

## Supportive Care Medicine Consult Rotation

### Rotation Director

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### Administrative Contact

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### Overview:

This one to two week experience in supportive care medicine will provide residents with an introduction to pain and symptom management, increased comfort discussing goals of care, and appreciation for working in an interdisciplinary team.

### Rotation Expectations

- Residents will be expected to follow 2-3 patients under the daily supervision of an attending physician.
- Residents will have didactic sessions with the interdisciplinary team as well as a didactic session on goals of care conversations
- Residents will be expected to attend daily multidisciplinary team rounds
- Residents will participate in family meetings whenever possible
- There will be no weekend or overnight call on this rotation

### At the end of a one or two week supportive care medicine rotation, each learner will

1. **Goal:** Assess pain systematically and treat pain effectively using opioids, non-opioid analgesics, and non-pharmacological interventions (PC1, PC2, PC3, PC4, MK2, ICS1)
  - a. Demonstrate at least once how to perform a complete symptom assessment including pain and non-pain symptoms during a new patient consult
  - b. Demonstrate how to accurately calculate total daily dose (TDD) in oral morphine equivalents (OME) at least once
  - c. Construct independently at least one individualized treatment plan for a patient's pain that takes into account both physiological and psychosocial factors and incorporates pharmacological and non-pharmacological interventions as appropriate
2. **Goal:** Assess non-pain symptoms systematically and explain how to treat non-pain symptoms effectively using pharmacological and non-pharmacological interventions (PC1, PC2, PC3, PC4, MK2, ICS1)
  - a. Organize commonly used laxatives into categories based on their mechanism of action and differentiate between categories in terms of effect and side effect
  - b. Organize commonly used anti-emetics into categories based on their mechanism of action and differentiate between categories in terms of effect and side effect
3. **Goal:** Explore patient and family understanding of illness, concerns, goals, and values and identify treatment plans that respect and align with these priorities (PC1, MK2, SBP2, PROF1, ICS1, ICS2)
  - a. Rank as valuable the importance of aligning treatment plans with patient's concerns, goals, and values as demonstrated during at least one debrief session following a family meeting
  - b. Demonstrate at least once how to elicit a patient's and or family's understanding of illness, concerns, goals, and values and how to develop a goal concordant plan during a new patient consult

4. **Goal:** Appreciate the value of interdisciplinary team collaboration on a supportive care team with a focus on how expert psychosocial and spiritual assessment contributes to comprehensive care for patients who are seriously ill (ICS1, ICS2)
  - a. Rank as valuable the importance of social, environmental, and spiritual factors in assessing distress related to serious illness
  - b. Rank as valuable the importance of collaborating with the supportive care IDT team in providing comprehensive care for patients who are seriously ill

### **Faculty Responsibility**

The supportive care attending physician who supervises the resident will be responsible for ensuring that the resident meets the above objectives. This attending will also meet with the resident at the conclusion of the rotation for feedback.

### **Please refer to the reference library on the learner website for suggested readings**

(<https://sites.google.com/view/scm-learner-website/home>)

### **Online resources**

[www.capc.org](http://www.capc.org) (Center for the Advancement of Palliative Care) - residents are encouraged to explore the sections “Tools for Palliative Care Programs” and “Palliative Care Resources and References

[www.mypcnow.org/fast-facts](http://www.mypcnow.org/fast-facts) (Fast Facts for Palliative Care) - searchable database of short evidence-based summaries of palliative care topics

[www.vitaltalk.org](http://www.vitaltalk.org) - communication curriculum aimed at teaching skills to navigate tough conversations with patients with serious illness