

School Health Advisory Council Meeting Minutes
November 12, 2024
Gustine ISD Secondary Library

The Gustine ISD School Health Advisory Council met on November 12, 2024 at 5:00 p.m. in the Secondary Library.

Members in attendance: Carmen Landman-parent, Cynthia Newton-parent, Sasha Payne-parent, Anna Volleman- parent, Shelby Volleman-parent, Sam Schuetz- student representative, Lisa Connel R.N.-School Nurse/SHAC Coordinator.

Members were welcomed by Lisa Connel, SHAC Coordinator who gave a brief overview of the responsibilities of the Council.

Members were also informed of where they could find the Council's information on the District Website.

Anna Volleman and Carmen Landman volunteered to serve as Co-Chair of the Council for the 24/25 school year.

Minutes from the previous meeting were approved as printed.

The Council reviewed the Mission Statement and no changes were recommended.

ByLaws were presented to the Council and adopted as printed.

Mrs. Connel gave the following reports:

Physical Education:

Coach Hughey and Coach Luker are working on coordination and conditioning training with the elementary PE students.

Nutrition Services:

Mrs. Gabriela Torquemada has moved into the Cafeteria manager's position and Delinda Stark has been hired as a new worker. They recently provided lunch for students and their parents for the Gustine ISD Family Picnic held on October 16 in Celebration of National School Lunch Week.

A Smarter Lunchroom Scorecard has been given to the cafeteria personnel as outlined in the Wellness Policy Implementation Plan. The cafeteria personnel have the goal of achieving at least a Bronze level.

Healthy and Safe School Environment:

Mitzi Hughey has recently taken over the title of School Safety.

Mrs. Connel outlined the on-going safety actions that the District has in place. It was also noted that the District has a new Emergency Call System, has updated the first aid kits and body fluid spill kits on all buses, and has received a grant from the Harriett Gully Beadel Foundation which will be used to purchase 2 athletic emergency kits.

Counseling and Mental Health Services:

The Leader In Me curriculum has been extended to the High School students for the 24/25 school year. High School staff recently received training for using the program. Secondary students receive daily instruction during "Tiger Time" and Elementary lessons are scheduled each morning.

In compliance with HB 3144, Fentanyl Poisoning Awareness Month, Fentanyl Abuse educational

information was sent to parents via the ParentSquare communication tool, by Brandy Ruedas, Student Services Coordinator during the month of October.

Mrs. Ruedas has scheduled Mental Health Education for all of our students to be provided by Region 14 ESC in February.

A parent night will also be scheduled in the Spring to give parents information concerning how to promote the mental health of their children.

Employee/Staff Wellness:

A Flu Vaccine Clinic was held on October 16, 2024 for employees. The vaccines were administered by Comanche County Mobile Clinic.

A Staff Exercise Group was started to help meet one of our wellness goals.

Parent and Community Involvement:

The Gustine ISD Family Picnic was held. Already noted under the Nutrition Services.

The annual Turkey Walk is scheduled for Thursday, November 21 4:30-5:30 at Roger Oliver Stadium. Participants will walk for the chance to win a turkey.

Angela Nickell has Senior students signed up to assist. Coach Luker will be the announcer.

Fitness Lanyards and turkey charms will again be provided for the participants.

The Color Run will be scheduled in the Spring. This event was rained out last year.

Health Education:

Gustine ISD health TEKS are met through the Great Body Shop Curriculum that is currently in use for PreKindergarten- 8th grades.

Human Sexuality Education instruction is met through the Great Body Shop curriculum for 6th-8th grades.

We are currently searching for a program to be used for the High School.

Hope Masonic Lodge again provided dental kits for our 1st grade dental education class which was held on October 31st.

3rd grade is scheduled to visit Safety City again this year on May 1

Fentanyl Abuse Prevention Education has been provided by Mrs. Mena, secondary science teacher. The Operation Prevention curriculum for students in 6th-12th grade was used to fulfill the required prevention training.

Wellness Policy Review:

Gustine ISD met all of our goals in our Wellness Policy Implementation plan last year with the exception of increasing parent participation.

Mrs. Connel also explained the WellSAT3.0 assessment tool which was used to score the Wellness Policy. The following scores were assessed through the WellSat 3.0 assessment tool: Policy score 69% Application score: 90.6%

The score shows that we are practicing the recommended standards well.

The discrepancy between the 2 scores stem from several areas that we do not currently have written into our plan. These involve items such as vending machines being made available to our students or selling competitive foods in a school store. Since neither of these situations are practiced at Gustine ISD, we do not feel it necessary to address them in our wellness plan, but they did affect our scoring.

Members discussed the up-coming Turkey Walk and talked briefly about the Spring Color Run event.

Meeting adjourned at 5:58

Approved by SHAC-4/8/2025

Submitted by Lisa Connel RN SHAC Coordinator/School Nurse