium

6th Grade Counselor
Ms. Goldstein
mgoldstein5@schools.nyc.gov
7th Grade Counselor
Ms. Del Rio
IColomedelrio@schools.nyc.gov
8th Grade Counselor
Ms. Ebony
ECochran2@schools.nyc.gov

SHSAT

ADMINISTRATION DATES

FOR 8TH GRADE STUDENTS



**WEDNESDAY,
NOVEMBER 12**
SHSAT SCHOOL DAY
ADMINISTRATION



**SATURDAY,
NOVEMBER 15**
SHSAT WEEKEND ADMINISTRATION
FOR 8TH GRADERS



**SATURDAY,
NOVEMBER 22**
SHSAT WEEKEND
ADMINISTRATION
FOR 8TH GRADERS



ATTENTION 8TH GRADERS!

It's time to apply for High School!

¡ES HORA DE SOLICITAR INGRESO A LA

HIGH SCHOOL!



**COME SEE
VENGAN A VER A**



COUNSELOR DEL RÍO

**FOR HELP COMPLETING YOUR
HIGH SCHOOL APPLICATION**

IMPORTANT DEADLINES FECHAS IMPORTANTES

Oct 7, 2025 Application opens
Se abre la solicitud

Oct 31, 2025 SHSAT registration closes
Cierra la inscripción SHSAT

Dec 3, 2025 Application deadline
Fecha límite de la solicitud

Mar 5, 2026 Offers released
Resultados publicados

**YOUR FUTURE STARTS HERE – APPLY TODAY!
TU FUTURO COMIENZA AQUÍ – ¡SOLICITA HOY!**

School Nurse Update

Parent's Corner

[JHS190 Weekly Update - Stay connected!](#)

If you missed our latest school update, please take a moment to open:

https://docs.google.com/document/d/1P8UKT_Ty_8Ff_F7lqCOH9AZgBuuhaZOCPLyQOBwRKkl/edit?usp=sharing

This week’s update includes:

-  **After School Programs** – Details on available programs and how to register
-  **Community Events** – Upcoming local events for families and students
-  **School Notifications** – Important announcements and reminders recently sent out

We encourage all families to stay connected and informed. If you have any questions, feel free to reach out!

Warm regards,

Shoko Obata

Parent Coordinator, JHS190

Sage Family Engagement - Sep & Oct

Save the dates!

DATE & TIME	TOPIC	ZOOM LINK	RESOURCES
9/16/25 9:30 AM	2026 Disney Trip Q&A Session led by Ms. Monahan & Ms. Obata	Link: Join here Meeting ID: 990 0346 3700 Passcode: 572054 +16465588656	
9/18/25 5:00-8:00 pm	Back to School Night <i>You will have an opportunity to follow your child’s schedule, meet their teachers and learn about instructors' expectations, policies, procedures as well as the curriculum for the school year.</i>	• Grade 6 - Schedules • Grade 7 Schedules • Grade 8 Schedules	
9/30/25 7:00 pm	September PTA Meeting - virtual	Link: :Zoom Meeting Meeting ID: 956 6394 9353 Passcode: 945890 +16465588656, US (New York)	
10/1/25 9:00 AM	Learn about MS/ Discipline Code - In person Led by Dr. Alban & Ms. Obata	Room 205	Discipline Code Presentation
10/3/25	Coffee with Principal Greggo - in person Led by Mr. Greggo	Room 205	
10/8/25 9:00 am	High School Application Workshop -virtual Led by Ms. DelRio	Link: Join here!	HS Admissions Slide Deck
10/14/25 9:00 am	High School Application Workshop in person Led by Ms. DelRio	Rm. 205 or Auditorium	HS Admissions Slide Deck
10/15/25 7:00-8:00 pm	iReady BOY Assessment Review <i>Presented by iReady</i> *Please bring your child’s iReady results to the meeting*	Link: Join here	- Session Recording & Transcript - Understanding Your Child’s Diagnostic Results

	<i>Online access: Login using your child's credentials to access Teachhub → Clever → iReady. In the upper right hand corner, click drop down for "Family Report".</i> Report Code:		- Student Dashboard Reference Sheet - iReady Family Welcome Center
10/22/25 9:30-10:00 am	Family Committee <i>Purpose: Share Sage experiences and provide feedback and ideas to administration for continuous improvement.</i>	Link: Join here	Agenda
10/26/25 10:00-11:00 am	High School Application Workshop-virtual Led by Ms. DelRio	Link: Join here!	HS Admissions Slide Deck
10/28/25 6:00-7:00 pm	High School Application Workshop in person Led by Ms. DelRio	Rm. Auditorium	HS Admissions Slide Deck
10/28/25 7:00 pm	October PTA Meeting - in person	Rm. Auditorium	

[Orientation Slide for incoming families](#)

[2025-2026 Orientation Slide](#)

PTA General Membership Meeting

The first monthly PTA General Membership Meeting will be held on **September 30, 2025** at 7 PM. The PTA monthly meetings are held on the fourth Tuesday.

Date: September 30, 2025
Time: 7 - 8 PM
Location: Zoom: Link will be followed.

Contact the PTA Executive Board at secretaryPTA190@gmail.com for any questions.



PTA Documents:
 -[Bylaw](#)

2025-2026 Executive Board Members:

PTA President:
 Malissa Gopie
Recording Secretary:
 Lixuan Wang
 Gill Kendall
Treasurer:
 Lucia Kitchen
Communication Secretary:
 Scott Lerner

SLT Meeting

The first SLT Meeting will be held on **September 17, 2025** at 7:30 AM.

Find the [Meeting Agenda here](#).
Date: September 17, 2025
Time: 7:30 AM - 9 AM
Location: Room 205 / [Zoom Link](#)

Meeting ID: 932 6446 3873
 Passcode: 165840

One tap mobile +16469313860,,93264463873#,,,,*165840# US

2025-2026 SLT Members:
 John Greggo

Malissa Gopie
 Jo-Ann Geneste
 Chloe Shest
 Diana Baldermann
 Sasha Cruz

Documents:
[SLT Bylaw](#)
 Agenda /Minutes will be posted on our website.

Family Income Inquiry Form (formerly known as Lunch Form)
Please complete the 2025-2026 Family Income Inquiry Form online -
www.myschoolapps.com .

The Family Income Inquiry Form is the basis for determining the school’s eligibility for the additional funding.

- Visit www.myschoolapps.com
- Select New York City Schools as your district.
- You need your child’s 9-digit student ID # (OSIS ID#)
- Add your school - 28Q190
- Click the Submit button
- You will receive the email confirmation.

If families qualify by submitting the inquiry form, their child will be entitled to:

- Priority group for the **Diversity in High School Application**. Find out High Schools that are participating in diversity initiatives: [Diversity in Admissions](#).
- College Application Waiver in High School
- Advanced Placement (AP) Exam/ ACT fee waivers in High School

Regardless of income, we ask all families to submit it annually so that our school can be eligible to receive additional funding.

If you need assistance to submit your form, please contact **Ms. Obata** at sobata@schools.nyc.gov or call **929-553-8492**

Need a Home Device for Your Child?

If your child needs a device for home use, please have a primary guardian complete the [Device Support Request Form](#). We do not accept requests from students.

Once we confirm your child hasn’t received a device from NYC Public Schools, we’ll issue our school device.

♦ **Important Reminders:**

- For home use only by the assigned student.
- Do not share with others.
- Do not bring to school—classrooms have computers.

 **Pickup:** Students can visit Room 105 / Period 8 on Mondays & Thursdays only

 **Return:** Devices must be returned before leaving JHS190.

Questions? Contact Mrs. Obata at sobata@schools.nyc.gov. Or call ext. 1052
More info: [NYCPS Device Info](#)

2025-2026
Grading Policy

Classwork, Questioning & Discussion	40%
Assessments	40%
Homework	20%

	<i>TOTAL</i>	100%
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2025-2026

HOMEWORK GUIDELINES

Posting of and Length of Homework Assignments

- Homework may not be assigned or posted any later than 2:20 p.m. for any task that is due the following school day.
- *Homework for each course should not exceed 30 minutes each school night.*
 - Long-term projects should be assigned well in advance with adequate time to complete the projects.
 - If a student is unable to consistently complete homework assignments within these limits, first take stock of the homework environment to make any changes that would contribute to a more efficient completion of homework: organize the student’s workspace, make the workspace quiet, and eliminate distractions such as social media, video games, etc.
- Teachers may assign homework in advance but must follow the nightly homework limit. For example, if 2 hours of homework are assigned at a time for class, the entire assignment should be spread across at least 4 nights (30 minutes per evening).

Long Term Assignments

- Long term assignments, defined as any project spanning 2+ days, should have check-ins and provide feedback to students prior to the final submission.

Submitting Homework

- Homework submitted in person may not be due any earlier than at the start of class. For example, if a class is at 10:24 a.m. Monday, homework may not be collected any earlier than 10:24 a.m. Monday.
- Online homework may not be due any earlier than 8 a.m. the day that it is due. For example, if the class is at 10:24 a.m. Monday, online homework may not be due any earlier than 8 a.m. Monday. Assignments submitted blank will be considered late.
- Students caught cheating or plagiarizing will receive an automatic 0 for the assignment. There will be only 1 opportunity to resubmit.
- *Students are expected to complete their homework assignments and turn them in on their due dates.*

Teacher Review of Homework

- Teachers will review and return homework in a timely fashion (**5 business days**) and, to the extent possible, review the material on homework assignments before the corresponding exam.

Vacation Policy

This section refers to three vacation periods: Winter Break, Midwinter Recess, and Spring Break.

- Teachers will not assign any homework, projects, or extra credit for completion over a vacation period as school vacations are intended to provide an opportunity for students and teachers alike to rest, recharge, and spend time with their families.
- Projects that were assigned well in advance of a vacation period may not be due until at least two school days after returning from vacation.

Religious Holidays

- If a student will be observing a religious holiday, including one in which school is closed and would like to request an extension on homework, the student must contact the teacher ***in advance*** and must provide a parent’s or guardian’s note (if requested by the teacher). The length of the extension granted may vary upon the agreement between the teacher and either the student or parent/guardian.

Extenuating Circumstances

- Students with family or medical emergencies are encouraged to communicate to both their teachers and their assigned school counselor that something serious is impacting their ability to meet a deadline so that teachers are then informed and can grant an extension for extenuating circumstances.

Problem Resolution

- *If a student is having trouble submitting assignments or work correctly - students and/or parents should reach out to the teacher or the guidance department for assistance.*
- If a student finds themselves in a situation in which they believe these expectations and policies have not been followed, the student should use the Escalation Path to try to resolve the issue. The purpose of the path is to encourage student advocacy and to encourage collaboration between teachers, school counselors, and the administration.

Escalation Path → [2024-2025 JHS 190 Organization Sheet](#)



School Policy

YONDER POUCH: Phones are not to be used during school. Every student is assigned a personal Yondr Pouch. While the Yondr Pouch is considered school property, it is each student’s responsibility to bring their Pouch with them to school every day and keep it in good working condition.

DAILY PROCESS

- As students arrive to school, they will:
- 1) Turn their phone off.
 - 2) Place their phone inside their Pouch and secure it in front of school staff.
 - 3) Store their Pouch in their backpack for the day.

Pouch Damage / Lost Pouch / Using Phone During School

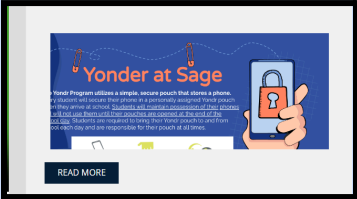
- If a student damages their Pouch or is caught on their phone, Administration will collect the phone/Pouch and give it back at dismissal.
- **If a student damages the pouch, they must pay \$30 for the replacement fee to get a new pouch.**

Forgotten Pouch

If a student forgets their Pouch, **their phone will be collected during morning entry in the Auditorium.** The phone will be returned to the student at dismissal.

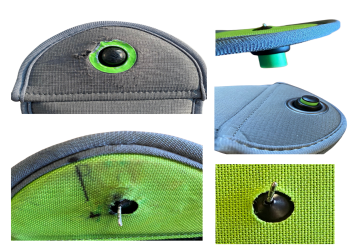
If a student consistently forgets their Pouch, it is considered Lost. **Refer to the Lost Pouch policy above.**

Watch [How to use Yonder Pouch!](#) on our website.



Example of damage:

- Deep scratches on the globe and on the green ring around it
- Intentional pen marks on the inside of the Pouch
- Bent pins
- Pin and button not fully recessing, due to pin damage



Bell Schedule

PERIOD	BEGINS	ENDS
MORNING ENTRY	7:50	8:00
1	8:00	8:45
2	8:48	9:33
3	9:36	10:21
4	10:24	11:09
5	11:12	11:57
6	12:00	12:45
7	12:48	1:33
8	1:36	2:20

Absence

If your child is absent, students should submit a **signed note/doctor’s note** to your child’s 2nd-period teachers or the main office upon their return to school.

Early Dismissal/Pickup

It's important to note that **only adults (18 years or older) who are listed in the Emergency Contact can pick up students.** To ensure that this information is up-to-date, please review and update the **"Emergency Contact"** section in your NYC Schools Account.

Transportation

Eligible students will receive **OMNY Card)** automatically based on their home address. **No need to apply.** If students lose their cards, they can speak to Ms. Joann Palandro in the cafeteria during their lunch.

NYC Schools Account for Guardians

Make sure guardians have access to NYC Schools Account([NYCSA](#)) to stay informed and engaged with your child's education. Teachers and staff use the messaging system through NYCSA (GAMA) to communicate with families regarding important updates, announcements, and events. Teachers and staff use the

(Families can email her at ipalandro@schools.nyc.gov).
Bus Transportation is available for students whose IEP recommends this service.
Transportation information is available in NYCSA.

NYC School Bus App -
[Download the NYC School Bus Ap](#)

messaging system through NYCSA(GAMA) to communicate with families.

If you have trouble logging into NYCSA or need to **update your email**, contact Mrs. Obata.

Password for Student Account (@nycstudents.net)
Parents/Guardians can reset their password in NYCSA. Click on “Manage account”. Students can also see their school counselor for their TeachHub assistance.

Blue Card/ Emergency Contact : Make sure to update your **"Emergency Contact" in NYCSA. **See Early Dismissal /pickup.**

Family Income Inquiry Form:
Please complete this form online -
www.myschoolapps.com .

The Family Income Inquiry Form is the basis for determining the school’s eligibility for the TITLE I funding.

- Select New York City Schools as your district.
- You need your child’s 9-digit student ID # (OSIS ID#)
- Add your school - 28Q190
- Click the **Submit** button.
- You will receive the email confirmation.

Breakfast & Lunch
Free breakfast is available starting at 7:30 AM. Lunch is also free in all NYC public schools.

Breakfast &Lunch Menus can be found in the NYCPS website:

- [Breakfast Meals](#)
- [Lunch Meals](#)



2025-2026 MARKING PERIOD DATES
MP 1 September 4, 2025 – October 31, 2025
MP 2 November 3, 2025 – January 9, 2026
MP 3 January 12, 2026 – March 13, 2026
MP 4 March 16, 2026 – June 26, 2026
MP 5 → school average of all 4 marking periods

Visitors
Make sure to bring your **PHYSICAL picture ID** and sign in at the security desk.

Acceptable IDs:

NY State License

US Passport
Foreign Passport
NYC ID card
Other government-issued ID

Not Acceptable IDs:

Gym Membership ID
Library cards
other non-government-issued ID



190 Communication

	If your concern is not listed below, please call the main office (718)-830-4970 to be forwarded to the correct person.			
PROTOCOL				
	Position	Contact Person	Contact Email / Extension	Concern
FIRST	2nd Period Teacher	Individual to Student - See NYCSA or Teachhub See the Faculty Directory for teacher emails		-Daily Attendance (absence & or lateness)
	Teacher	Individual to Student - See NYCSA or Teachhub See the Faculty Directory for teacher emails		-Curriculum -Homework Policy -Student Progress (behavior, attendance, grades) -Student to Student Issues -Google Classroom Codes
	Pupil Accounting	Ms. Camus	mcamus@schools.nyc.gov / ext. 1483	-Provide documentation for absences (excused/unexcused) -Student Registration -Student Discharge -Operoo
	School Aide	Ms. Palandro Ms. Maria	Ms. Joann Palandro < JPalandro@schools.nyc.gov > Ms. Maria Rodriguez < MRodriguez93@schools.nyc.gov >	-OMNY Cards - Ms. Palandro -Working Papers - Ms. Maria
	Nurse	Mr. Tabaku	atabaku@schools.nyc.gov / ext. 1541	-Student medical documentation
	Secretary	Ms. Gabby	GLoiacono@schools.nyc.gov / ext. 0	-CAASS -Student ID Cards
	Parent Coordinator	Ms. Obata	sobata@schools.nyc.gov / ext. 1052	-Parent Workshops - after-school programs -NYC Schools Account
SECOND	Dean - Grades 7 & 8	Dr. Alban	palban@schools.nyc.gov / ext. 2412	-Student to student behavior issues -Mediation -Grade Level Activities
	Dean - Grades 6	Ms. Payne	fpayne@schools.nyc.gov / ext. 1523	-Student to student behavior issues -Mediation -Grade Level Activities
	Guidance - Grade 6	Ms. Ebony	ecochran2@schools.nyc.gov / 1404	-Mediation -Counselling Services -Social/Emotional Support -Class Concerns -Google Classroom Codes -DOE Student Account (nycstudents.net)
	Guidance - Grade 7	Ms. Goldstein	mgoldstein5@schools.nyc.gov / ext. 1402	-Mediation -Counselling Services -Social/Emotional Support -Class Concerns -Google Classroom Codes -DOE Student Account (nycstudents.net)
	Guidance - Grade 8	Ms. Del Rio	icolomedelrio@schools.nyc.gov / 1403	-High School Application/ My Schools Account -Mediation -Counselling Services -Social/Emotional Support -Class Concerns -Google Classroom Codes -DOE Student Account (nycstudents.net)
	Social Worker - Grades 6-8	Mr. Botta	jbotta3@schools.nyc.gov / ext. 1561	-Social Emotional Support -Mediation -Crisis Intervention Services -Counselling Services
THIRD	Assistant Principal Special Education & Safety	Ms. Monahan	smonaha@schools.nyc.gov / ext.1061	Inquires specific to: Talent, Physical Education and Special Education teachers -Special Education Questions or concerns
	Assistant Principal Grade 6	Ms. Malizia	lmalizia@schools.nyc.gov / ext. 3061	Inquires specific to: ENL and World Language 6th Grade Questions/Concerns/Events Concerns re: Grade 6 students & Teachers
	Assistant Principal Grade 7	Ms. Aulicino	jaulicino@schools.nyc.gov / ext. 3234	Inquires specific to: Math and Science 7th Grade Questions/Concerns/Events Concerns re: Grade 7 students & Teachers
SPEAK TO GRADE LEVEL ASSISTANT PRINCIPAL				

	Assistant Principal Grade 8	Dr.. Meneses	cmeneses2@schools.nyc.gov / ext. 2071	Inquires specific to: ELA and Social Studies 8th Grade Questions/Concerns/Events Concerns re: Grade 8 students & Teachers

[Back to Top](#)