

As students try to navigate their circumstances, this document is a compilation of various resources available for the various circumstances they are in.

STORAGE:

- Pomona allowed students to leave their belongings in boxes in their rooms.
- [SHORT TERM GRANT](#)
- [STORAGE VALET](#)
- [U-HAUL](#): Offering students 30-day free storage.

TRAVEL/MOVING EXPENSES:

- If you are leaving campus/ have left campus you may get it paid or reimbursed by DOS (by our knowledge) for the following. (If you haven't heard of this, email them and what is not covered could be covered by the Occupy Pomona fund):
 - Flights (Baggage Fees are also covered if asked)
 - Gas
 - Uber/ Lyft fees
 - Shipping? (can someone confirm this?)
- **IF** Pomona does not cover these fees, you are welcome to apply for Occupy Pomona's [SHORT TERM GRANT](#).
- Frontier has free flights for students as well: [FRONTIER](#)

HOUSING:

- **Pomona:** Refund, when given can cover various housing expenses. The amount is 50% of your Room and Board for SP2020 minus existing balance. To access the refund via check or direct deposit, you must complete the [REFUND OF CREDIT BALANCE FORM](#). If Pomona is not funding immediate expenses or if the amount given is not sufficient, below are other resources.
- **Occupy Pomona Resources**
 - Housing and Matching Request: Through Occupy Pomona's Housing Team we have a house match program, for those in the Claremont area and beyond. Apply to be matched here: [HOUSING FORM](#)
 - Funds for Rent, Lease, Airbnb and such expenses: There is a form for longer term expenses like rent and such that are covered by the [LONG TERM FUND](#).
- **Mutual Aid Resources**
 - For alternate housing beyond the Occupy Pomona matching USC has a form for students trying to find housing, if you are looking in the general LA area this may be a good place to look. [USC MUTUAL AID](#)
- **Other:**
 - A list of local (Claremont) rooms for rent. [LOCAL HOUSING](#)

LIVING EXPENSES

- Pomona is expected to give refunds to students that aren't on campus, unsure when those funds will be given to students.
- **SHORT TERM FUNDS** :
 - Groceries
 - Health:
 - Sanitary products (masks, hand sanitizer, gloves, vitamin c supplements, decongestants, cough suppressants, toiletries)
 - Household items (toilet paper, cleaning supplies, etc)
 - Hospital fees
 - Other things that do not need large sums of money.

MUTUAL AID RESOURCES:

- **Free Access to Internet and Wifi**
- **Freelance Artist Resources**
- **CoronaVirus Resource Kit** : Very thorough document containing resources on navigating corona virus.
- **CoronaVirus Resources for Students** : much like the document above but geared towards students.

SELF CARE:

This is a hard time for all of us and though it may be difficult for us to think about taking care of ourselves at least take some time to do so.

- Take a break from the news. This includes twitter YES TWITTER. It really is draining to see all that is happening right and instead of consuming all the information being given to take some time away, watch a show or a movie!
- EAT! Do not skip meals, make sure you are nourishing yourself and having energy throughout the day.
- SLEEP
- You may be feeling unproductive but that's okay, we do so much during the semester and that can cause us to feel that we aren't doing enough. Take up some new hobbies, chill...
- **SELF CARE TIPS FROM ACTIVIST NURSE**

LINKTREE : Here are the consolidated links for more resources, forms and info on Occupy Pomona.

Contact: occupy_pomona@gmail.com for questions and suggestions.