

# Resource List

## MyVision

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### Mission Statement

Our mission is to help you make the best decisions about your vision health. We offer medically reviewed articles about all things related to your vision and eye health. Learn all you need to know about eye conditions, glasses & contacts, eye surgery, and more. MyVision.org is an effort by a group of expert ophthalmologists and optometrists to provide trusted information on eye health and vision. Our medical review team works to ensure that you receive the most accurate and up-to-date information so you can make the most informed decision about your health and future.

### Resource Services

- Eye Health - Checklist for Eye Health, Eye Exam, Children, Eye Issues, Diabetes, Additional Information and References
- Eye Surgery - Types, Insurance and References
- Eye Glasses - Prescription and Non-Prescription Eye Glasses, Lens Material, Frame Material, Protective Coatings, How to Choose, How to Get Them, Paying for Eye Glasses, Top brands, Buying Online, Tips for Eye Glass Care, Eye Glasses vs. Contacts, Eyeglasses vs. LASIK, References

### Access

**Eligibility Guidelines:** N/A

**Appointment Necessary:** N/A

**Fee:** N/A

**Insurance:** N/A

**Notes:** This is a reference website with information regarding all things eye sight!

## Contact Information

**Phone Number:**

**Address:** 75 Enterprise STE 275, Aliso Viejo, CA 92656

**Website Address:** <https://myvision.org/>

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