Lexie Jackson, PhD, RDN, CDCES

Curriculum Vitae

Laulima Grant Writing & Evaluation
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Education

Washington State University, Vancouver, WA
MS, Prevention Science, 2018
PhD, Prevention Science, 2021
Chair: Jane Lanigan, PhD

Washington University in St. Louis, St. Louis, MO
MS, Clinical Research Management, 2011

University of Texas Southwestern Medical Center, Dallas, TX
BS, Clinical Dietetics, 2009

Southern Methodist University, Dallas, TX
BA, Psychology, 2006

Professional Experience

Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club, Beaverton, OR January 2026 - Current
Kaiāulu Research and Development Director

Laulima Grant Writing and Evaluation LLC, Portland, OR April 2024 - Current
Owner & Consultant
Grant writing, evaluation, research and program development with Native Hawaiian serving non-profit organizations

Lexie RD, Portland, OR
Owner, Nutrition Consulting Private Practice June 2012 - Current
Specializing in diabetes care and intuitive eating for self-referred clients.

Pacific University, Forest Grove, OR August 2022 – July 2025
Assistant Professor in Public Health

Washington State University, Institute for Research and Education to Advance Community Health (IREACH)

Postdoctoral Research Associate July 2021 – August 2022

Washington State University, Vancouver, WA

Adjunct Instructor May 2021 – July 2021

Instructor for HD 406, Work and Family

Lab Director: Developmental Approaches to Support August 2019 – May 2021

Health lab, Teaching Assistant, Instructor

Instructor for HD 220, Human Development Theories

Instructor for HD 403, Families in Poverty

Instructor for HD 406, Work and Family

Oregon Health & Science University, Portland, OR

Adjunct Instructor July 2019-June 2020

Adjunct Instructor for NUTN 510, Public Health Nutrition

Adjunct Instructor for NUTN 537, Sports Nutrition Practicum

Supervised Capstone Projects and a sports nutrition clinic for Portland State University athletes.

Supervised Practice Coordinator and Instructor September 2016-July 2019

Coordinated supervised practice rotations, mentored dietetic interns and the development and instruction of simulated experiences in the Graduate Programs in Human Nutrition. Established and created working relationships between OHSU, affiliated rotation sites, and preceptors. Coordinated internship and preceptor schedules to ensure students meet Accreditation Council for Education in Nutrition and Dietetics (ACEND) competencies.

Clark County Family YMCA, Vancouver, WA

Registered Dietitian July 2014 – February 2017

Provided nutrition programming including weight management courses, wellness programs, seminars, and individual or family-based nutrition consultations.

Group Exercise Supervisor July 2014-May 2016

Coordinated group exercise programming, staff, and scheduling. Responsible for the development and coordination of chronic disease management programming.

YMCA of Greater Kalamazoo, Kalamazoo, MI

Registered Dietitian and Group Exercise Instructor July 2011 – June 2014

Responsible for development and implementation of wellness programs for children, adolescents, and adults at the YMCA including Cooking Matters, weight management seminars, and diabetes support groups. Provided nutrition education for individual or family-based nutrition consultations.

Gazelle Sports, Kalamazoo, MI

Nutrition Consultant/Professional Outreach Coordinator July 2012 – March 2014

Provided nutrition education for training programs, clinics, customers, and website content. Coordinated outreach activities with local professional organizations.

Touchpoint, Kalamazoo, MI
Clinical Dietitian January 2013-November 2013
Borgess Hospital outpatient dietitian in bariatric surgery, weight management, and diabetes management.

Bronson Methodist Hospital, Kalamazoo, MI
Clinical Dietitian August 2011 – July 2012
Outpatient dietitian for the maternal fetal medicine clinic.

Washington University in St. Louis School of Medicine, St. Louis, MO
Research Patient Assistant June 2009 – June 2011
Lifestyle interventionist and diabetes educator on the Treatment Options for Type 2 Diabetes in Adolescents and Youths (TODAY) Research Study. Project coordinator for the Vitamin D, Hypertension and Type 2 Diabetes research study.

Publications

* denotes collaboration with graduate students
** denotes collaboration with undergraduate students

27. Martinez, E.,* **Jackson, A.,** Kohlberg, G., Saultz, A. (2026) A patient-needs assessment in the management of vestibular schwannoma. *Pacific Journal of health.* 9(1). https://doi.org/10.56031/2576-215X.1111 **[d,f]**

26. Jackson, A.M, Dillard, A., Kekauoha, P., Austin, M., Balaz, P., Dutro, N., Lee, E.K., Lewis, J.P., Okamoto, S.K., O'Sullivan, K.,* Hepburn, K.,Weaver, R.H. (2026). The process of cultural adaptation of an evidence-based intervention with the Native Hawaiian community. *Progress in Community Health Partnerships.* **[a,b,c,d,e,f]**

25. Jackson, A.M, O'Sullivan, K.,* Gilligan, M. Weaver, R.H. (2025). Beyond the primary caregiver: A scoping review of family-centered dementia caregiving programs. *American Journal of Alzheimer's Disease & Other Dementias.* 40. https://doi.org/10.1177/15333175251391571 **[a,b,c,d,e,f]**

24. Kaʻula, L., Ellison, N.,* James, C., Oshiro, A.,** Ideue, K.,** Kaʻula, K.** **Jackson, A.M.** (2025). Growing kalo (taro) to promote culture and health in the continental US. *Frontiers in Public Health.* 13. https://doi.org/10.3389/fpubh.2025.1689052 **[a,b,c,d,e,f]**

23. Jackson, A.M, Dillard, A., Kekauoha, B.P., Austin, M., Balaz, P., Lee, E.K., Dutro, N.,

Mayeda, P.,** Dutro, A.K.,** O'Sullivan, K.,* Lewis, J.P., Okamoto, S.K., Hepburn, K. Weaver, R.H. (2025) Caring for loved ones as community: Supporting caregivers of Native Hawaiians living with dementia. *Social Science & Medicine - Mental Health*. 8(100483) https://doi.org/10.1016/j.ssmmh.2025.100483 **[a,b,c,d,e,f]**

22. Jackson, A.M., Muller, C.J., Okamoto, S.K., Weaver, R.H. Kim, S., Haakenstad, M., Pfeaster, C.,** Cachola, Z.,** Oshiro, A.,** Ideue, K.,** Schoenberg, N., Sinclair, K. (2024). Health and wellbeing of family ('ohana) caregivers of Native Hawaiian and Pacific Islander adults living with Alzheimer's disease and related dementias. *Journal of Transcultural Nursing. o*(0) https://doi.org/10.1177/10436596241286232 **[a,b,c,d,e,f]**

21. Nelson, K., **Jackson, A.M.,** Nguyen, C.J., Noonan, C. Muller, C., MacLehose, R.F., Manson, S., Dillard, D., Buchwald, D. (2024) Food Insecurity in Urban American Indian and Alaska Native Populations During the COVID-19 Pandemic. *BMC Public Health.* 24 (1) https://doi.org/10.1186/s12889-024-18390-4 **[a,d,e,f]**

20. Jackson, A.M., Iniguez, A.,* Min, H.J., Strickland, M.,** Lanigan, J. (2023) "I enjoy all the good foods, all of which are not good for me." The categorization and moralization of food *Appetite*. https://doi.org/10.1016/j.appet.2023.107071 **[a,b,c,d,e,f]**

19. Kaʻula, L., Cruz, J.,Ching, D., Dutro, N., Wong, K.,** **Jackson, A.M.** (2023) Growing Kalo (Taro) in the Continental United States. *Health Promotion Practice.*24(6):1083-1086. https://doi:10.1177/15248399231190361 **[c,d,e,f]**

18. Sinclair, K., Nguyen, C.J., Wetherill, M.S., Nelson, K., **Jackson, A.M.,** Taniguchi, T., Jernigan, V., Buchwald, D. (2023) Native opportunities to stop hypertension: study protocol for a randomized controlled trial among urban American Indian and Alaska Native adults with hypertension. 11, 1117824. *Frontiers in Public Health.* https://doi.org/10.3389/fpubh.2023.1117824. **[e,f]**

17. Jackson, A.M., Woo, J., Olson, M., Dalisay, F., Pokhrel, P., Muller, C.J., Okamoto, S.K. (2023) Methodological challenges in web-based qualitative research with medically underserved populations. *Journal of Medical Internet Research*. 25(e44086). https://www.jmir.org/2023/1/e44086/ **[a,b,c,d,e,f]**

16. Nguyen, C.J., Pham, C.*, **Jackson, A.M.,** Ellison, N., Sinclair, K. (2022) Online food security information before and during the COVID-19 pandemic in Native Hawaiian and Pacific Islander community groups and organizations. *Asian/Pacific Island Nursing Journal.* 6(1). https://apinj.jmir.org/2022/1/e40436 **[d,e,f]**

15. Jackson, A.M., Busig, J.,** Lanigan, J. (2022) "Thin and muscular:" A cross-sectional mixed methods study of people's descriptions of health. *Stigma and Health, 7*(4), 389-395. https://doi.org/10.1037/sah0000411 **[a,b,c,d,e,f]**

14. Jackson, A.M., Weaver, R.H., Weybright, E., Lanigan, J., Parker, L. Iniguez, A.,* Decker, A.* (2022). Changes in social, economic, and health risk factors across the lifespan during the COVID-19 pandemic: A latent transition analysis. *Journal of Prevention and Health Promotion*, *3*(4), 539-562.https://doi.org/10.1177/26320770221096839 **[a,b,c,d,e,f]**

13. Jackson, A.M., Cox, A.E., Sano, Y., Parker, L., Lanigan, J. (2022) Body image and eating behaviors: A latent profile analysis. *Body Image.* 41, 396-406. https://doi.org/10.1016/j.bodyim.2022.04.013 **[a,b,c,d,e,f]**

12. Jackson, A.M., Parker, L., Sano, Y., Cox, A.E., Lanigan, J. (2022). Associations between body image, eating behavior, and diet quality. 30(1). *Nutrition and Health.* https://doi.org/10.1177/02601060221090696 **[a,b,c,d,e,f]**

11. Jackson, A.M., Sano, Y., Cox, A.E., Lee, S., Lanigan, J. (2022) Communication about food and nutrition in the parent-young child dyad. 36(6), 1005-1013. *American Journal of Health Promotion.* https://doi.org/10.1177/08901171221087221 **[a,c,d,e,f]**

10. Jackson, A., Sano, Y., Parker, L., Cox, A.E., Lanigan, J. (2022) Intuitive eating and dietary intake. *Eating Behaviors.* 41. https://doi.org/10.1016/j.eatbeh.2022.101606 **[a,b,c,d,e,f]**

9. Jackson, A., Weaver, R., Iniguez, A., Lanigan J. (2022). A lifespan perspective of structural and perceived social relationships, food insecurity, and dietary behaviors during the COVID-19 pandemic. *Appetite.* 168, 105717. https://doi.org/10.1016/j.appet.2021.105717 **[a,b,c,d,e,f]**

8. Jackson, A., Anderson, A., Weybright, E., Lanigan, J. (2021). Differing experiences of boredom during the pandemic and associations with dietary behaviors. *Journal of Nutrition Education and Behavior.* 53(8), 706-711. https://doi.org/10.1016/j.jneb.2021.04.005 **[a,b,c,d,e,f]**

7. Payne, C.*, **Jackson, A.,** Novak, M. A. (2021) Cooking education intervention to increase self-efficacy and body appreciation in collegiate athletes. *Sports, Cardiovascular and Wellness Nutrition's PULSE.* 41(2), 9-12. **[a,b,c,d,f]**

6. Weaver, R.H., **Jackson, A.,** Lanigan, J., Power, T.G., Anderson, A., Cox, A.E., Eddy, L., Parker, L., Sano, Y., Weybright, E. (2021) Identification of risk and protective factors associated with health behaviors at the onset of the COVID-19 pandemic. *American Journal of Health Behavior* 45(1), 44-61. https://doi.org/10.5993/AJHB.45.1.4 **[a,b,c,d,e,f]**

5. Parker, L., **Jackson, A.,** Lanigan, J. (2020) Applying principles from prevention and implementation sciences to optimize dissemination of family feeding interventions.

International Journal of Environmental Research and Public Health. 17,7038. https://doi.org/10.3390/ijerph17197038 **[a,e,f]**

4. Lanigan, J., Bailey, R., **Jackson, A. M.**, & Shea, V. (2019) Child-centered nutrition phrases plus repeated exposure increase preschoolers' consumption of healthful foods, but not liking or willingness to try. *Journal of Nutrition Education and Behavior*, 51(5), 519–527. https://doi.org/10.1016/j.jneb.2019.02.011 **[e,f]**

3. Chadwick, J.Q., Van Buren, D.J., Morales, E., **Timpson, A.,** Abrams, E., et al. (2017) Structure to utilize interventionists' implementation experiences of a family-based behavioral weight management program to enhance dissemination of the standardized intervention: The TODAY study. *Clinical Trials*, 14(4), 406-412. https://doi.org/10.1177/1740774517707727 **[f]**

2. Rockette-Wagner, B., Storti, K. L., Edelstein, S., Delahanty, L. M., Galvin, B., **Jackson, A.,** & Kriska, A. M. (2017) Measuring physical activity and sedentary behavior in youth with Type 2 Diabetes. *Childhood Obesity*, 13(1), 72–77. https://doi.org/10.1089/chi.2015.0151 **[f]**

1. Riek, A., Oh J., Sprague, J., **Timpson, A.,** de las Fuentes, L., Bernal-Mizrachi, L., et al. (2012) Vitamin D suppression of endoplasmic reticulum stress promotes an antiatherogenic monocyte/macrophage phenotype in Type 2 Diabetic patients. *The Journal of Biological Chemistry*. 287(46): 38482-94. https://doi.org/10.1074/jbc.M112.386912 **[c]**

Publications Under Review or In Preparation

Kaʻula, L., Ellison, N.,* Ideue, K.,** Kaʻula, K.**, **Jackson, A.M.** Cultivating pilina (relationships) and nourishing a community by growing kalo (taro) in Oregon. (Revise & Resubmit, under review) *Current Developments in Nutrition* **[a,b,c,d,e,f]**

Jackson, A.M, Dillard, A., Kekauoha, B.P., Austin, M., Balaz, P., Lee, E.K., Dutro, A.K.,** Mayeda, P.,* Jordan, S.,** Lewis, J.P., Okamoto, S.K., Hepburn, K. Weaver, R.H. Evaluating engagement and efficacy of ʻAuamo Ke Kuleana O Nā Maʻi Poina: A pilot study. (In preparation). Target Journal: *The Gerontologist* **[a,b,c,d,e,f]**

a) Developed the initial idea
b) Obtained or provided funds or other resources
c) Collected data
d) Analyzed data
e) Wrote/created product
f) Edited product

Presentations

Presentations at International Conferences, Refereed

Jackson, A.M., Kekauoha, B.P., Austin, M., Dillard, A, Balaz, P, Lee, E.K., Mayeda, P.,** Kaʻula, A.K.,** Jordan, S.,** Lewis, J.P., Okamoto, S.K., Hepburn, K, Weaver R.H. The feasibility and efficacy of ʻAuamo Ke Kuleana O Nā Maʻi Poina: An adaptation of the Savvy Caregiver Program with the Native Hawaiian community (October 2025). Paper presentation at the International Indigenous Dementia Research Network Conference, Honolulu, HI.

Dillard, A. Kekauoha, P.B., **Jackson, A.M.,** Austin, M., Lee, E.K., Balaz, P., Dutro, N., Okamoto, S.K., Hepburn, K., Lewis, J.P., O'Sullivan, K.,* Mayeda, P.,* Dutro, A.,** Weaver, R.H. Community review of the adapted Savvy Caregiver Program: ʻAuamo Ke Kuleana O Nā Maʻi Poina. (October 2024) Paper presentation at the International Indigenous Dementia Research Network Conference. Honolulu, HI.

Balaz, P, **Jackson, A.M.,** Dillard, A, Kekauoha, B.P., Austin, M, Lee, E.K., Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Mayeda, P,** Dutro, A.K,** Weaver R.H. (September 2024) Adapting the Savvy Caregiver program with the Native Hawaiian community. Paper Presentation at the International Dementia Conference. Sydney, Australia.

Jackson, A.M., Dillard, A, Kekauoha, B.P., Austin, M, Lee, E.K., Balaz, P, Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Mayeda, P,** Dutro, A.K,** Weaver R.H. (July 2024). Cultural adaptation of the Savvy Caregiver program with the Native Hawaiian community. Poster presentation at the Alzheimer's Association International Conference. Philadelphia, Pennsylvania.

Jackson, A.M., Kekauoha, B.P., Dillard, A, Austin, M, Lee, E.K., Balaz, P, Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Sistoso, L,** Cachola, Z,** Nguyen, A,** Wong, K,** Pfeaster, C,** Weaver R.H. (November 2023). ʻAuamo Ke Kuleana O Nā Maʻi Poina: Creating culturally relevant videos to support the adapted Savvy Caregiver Program with the Native Hawaiian community. Paper presentation at the International Indigenous Dementia Research Network. Honolulu, Hawaiʻi.

Jackson, A.M, Dillard, A, Kekauoha, P, Balaz, P, Dutro, N, Lee, K, Okamoto, S, Hepburn, K, Lewis, J, O'Sullivan, K,* Weaver, R. (July 2023). The process of cultural adaptation of the Savvy Caregiver program with the Native Hawaiian community. Poster presentation at the Alzheimer's Association International Conference. Amsterdam, Netherlands.

Jackson, A., Min, H.J., Iniguez, A.,* Strickland, M.,** Lanigan, J. (June, 2023). Understanding the categorization and moralization of food and eating behavior. Oral presentation at the International Society for Behavioral Nutrition and Physical Activity Conference. Uppsala, Sweden.

Jackson, A., Sano, Y., Parker, L., Cox, A.E., Lanigan, J. (June, 2021). Intuitive eating and diet intake in US adults. Pre-recorded oral presentation at the International Society for Behavioral Nutrition and Physical Activity virtual conference.

Jackson, A., Parker, L., Sano, Y., Cox, A.E., Lanigan, J. (June, 2021). Adaptive eating behaviors support improved diet quality. Pre-recorded oral presentation at the International Society for Behavioral Nutrition and Physical Activity virtual conference.

Jackson, A., Cox, A.E., Sano, Y., Parker, L., Monsivais, P., Lanigan, J. (June, 2021). Body image and dietary behaviors: A latent profile analysis. Pre-recorded oral presentation at the International Conference on Eating Disorders virtual conference.

Jackson, A., Cahn, A., Lanigan, J. (June, 2020). Do nutrition professionals have the tools to implement and evaluate effective nutrition programs? Poster presentation at the International Society for Behavioral Nutrition and Physical Activity Conference. Auckland, NZ.[1]

Jackson, A., Cox, A., Sano, Y., Lee, S., Lanigan, J. (June, 2019). The influence of parent perceived health on food parenting practices used in parents with young children. Oral presentation at the International Society for Behavioral Nutrition and Physical Activity Conference. Prague, CZ.

Jackson, A., Cox, A., Sano, Y., Lee, S., Lanigan, J. (June, 2019). Communication about food and nutrition within the parent-young child dyad. Poster presentation at the International Society for Behavioral Nutrition and Physical Activity Conference. Prague, CZ.

Presentations at National Conferences, Refereed

Jackson, A.M., Dillard, A., Kekauoha, B.P., Austin, M., Hepburn, K., Weaver, R.H. (November 2026) Designing for Dissemination: Development of a Caregiving Program to be Scaled in a Community Based Organization. Symposium presented at Gerontological Society of America Scientific Meeting, Washington DC.

Dillard, A., **Jackson, A.M.**, Kekauoha, B.P., Austin, M., Hepburn, K., Weaver, R.H. (April 2026) Development of ʻAuamo Ke Kuleana O Nā Maʻi Poina and building capacity for Native Hawaiian community-based caregiving programs. Poster presentation at the 2026 Alter Dementia Summit. Atlanta, GA

Ellison, N., Kaʻula, L., James, C., Oshiro, A., Ideue, K.,** Kaʻula, K.,** **Jackson, A.M.** (September, 2025) Cultivating pilina (relationships) through a community garden to grow kalo (taro) in Oregon. PechaKucha presentation at the Seventh Annual Conference on Native American Nutrition. Minneapolis, MN.

Ellison, N., Kaʻula, L., James, C., Oshiro, A., Ideue, K.,** Kaʻula, K.,** **Jackson, A.M.** (November 2025) An exploration of growing kalo (taro) with the Native Hawaiian community living away from their homeland to promote wellness. Presentation at the American Public Health Association National Conference. Washington DC.

Ellison, N., Kaʻula, L., James, C., Kaʻula, K.**, Ideue, K.,** Wong, K.*, **Jackson, A.M.** (July 2025) Promoting Native Hawaiian health through a community garden on the continental US. Oral Presentation at the Society of Nutrition Education and Behavior International Conference. Indianapolis, IN.

O'Sullivan, K.,* **Jackson, A.M.**, Park, S.,* Weaver, R.H. (November 2024) Beyond the dyad: A scoping review of core components of family-centered caregiving interventions. Paper symposium presentation at the Gerontological Society of America Scientific Meeting, Seattle, WA.

Park, S., Ellison, N., Kaʻula, L., Cruz, J., Barhoum, M., Ching, D., Suzuki, M., Wong, K., Wilmes, L., Mengel, N., **Jackson, A.M**. (May 2024) Piko to Piko: A community-research hui (partnership) to promote Hawaiian health in the continental US. Poster presentation at the Society for Prevention Research annual meeting, Washington D.C.

Kim, S., **Jackson, A.M.,** Haakenstad, M.K., Lewis, J.P., Johansson, P. (November, 2023) Influences of cultural values on the Indigenous dementia caregivers' experience. Paper symposium presentation at the Gerontological Society of America Scientific Meeting, Tampa, FL.

Ellison, N.,* Kaʻula, L., Barhoum, M., Cruz, J., Ching, D., Suzuki, M., Wong, K.,** Park, S.,* Wilmes, L., Mengel, N., Dutro, N., Nichols, C., **Jackson, A.M.** (September, 2023) Piko to Piko: Growing Kalo on the Continent. Poster presentation at the Conference on Native American Nutrition Minneapolis, MN.

Ellison, N.,* Kaʻula, L., Barhoum, M., Cruz, J., Ching, D., Suzuki, M., Wong, K.,** Park, S.,* Wilmes, L., Mengel, N., Dutro, N., Nichols, C., **Jackson, A.M.** (September, 2023) Piko to Piko: Growing Kalo on the Continent. Pecha Kucha presentation at the Conference on Native American Nutrition, Minneapolis, MN.

Jackson, A.M, Dillard, A, Kekauoha, P, Balaz, P, Dutro, N, Lee, K, Sinclair, K, Hepburn, K, Lewis, J, O'Sullivan, K,* Weaver, R. (May, 2023) Engaging a community action board to culturally adapt a family caregiving intervention for Native Hawaiians. Oral symposium presentation at the Society for Prevention Research annual meeting.

Lanigan, J., **Jackson, A.,** Iniguez, A. (June, 2022) Shifting the conversation from obesity prevention to weight inclusive health promotion. Special Interest Group (SIG) presentation at the Society for Prevention Research annual meeting.

Jackson, A. Anderson, A., Weybright, E., Lanigan, J. (June, 2022). Hungry or bored? Lasting experiences of boredom at the onset of the pandemic on eating behaviors. Oral symposium presentation at the Society for Prevention Research annual meeting.

Jackson, A., Weaver, R., Iniguez, A., Lanigan, J. (June, 2021). A lifespan perspective of structural and perceived social relationships, dietary behaviors, and food insecurity during COVID-19. Oral symposium presentation (virtual) at the Society for Prevention Research annual meeting.

Jackson, A. Weaver, R., Lanigan, J. (December, 2020). Health behavior changes during COVID-19: Physical activity, diet intake, and social isolation. Poster presentation at the American Psychosomatic Society virtual meeting.

Jackson, A. Anderson, A., Weybright, E., Lanigan, J. (December, 2020). Hungry or bored? The impact of COVID-19 on boredom and dietary behaviors. Poster presentation at the American Psychosomatic Society virtual meeting.

Jackson, A., Lanigan, J. (May, 2020). Social relationships and dietary behaviors across the life course. Oral symposium presentation at the Society for Prevention Research Annual Meeting. Washington D.C. [1]

Jackson, A., Cahn, A. (October, 2019). Healthy in advance: Applying prevention science to nutrition interventions and programs. Oral presenter at the Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo. Philadelphia, PA.

Finn, J., **Jackson, A.** (October, 2019). Dietetics education program assessment and improvement using a real-time management system. Poster presenter at the Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo. Philadelphia, PA.

Timpson, A., Morales E, Abrams E, Chadwick J, Mireles G, et al. (October, 2011). Practical Aspects of Implementing an intensive lifestyle program for children and adolescents with Type 2 Diabetes: TODAY interventionist perspective. Poster presentation at the American Dietetic Association Food and Nutrition Conference & Expo. San Diego, CA.

Presentations at Regional Conferences, Refereed

Souza, E.* Wusstig, M.,* Waiwaiʻole., N., Ka'ula, L., **Jackson, A.** (October, 2026) Preventative healthcare access among the Native Hawaiian & Pacific Islander Community in Oregon. Oral Presentation at the Oregon Public Health Association. Salem, OR.
*Co-presenters

Jackson, A.M., Kaʻula, L. (October, 2026) Building Relational Evaluation Systems that

Strengthen Trust, Learning, and Impact. Nonprofit Impact Conference 2026 Nonprofit Association of Oregon. Portland, OR.

Kaʻula, L., Ellison, N.,* **Jackson, A.M.** (January, 2026) Hāloa: Cultivating Native Hawaiian youth in a community garden in Oregon. Oregon State University Farm to School Network Conference. Corvallis, OR.

Kaʻula, L., Ellison, N.,* **Jackson, A.M**. (February, 2026) Growing kalo (taro) to perpetuate culture and cultivate connections with the Native Hawaiian community in Oregon. Oregon State University Small Farms Conference. Corvallis, OR.

Ideue, K.,** Ellison, N.,* Kaʻula, L., James, C., Oshiro, A.,** Kaʻula, K.,** **Jackson, A.M.** (October 2025) A Piko (Source) of Health, Healing, and Community on the continent. Poster Presentation at the Oregon Public Health Association Conference. Hillsboro, OR.

Ellison, N.,* Kaʻula, L., James, C., Oshiro, A., Ideue, K.,** Kaʻula, K.,** **Jackson, A.M.** Growing Kalo in Diaspora: A Community-Based Approach to Understanding Its Benefits for Native Hawaiians (July 2025). Poster presentation at Papa Ola Lōkahi ʻAha Hoʻolōkahi. Honolulu, HI.

Ellison, N.,* Kaʻula, L., James, C., Oshiro, A.,** Ideue, K.,** Kaʻula, K.,** **Jackson, A.M.** (June 2025) Development and proposed evaluation to identify the benefits of growing kalo (taro) with the Native Hawaiian community living in diaspora. Poster Presentation at the Resilience and Resistance: Cross-Pollinating Food Movements Conference. Portland, OR.

Jordan, S.,** Dutro, A.,** **Jackson, A.M.,** Dillard, A, Kekauoha, B.P., Austin, M, Lee, E.K., Balaz, P, Dutro, N, Okamoto,S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Mayeda, P,* Weaver R.H. Cultural adaptation of the Savvy Caregiver program with the Native Hawaiian community (October 2024). Oregon Public Health Association Annual Conference. Corvallis, OR.

Ideue, K.,** Kaʻula, L., Ellison, N.,* Park, S.,* Cruz, J., Barhoum, M., Ching, D., Suzuki, M., Wong, K.,* Wilmes, L., **Jackson, A.M.** Piko to Piko: A community-research hui (partnership) to promote Hawaiian health in the continental US. (October, 2024) Poster presentation at the Oregon Public Health Association Annual Conference. Corvallis, OR.

Balaz, P, **Jackson, A.M.,** Dillard, A, Kekauoha, B.P., Austin, M, Lee, E.K., Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Mayeda, P,** Dutro, A.K,** Weaver R.H. (October 2024). Validation of ʻAuamo Ke Kuleana O Nā Maʻi Poina with a Homestead

Community. Oral presentation at the Hawaii Nursing Scientific Symposium. Honolulu, HI.

Balaz, P, **Jackson, A.M.,** Dillard, A, Kekauoha, B.P., Austin, M, Lee, E.K., Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Mayeda, P,** Dutro, A.K,** Weaver R.H. (June 2024) The Process of Tailoring the Savvy Caregiver Program to Include Hawaiian Values and Practices. Poster presentation at the Sigma Region 1 Conference. Honolulu, HI.

Ideue, K.,** **Jackson, A.M.,** Muller, C.J., Okamoto, S., Kim, S., Haakenstad, M., Pfeaster, C.**, Cachola, Z., ** Ideue, K., ** Schoenberg, N., Sinclair, K. (November 2023). Health and wellbeing of 'Ohana caregivers of Native Hawaiian and Pacific Islander adults living with Alzheimer's disease and related dementia. Oral presentation at the Pacific University Undergraduate Research Conference.

Mayeda, P.,** **Jackson, A.M.**, Austin, M, Kekauoha, B.P., Dillard, A, Lee, E.K., Balaz, P, Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Sistoso, L,** Cachola, Z,** Nguyen, A,** Wong, K,** Pfeaster, C,** Weaver R.H. (November 2023). Including cultural strengths in the adapted Savvy Caregiver Program: 'Auamo Ke Kuleana O Nā Ma'i Poina. Poster presentation at the Pacific University Undergraduate Research Conference.

Oshiro, A.,** **Jackson, A.M.,** Muller, C.J., Okamoto, S., Kim, S., Haakenstad, M., Pfeaster, C.**, Cachola, Z., ** Ideue, K., ** Schoenberg, N., Sinclair, K. (November 2023). Health and wellbeing of 'Ohana caregivers of Native Hawaiian and Pacific Islander adults living with Alzheimer's disease and related dementia. Poster presentation at the Pacific University Undergraduate Research Conference.

Ellison, N.,* Ka'ula, L., Barhoum, M., Cruz, J., Ching, D., Suzuki, M., Wong, K.,* Park, S.,* Wilmes, L., Mengel, N., Dutro, N., Nichols, C., **Jackson, A.M.** (October 2023). Piko to Piko – Mental health benefits of growing kalo on the continent. Presentation at the Western Region Mental Health & Nutrition Network Conference. Las Vegas, NV.

Jackson, A.M., Austin, M, Kekauoha, B.P., Dillard, A, Lee, E.K., Balaz, P, Dutro, N, Okamoto, S.K., Hepburn, K, Lewis J.P., O'Sullivan, K,* Sistoso, L,** Cachola, Z,** Nguyen, A,** Wong, K,** Pfeaster, C,** Weaver R.H. (September 2023). Including cultural strengths in the adapted Savvy Caregiver Program: 'Auamo Ke Kuleana O Nā Ma'i Poina. Poster presentation at the Hawai'i Pacific Gerontological Society. Honolulu, HI.

Sistoso, L.,** Cachola, Z.,** Nguyen, A.,** Wong, K.,** Pfeaster, C.,** **Jackson, A.** (March, 2023). Development of videos to supplement an adapted intervention for caregivers of Native Hawaiians with dementia. Video presentation at Pacific University Inauguration Symposium. Forest Grove, OR.

Jackson, A., Parker, L., Sano, Y., Cox, A.E., Lanigan, J. (April, 2021). Adaptive eating behaviors support improved diet quality. Poster presentation at the Washington State University Research Showcase. Vancouver, WA.

Jackson, A., Parker, L., Sano, Y., Cox, A.E., Lanigan, J. (April, 2021). Adaptive eating behaviors support improved diet quality. Poster presentation at the Washington State University Prevention Science Virtual Poster Session.

Iniguez, A., **Jackson, A.,** Weaver, R., Lanigan, J. (April, 2021). A lifespan perspective of structural and perceived social relationships, dietary behaviors, and food insecurity during COVID-19. Poster presentation at the Washington State University Prevention Science Virtual Poster Session.

Strickland, M., Iniguez, A., **Jackson, A.,** Lanigan, J. (April, 2021). Parenting dimensions mediate the relationship between food insecurity and family health behaviors. Poster presentation at the Washington State University Research Showcase. Vancouver, WA.

Strickland, M., Iniguez, A., **Jackson, A.,** Lanigan, J. (April, 2021). Parenting dimensions mediate the relationship between food insecurity and family health behaviors. Poster presentation at the Washington State University Prevention Science Virtual Poster Session.

Jackson, A. (April, 2021). Weight Stigma, Embodiment, and Eating During COVID-19. Oral presentation at the Oregon and Washington Academies of Nutrition and Dietetics 2021 Virtual Conference.

Payne, C.*, **Jackson, A.,** Novak, M. (May, 2020). Increasing self-efficacy and body appreciation in collegiate athletes as part of a cooking education intervention. Poster presentation at Oregon Health & Science University Research Week. Portland, OR.[1]

Cahn, A., **Jackson, A.** (October, 2019). Healthy in advance: Applying prevention science to nutrition interventions and programs. Oral presentation at the California Academy of Nutrition and Conference & Expo. Virtual presentation by Cahn, A.

Jackson, A., Cahn, A. Lanigan, J. (April, 2020). Do nutrition professionals have the tools to implement and evaluate effective nutrition programs? Digital poster presenter at the Washington State University Research Showcase. Vancouver, WA.

Jackson, A., Cahn, A. Lanigan, J. (April, 2020). Do nutrition professionals have the tools to implement and evaluate effective nutrition programs? Poster presenter at the Washington State University Prevention Science Poster Session. Vancouver, WA.[1]

Jackson, A., Cox, A., Sano, Y., Lee, S., Lanigan, J. (April, 2019). Lower self-rated health and body dissatisfaction promotes effective food parenting practices. Oral presenter at the

Washington State University Research Showcase. Vancouver, WA.

Jackson, A., Cox, A., Sano, Y., Lee, S., Lanigan, J. (April, 2019). Communication about food and nutrition within the parent-young child dyad. Poster presenter at the Washington State University Research Showcase. Vancouver, WA.

Jackson, A., Soares, M.*, Thelan, N.* (March, 2019). Sports nutrition, culinary skills, and Division 1 athletes. Oral presenter at the Nutrition and Dietetic Educators and Preceptors – Western Region Conference. Portland, OR.

Jackson, A., Cox, A., Sano, Y., Lee, S., Lanigan, J. (March, 2019). Lower self-rated health and body dissatisfaction promotes effective food parenting practices. Poster presenter at the Washington State University Prevention Science Poster Session. Pullman, WA.

Lanigan, J., **Jackson, A.** (April, 2018). Dating until death: Familial influence on food. Oral presenter at the Washington State Academy of Nutrition and Dietetics Conference. Seattle, WA.

Jackson, A., Finn, J. (March, 2018). Promoting Professionalism in Dietetic Interns. Oral presenter at the Nutrition and Dietetic Educators and Preceptors – Western Region. Albuquerque, NM.

Invited Presentations, Non-Referred

Jackson, A., Kekauoha, B.P., Dillard, A. (March 2026) Adapting Caregiver Interventions for Responsiveness: Centering Community Knowledge and Values. National Institute of Aging Dementia Care and Caregiving Research Summit: The Role of Community in Dementia Care Research.

Jackson, A. (February 2026) Unpacking the New Nutrition Guidelines. Association of Hawaiian Civic Clubs monthly webinar.

Jackson, A. (February 2025) Data Governance, Data Sovereignty, and Data Use Agreements. Na Lei Makalapua (Mainland Council of the Association of Hawaiian Civic Clubs) Annual Meeting.

Isgrigg, J., **Jackson, A.** (August 2024) Demystifying Grant Writing Faculty Panel. Pacific University 2024 College of Arts and Sciences Pre-School Conference.

Jackson, A. (March 2024). Nutrition Workshop for Pacific University Cross Country and Track and Field athletic teams.

Burns-Glover, A., Town, M., Butay, E. **Jackson, A.** (August 2023) A Mana-Informed Maui Response: Cultural Alliance Strategies for Supporting and Advocating for Students.

Pacific University 2023 Faculty and Staff Orientation.

Jackson, A. (October, 2022). Past, Present, & Future. A research smorgasbord by our newest colleagues: Junior faculty research projects.

Jackson, A. (August, 2022). Culturally responsive community health & education. What does that look like? KALO Hawaiian Civic Club UNITY Expo.

Jackson, A. (July, 2021). What words can providers use to talk about weight? Experience Momentum.

Determinants and effects of motivational variables in nutrition and physical activity studies. Role: Moderator (June, 2021). International Society for Behavioral Nutrition and Physical Activity Virtual Conference.

Engaging Families in Improving Lifestyle Behaviors. Role: Moderator (June, 2021). International Society for Behavioral Nutrition and Physical Activity Virtual Conference.

Weaver, R., **Jackson, A.** (March, 2021). Health Behaviors During COVID-19: Study Design, Key Findings, and Next Steps. Washington State Prevention Research Sub-Committee.

Jackson, A. (March, 2021). Body Image, Eating Behaviors, and Diet Quality. Washington State University College of Agricultural, Human, and Natural Resource Sciences.

Live Q&A Session on Children and Families. Role: Moderator. (June, 2020). International Society for Behavioral Nutrition and Physical Activity. Virtual presentation.

Expanding traditional understandings of caregiver supportive feeding and sleep practices. Role: Organizer and Moderator. (April, 2020). International Society for Behavioral Nutrition and Physical Activity, Children and Families Special Interest Group Webinar.

Perone, S., Weybright, E., Weaver, R., **Jackson, A.,** Wheeler, J., Graham, P. (March, 2020). Crafting the job application. Washington State University Prevention Science Colloquium.

Jackson, A. (February, 2020). Body Image, Eating Behaviors, and Diet Quality. Washington State University Vancouver 3 Minute Thesis Contest.

Doering, E., Gray, M. Williams, K., **Jackson, A.** (November, 2019). Propelling a life span approach to prevention science. Washington State University Prevention Science Colloquium

Jackson, A. (November, 2019). Effective communication strategies for child care providers to support feeding children at home and in school. Washington State University Child

Development Program

Jackson, A., Cahn, A. (September, 2019). Healthy in advance: Applying prevention science to nutrition interventions and programs. Washington State University Prevention Science Colloquium

Jackson, A. (December, 2017). The Oregonian, Avoid overeating by listening to body cues (Interviewed and quoted)

Jackson, A. (December, 2017). Free Clinic of Southwest Washington, Healthy Eating for the Holidays with Diabetes

Jackson, A. (March-May, 2017). Albertsons Companies, Eating Healthy with Diabetes Grocery Store Tours

Jackson, A. (March-May, 2016). Albertsons Companies, Eating Healthy with Diabetes Grocery Store Tours

Jackson, A. (January, 2016). YMCA of Columbia Willamette, Healthy Eating as we Age, Cooking for One or Two

Jackson, A. (November, 2015). Vancouver Radiologists P.C., Corporate Wellness

Jackson, A. (October, 2015). YMCA Camp Collins Women's Retreat, Mindful Eating

Jackson, A. (October, 2015). Vancouver Lions Club, Healthy Eating as we Age

Jackson, A. (March, 2014). Southwest Michigan District Dietetics Association, Sports Nutrition

Jackson, A. (January-May, 2014). YMCA of Greater Kalamazoo, Diabetes Support Group featured speaker

Jackson, A. (December, 2013). Greenleaf Trust, Healthy Eating for the Holidays

Jackson, A. (December, 2013). Gazelle Sports, Healthy Eating for the Holidays

Jackson, A. (September, 2012). Gazelle Sports, Endurance and Sports Nutrition

[1] Event was cancelled or transitioned to virtual due to COVID-19.
* denotes collaboration with graduate students
** denotes collaboration with undergraduate students

Podcasts

Maudrie, T. (Guest Host), Ka'ula, L., Cruz, J.,Ching, D., Dutro, N., Wong, K.,** **Jackson, A.M. (2023)** Ep. 47 Exploring the History of Kalo and Bringing it the Continent with Leialoha Ka'ula, Jonathan Cruz, and Tara Maudrie. The *Health Promotion Practice Podcast.* https://podcasters.spotify.com/pod/show/health-promotion-practice/episodes/S3-Ep--47-Exploring-the-History-of-Kalo-and-Bringing-it-the-Continent-with-Leialoha-Kaula--Jonathan-Cruz--and-Tara-Maudrie-e2c1hpp

Ka'ula, L. (Host), Jackson, A.M. (2025) Ep. 4. Know Your Worth: Protecting Community Research & Data. *KOKO Podcast*. https://www.youtube.com/watch?v=a6kWoYRcc8w

Awards & Honors

2021	Outstanding Prevention Science Graduate Scholar
	Academy of Eating Disorders Student/Early Career Fellowship (Complimentary registration to International Conference on Eating Disorders virtual conference)
	Finalist for the Washington State University 2020-2021 Team Interdisciplinary Award for the College of Agricultural, Human, and Natural Resource Sciences
	Washington State University College of Agricultural, Human, and Natural Resource Sciences 3 Minute Thesis Contest, Second Place. Body Image, Eating Behaviors, and Diet Quality ($250)
2020	Washington State University Vancouver 3 Minute Thesis Contest, Second Place. Body Image, Eating Behaviors, and Diet Quality ($500)
2019	International Society for Behavioral Nutrition and Physical Activity: Student Best Poster Presentation Nominee, Communication About Food and Nutrition within the Parent-Young Child Dyad
	OHSU Teaching Award, Nominee
	Academy of Nutrition and Dietetics, Accreditation Council for Education in Nutrition and Dietetics, 2019 Noteworthy Practice Honoree
	Washington State University Vancouver Graduate Student Travel Award ($1,000)

	Washington State University Research Showcase First Place Graduate Poster Presentation Award, Communication About Food and Nutrition within the Parent-Young Child Dyad ($300)
2009	Alpha Eta, University of Texas, Southwestern Medical Center Honor Society Member
2006	Member of Psi Chi Psychology National Honor Society at SMU

Research Funding

Completed

Adaptation of an intervention for caregivers of Native Hawaiians with ADRD. Principal Investigator. $174,034 (4/2022-4/2025). Alzheimer's Association Research Fellowship (AARF-22-924873). **[1,2,3,4,5]**

Pilot testing ʻAuamo Ke Kuleana O Nā Maʻi Poina. Principal Investigator $11,200 (5/2024-9/2024). Pacific University Summer 2024 Undergraduate Research and Creative Inquiry Grants. **[1,2,3,4,5]**

Using mixed methods research to characterize the health and quality of life of caregivers of Native Hawaiian and Pacific Islander adults with Alzheimer's Disease and Related Dementias. Principal Investigator. $46,967. (3/2022-9/2023). Pilot project application for the Native Alzheimer's Disease Resource Center for Minority Aging Research (NAD RCMAR). **[1,2,3,4,5]**

Development of videos to supplement an adapted intervention for caregivers of Native Hawaiians with ADRD. Principal Investigator. $3,000 (1/2023-5/2023). Dr. Leon-Guerrero '83 Social Sciences Faculty Development Award 2022-2023. **[1,2,3,4,5]**

Impacts of Social Distancing due to COVID-19 on Health Behaviors. Co-Principal Investigator. (Principal Investigator: Jane Lanigan) $13,860. Washington State University Vancouver Mini-Grant (4/2020-12/2020). **[1,2,3,4,5]**

Body Image, Eating Behavior, and Diet Quality. Principal Investigator. Washington State University College of Agriculture, Human, and Natural Resource Sciences: Nelson-McLeod Scholarship $1,700. (9/2020-5/2021). **[1,2,3,4,5]**

Emergency Food Kits to Reduce Food Insecurity in OSHU Students. Principal Investigator. Co-Investigator: Hannah Wilson* OHSU School of Medicine Student Happiness Grant. $500. (8/2018-6/2019). **[1,2,3,4,5]**

Kids Eat Right Grant Recipient: Family Meals. Principal Investigator. Academy of Nutrition and Dietetics $500. (2012). **[3,4,5]**

Kids Eat Right Grant Recipient: Healthy Breakfast Grants. Principal Investigator. Academy of Nutrition and Dietetics $500. (2011). **[3,4,5]**

Not Funded

Engaging Native Hawaiians living on the Continent in Dementia Research. Principal Investigator. Alzheimer's Association Supporting Research in Health Disparities, Policy and Ethics in Alzheimer's Disease and Dementia Research [LOI accepted, full proposal submitted]. **[1,2,3,4,5]**

Piko to Piko: Growing Kalo (Taro) on the Continent. Principal Research Investigator, Community-based grant for administration by Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club. National Institutes of Health, Compass Build Up Challenge ($50,000-$200,000)[application submitted, not funded]. **[1,2,3,4,5]**

Indigenous Evaluation of Piko to Piko: Growing Kalo (Taro) on the Continent. Principal Research Investigator, Community-based grant for administration by Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club. Robert Wood Johnson: Evidence for Action ($500,000) [LOI not invited for full submission]. **[1,2,3,4,5]**

Perspectives from family and community-based organizations to inform intervention development for caregivers of NHPI adults living with ADRD. Principal Investigator. Oregon Alzheimer's Disease Research Center (OADRC) Development Projects. (2023) [LOI not invited for full submission]. **[1,2,3,4,5]**

Economic Stimulus and Childhood Nutrition and Food Security in American Indians and Alaska Natives. Co-Investigator. Robert Wood Johnson Foundation, Healthy Eating Research $247,000 [LOI not invited for full submission]. **[1,2,3,4,5]**

Development of an Intuitive Eating Intervention. Principal Investigator. Washington Research Foundation Postdoctoral Fellowship $200,000 [not funded]. **[1,2,3,4,5]**

Impacts of Social Distancing due to COVID-19 on Health Behaviors. Assisted in the preparation and writing of a proposal (PI: Jane Lanigan). Russell Sage Foundation. Requested funding, $152,515 [LOI not invited for full submission]. **[1,2,3,4,5]**

1) Provided the initial idea
2) Developed research design and hypotheses
3) Authorship of grant application
4) Developed and/or managed budget
5) Managed personnel and project activities

Community Organization Funding

Secured Funding for Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club
Oregon Department of Education: Pacific Islander Student Success Plan (10/1/24-6/30/27)
Tri-County: Building Infrastructure and Increasing the Traditional Health Workforce (1/1/25-6/30/26)
Oregon Health Authority - Community Investments in Data Collection, Infrastructure and Analysis (1/1/25-6/30/26)
Metro Community Placemaking (1/1/25- 12/31/25)
Oregon Community Foundation (2025)
Meyer Memorial Foundation (2025)
Oregon Health Authority - Public Health Equity Community Resilience: Community Connection & Empowerment (2026)

Teaching & Mentorship

Undergraduate Courses Taught at Pacific University

PH 200 Epidemiology (Spring 2024)
PH 352 Program Development and Evaluation (Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025)
PH/GSS/Soc 355 New Topic: NHPI Community and Health (Spring 2025)
PH 380 Public Health Field Experience (Fall 2022, Fall 2023)
PH 491 Capstone 1: Practicum/Senior Project (Fall 2022, 2024)
PH 492 Capstone 2: Practicum/Senior Project (Spring 2023, 2024, 2025)

Undergraduate Courses Taught at Washington State University

HD 220 Human Development Theories (Spring 2020, Spring 2021)
HD 403 Families in Poverty (Spring 2020)
HD 406 Work and Family (Fall 2019, Fall 2020, Summer 2021)

Graduate Courses Taught at Oregon Health & Science University

NUTN 504 Supervised Practice Rotations (Fall 2016-Spring 2019)
NUTN 507 Seminar (co-instructor) (Winter 2019)
NUTN 510 Public Health Nutrition (Fall 2019)
NUTN 537 Sports Nutrition Practicum (Winter 2018-Spring 2020)
UNI 403/503/703 Culinary Medicine (co-instructor) (Fall 2018-Spring 2019)
Interprofessional Practice Education (IPE) (co-instructor) (Fall 2016-Spring 2017)

Curriculum Development at Oregon Health & Science University

NUTN 537 Sports Nutrition Practicum: Developed elective course curriculum
NUTN 536 Nutrition Education and Behavior Change: Developed elective course curriculum

NUTN 504 Supervised Practice Rotations: Revised the curriculum to meet 2017 Accreditation Council for Education in Nutrition and Dietetics (ACEND) Dietetic Internship Standards

Additional Teaching Activity

Pacific University: Education and Leadership PhD (July 2026) Guest Lecture, Mixed Methods
Arizona State University: Community-Based Participatory Research (September 2025), Guest Lecture, Experiences in CBPR with the Native Hawaiian Community
Pacific University: Education and Leadership PhD (July 2025) Guest Lecture, Mixed Methods
Arizona State University: Community-Based Participatory Research (September 2024), Guest Lecture, Experiences in CBPR with the Native Hawaiian Community
Pacific University: Education and Leadership PhD (July 2024) Guest Lecture, Mixed Methods
Pacific University: (Re)Considering the 808 (March 2024) Guest Lecture, Community-based research with Hawaiian communities
UW Nutrition Sciences: Body Weight & Size Inclusivity: Clinical, Behavioral, and Societal Perspectives (January, 2024) Guest Lecture, Weight Bias, Stigma, & Health
WSU Prevention Science: Adult Development and Aging (April 2023) Guest Lecture, Cultural tailoring of evidence-based programs to promote health across the lifespan
UW Nutrition Sciences: Body Weight & Size Inclusivity: Clinical, Behavioral, and Societal Perspectives (October, 2022) Guest Lecture, Weight Bias, Stigma, & Health
WSU Prevention Science: Effective Prevention Strategies I (September, 2021) Guest Lecture, Prevention Research-Practice-Policy Partnerships
WSU Introduction to the Field of Human Development (March, 2021) Guest Lecture, Graduate School and Careers in Human Development
WSU Family Interactions Course (October, 2020) Guest Lecture, Application of the Family Communication Patterns Theory
WSU Nutrition Seminar (March, 2020) Guest Lecture, Body Image, Eating Behaviors, and Dietary Intake in Adults
OHSU Sports Medicine Fellowship (March, 2020) Guest Lecture, Fad Diets
OHSU Sports Medicine Fellowship (February, 2020) Guest Lecture, Sports Nutrition for the Collegiate Athlete
WSU Perspectives in Human Services Course (January, 2020) Guest Lecture, Providing Care and Self-Care
WSU Child Development Course (October, 2019) Guest Lecture, Nutrition and Physical Development
OHSU Sports Medicine Fellowship (July, 2019), Guest Lecture, Nutrition Recommendations in the Busy Primary Care Clinic
OHSU Sports Medicine Fellowship (April, 2019), Guest Lecture, Sports Nutrition for the Collegiate Athlete
OHSU Medical Nutrition Therapy and Pathophysiology Course (February, 2019), Guest Lecture, Diabetes Management
OHSU Public Health Nutrition Course (November, 2018), Guest Lecture, Needs Assessment and Program Development

WSU Child Development Course (October, 2018), Guest Lecture, Nutrition and Physical Development
OHSU Public Health Nutrition Course (September, 2018), Guest Lecture, Why We Eat What We Eat
OHSU Medical Nutrition Therapy and Pathophysiology Course (March, 2018), Guest Lecture, Diabetes Management
OHSU School of Medicine (December, 2017), Guest Lecture, Personal Wellness and Nutrition
OHSU Public Health Nutrition Course (November, 2017), Guest Lecture, Needs Assessment

Undergraduate Students Supervised

Student	Degree	Dates
Scarlett Jordan	BA in Public Health, Pacific University	2024-2024
Angeliyah (Kahoku) Kaʻula (Dutro)	BS in Social Work, Pacific University	2023-2024
Kacyn Ideue	BS in Biology, Pacific University	2023-2025
Paige Mayeda	BS in Public Health, Pacific University	2023-2024
Ashley Oshiro	BS in Public Health, Pacific University	2023-2024
Cortney Pfeaster	BS in Public Health, Pacific University	2022- 2023
Kawehi Wong	BS in Public Health, Pacific University	2022- 2023
Anne Nguyen	BS in Public Health, Pacific University	2022- 2023
Zowey Cachola	BA in Public Health, Pacific University	2022- 2023
Jillian Busig	BA in Human Development, WSU	2021 - 2022
Megan Strickland	BA in Psychology, WSU	2020 - 2022
Rachel Fitch	BA in Human Development, WSU	2017-2018

Graduate Students Supervised as Primary Advisor or Committee Member

Student	Degree	Dates	Thesis or Capstone Title
Primary Advisor			
Courtney Payne	MS in Human Nutrition, OHSU	2019-2020	Effects of a cooking intervention on self-efficacy and body appreciation in student athletes
Melissa Martutartus	MS in Human Nutrition, OHSU	2019-2020	Preventing the development and progression of type 2 diabetes: Education as an intervention for adolescents
Committee Member			
Ravneet Dhaliwal	PhD in Clinical Psychology	2024-2026	Testing and exploring the feasibility of a cognitive e-tool: Considering diverse factors

Eric Martinez	PhD in Education and Leadership, Pacific University	2023-2024	A patient needs assessment in the management of vestibular schwannoma
Hannah Wilson	MS in Human Nutrition, OHSU	2018-2019	Evaluation of a nutrition risk screening tool to identify risk of malnutrition among admitted patients in Lao PDR: A pilot study

Additional Mentoring

Sierra Kawena Hirayama	PhD in Public Health	2025-Current	Arts and culture to increase capacity in Native Hawaiian and Pacific Islander serving organizations
Sooyoun Park	PhD in Prevention Science, WSU	2023-2024	Indigenous evaluation of Piko to Piko
Nicole lee Ellison	PhD in Indigenous Health, University of North Dakota	2023-2026	Indigenous evaluation of Piko to Piko

Native Hawaiian Research Fellowship Supervision

Kawehi Wong	OHSU/PSU School of Public Health	2024-2024	Practicum Experience & Research Fellowship: Indigenous evaluation of Piko to Piko

Service

Professional Service

2026	Indian Health Service: Addressing Dementia in Tribal and Urban Indian Communities: CAReS Program Grant Review Chairperson
2025	Indian Health Service: Addressing Dementia in Indian Country Grant Reviewer
2024	Indian Health Service: Addressing Dementia in Indian Country Alternate Grant Reviewer
2024 - 2025	Indian Health Service: Alzheimer's Program: Informal Caregiver Workgroup Convening
2023 - 2025	Editorial Board Member *Ethnicity & Health*
2023 - Current	Dementia Caregiver Research Interest Group (RIG) at the Emory Roybal Center for Dementia Family Caregiving Mastery
2023	Grant Review for Alzheimer's Association Research Fellowship
2021 - Current	Member of the Indigenous Collaborative for Health, Agriculture, Nutrition, Growers, and Environmental Sovereignty working group

2019 – 2022	International Society for Behavioral Nutrition and Physical Activity: Children & Families Special Interest Group Committee Member
2016-2018	Washington State Academy of Nutrition and Dietetics Board Member: Secretary
2012-2014	Southwest Michigan Dietetic Association: Board Member at Large
2009-2011	St. Louis Dietetic Association: Outreach Committee Co-chair

Pacific University Service

2023-2025	Council on Undergraduate Research – Representative
2023-2025	Institutional Review Board - Member
2023-2025	Mental Health Promotion Working Group - Member
2022-2024	Public Health Club Faculty Advisor

OHSU and WSU Service

2019-2020	Search Committee, WSU Human Development/Prevention Science
2018 - 2020	Portland State University Athletic Teams Dietitian
2018	Search Committee, WSU Extension Diabetes Prevention Program Coordinator
2017-2019	OHSU Food Insecurity Task Force
2016	OHSU Wellness Committee Member

Community Service

2025	Association of Hawaiian Civic Clubs Convention, Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club Delegate
2024	Association of Hawaiian Civic Clubs Convention, Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club Delegate
2024-2025	Oregon Pacific Islander Coalition, Health Committee Member
2024-Current	Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club, Chair, Health & Public Policy Committee
2023-Current	Marshallese Women Education and Health Network, Board Member
2023	Association of Hawaiian Civic Clubs Convention, Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club Delegate
2023-Current	Association of Hawaiian Civic Clubs, Mālama Ola (Health & Human Services) Committee member
2023-Current	Na Lei Makalapua (Mainland Council Association of Hawaiian Civic Clubs) Mālama Ola (Health & Human Services) Committee Chair
2023-2024	Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club Grants Committee Member
2022-2025	Oregon Pacific Islander Coalition, Voting Representative for Ka ʻAha Lāhui O ʻOlekona Hawaiian Civic Club
2020	SNAP-Ed Request for Applications Reviewer, Spokane Regional Health District
2016- 2020	Free Clinic of Southwest Washington Volunteer Diabetes Educator

Professional Development

2023	Johns Hopkins Mixed Methods Research Training Program for Health Sciences, Primary Mentor Mark Luborsky, PhD
2023	Native Alzheimer's Disease Resource Center for Minority Aging Research (NAD RCMAR) Grant Writing Workshop, Primary Mentors: Scott Okamoto PhD, MSW and Clemma Muller, PhD
2022	University of Utah National Research Mentor Network Grant Writing Training
2021	Native Alzheimer's Disease Resource Center for Minority Aging Research (NAD RCMAR) Grant Writing Workshop
2020	Structural Equation Modeling Workshop, Brigham Young University
2019	Mixed Methods Workshop, Washington State University
2019	Health at Every Size Training, International Association of Eating Disorder Professionals

Peer Reviews

Manuscript Reviewer: Pediatric Diabetes (2015), American Indian and Alaska Native Mental Health Research (2021), BMC Public Health (2022), Brazilian Journal of Psychiatry (2022), Prevention Science (2022), Journal of Human Sciences and Extension (2022), Journal of Prevention and Health Promotion (2022), Eating Behaviors (2022), International Journal of Undergraduate Research and Creative Activities (2022), Journal of Nutrition Education and Behavior (2022), Journal of Health Disparities Research and Practice (2023), Research Involvement and Engagement (2023), BMC Public Health (2023), Eating Behaviors (2023), Progress in Community Health Partnerships: Research, Education, and Action (2024), Genealogy (2024), Social Sciences Medicine - Mental Health (2024), Appetite (2025), Alzheimer's & Dementia: Behavior & Socioeconomics of Aging (2026), Dementia: the international journal of social research and practice (2026)

Endocrine Disorders: Nutrition and Diagnosis Related Care, Sylvia Escott-Stump, 9th Edition
NCCOR Measures Registry eLearning Modules on Individual Diet

Memberships, Affiliations, Certifications, & Licenses

Professional Memberships

International Society of Behavioral Nutrition and Physical Activity
Society for Prevention Research
International Society to Advance Alzheimer's Research and Treatment (ISTAART)
Gerontological Society of America
American Evaluation Association
Oregon Program Evaluators Network

Certifications and Licenses

Registered Dietitian Nutritionist (1017578, expires 5/30)

Certified Dietitian, Washington (expires 2/2027)
Licensed Dietitian, Oregon (expires 12/2026)
Certified Diabetes Care and Education Specialist (21120470, expires 12/26)
American Dietetic Association, Certification in Pediatric and Adolescent Weight Management