



2024-25 – Registration Guide

[View our Curriculum Flowchart here.](#)

Please review this guide prior to registration for Fall 2024, and also be sure to check each class description on our website, berkshirepulse.org, to ensure you are fulfilling all requirements.

Enrollment in Levels 1 through 4 Ballet, Modern, and Jazz classes requires placement from Pulse teaching artists and staff. *New students can take a placement class to determine their level. After class, the teaching artist and programming team will meet to determine placement for each student. No decision will be made on the spot. Please do not ask our teaching artists about class placement directly following the placement class, as the teacher will need to discuss with programming staff in order for any decisions to be finalized.*

Early Childhood (Ages 18 months-8 years):

Our youngest dancers begin their journey in classes that foster their individual artistic voice, sense of creativity, and joy in movement.

1+ Classes a week

Ages: 18 months-8 years

Class Name	Age Range	Day of the Week
Dance with Me	ages 18 months-3 years	Tuesday
Creative Dance	ages 4-6	Tuesday
Tumbling	ages 5-7 and ages 6-8	Saturday
Intro to Dance	ages 6-8	Thursday

Foundations (Ages 8-13):

Our Foundations Level classes can follow our Early Childhood Level classes or provide an introduction to dance on their own. These classes introduce dancers to specific dance forms and technique, while continuing a spirit of creativity, exploration, and joy.

1+ Classes a week

Ages: 8-13



Berkshire Pulse offers many classes for youth that require participation in only one class per week. In addition, for teens (12+) and adults, please refer to our [Community Class Program](#) for classes and schedule.

Class Name	Age Range	Day of the Week
Modern/Ballet Foundations	ages 8-10	Monday
Dance Foundations 2	ages 10-13	Monday
Beginners West African Drumming	ages 8+	Monday
Intermediate West African Drumming	ages 9+ by placement	Wednesday
Dances of Africa	ages 8-12	Wednesday
Dance for Boys	ages 10-13	Thursday
Beginners Flamenco	ages 7+	Thursday
Beginners Funk Box Breaking	ages 8+	Friday
Ballet Foundations	ages 8-10	Saturday
Beginners Tap	ages 7+	Saturday

Level 1 (Ages 9-12):

Level 1 dancers can deepen their experience with movement and learning by progressing into two classes per week. Dancing more than once per week allows for greater ease of progress and sense of fulfillment. If taking Level 1 Ballet or Modern, participation in two classes or more per week is required at this level. Enrollment in Level 1 Ballet or Modern requires placement from Pulse teaching artists and staff.

If you're interested in participating once per week, Berkshire Pulse offers many classes for youth that require participation in only one class. For youth students, please see the above list of Foundations level classes, all of which can be taken on their own once per week. Other once-per-week class options include the Musical Theater Collective, Intermediate Funk Box Breaking (with placement), and Int/Adv Tap (with placement). For teens (12+) and adults, please refer to our [Community Class Program](#) for classes and schedule.

New students can take a placement class to determine their level. After class, the teaching artist and programming team will meet to determine placement for each student. No decision will be made on the spot.



2+ Classes a week

Age: 9-12

For dancers taking Ballet 1 or Modern 1:

Choose at least 2 Classes:

**Please note that Dances of Africa is a prerequisite for Jazz classes in Level 2 and up. In order to take Jazz in Level 2, dancers must complete one full year of Dances of Africa. Dancers who took Jazz 1-2 in 2023-2024 are welcome to enroll in Jazz 2-3 and are not required (but welcome) to take Dances of Africa.*

Class Name	Age Range	Day of the Week
Ballet 1	ages 9-12	Saturday
Modern 1	ages 9-12	Friday
Dances of Africa <i>(prerequisite for Jazz 2-3)</i>	ages 8-12	Wednesday
Beginners Flamenco	ages 7+	Thursday
Beginners Funk Box Breaking	ages 8+	Friday
Intermediate Funk Box Breaking	ages 10+ by placement	Friday
Musical Theater Collective	ages 10+	Saturday

Optional Additions:

Class Name	Age Range	Day of the Week
Beginners West African Drumming	ages 8+	Monday
Intermediate West African Drumming	ages 9+ by placement	Wednesday
Beginners Tap	ages 7+	Saturday
Int/Adv Tap	ages 12+ by placement	Monday



Level 2 (Ages 11+):

The classes in this level are designed to challenge, inspire, and foster love for dance as an art form and as a tool for developing the dedication necessary in fulfilling personal goals.

Participation in two classes or more per week is required at this level (in accordance with individual placement recommendations). Enrollment in Level 2 Ballet, Modern, or Jazz requires placement from Pulse teaching artists and staff.

If you're interested in participating once per week, Berkshire Pulse offers many classes for youth that require participation in only one class. For youth students, please see the list of Foundations level classes, all of which can be taken on their own once per week. Other once-per-week class options include the Musical Theater Collective, Intermediate Funk Box Breaking (with placement), and Int/Adv Tap (with placement). For teens and adults, please refer to our [Community Class Program](#) for classes and schedule.

New students can take a placement class to determine their level. After class, the teaching artist and programming team will meet to determine placement for each student. No decision will be made on the spot.

Requirements: 2+ Classes Weekly, 3+ Classes for Pre-Pointe Track

Age: 10+

For dancers taking Ballet 2, Modern 2, or Jazz 2-3:

Choose at least 2 Classes:

**Please note that Dances of Africa is a prerequisite for Jazz classes in Level 2 and up. In order to take Jazz in Level 2, dancers must complete one full year of Dances of Africa. Dancers who took Jazz 1-2 in 2023-2024 are welcome to enroll in Jazz 2-3 and are not required (but welcome) to take Dances of Africa.*

Class Name	Age Range	Day of the Week
Ballet 2	ages 10+	Wednesday
Modern 2	ages 11+	Tuesday
Jazz 2-3	ages 11+	Monday
Beginners Flamenco or Community Flamenco	ages 7+, ages 12+	Thursday
Dances of Africa or Community African	Ages 8-12, ages 12+	Wednesday



Beginners Funk Box Breaking	ages 8+	Friday
Intermediate Funk Box Breaking	ages 10+ by placement	Friday
Musical Theater Collective	ages 10+	Saturday

Special Programs & Other Classes:

Class Name	Age Range	Day of the Week
Young Choreographers Workshop	ages 12+	Tuesday
Beginners West African Drumming	ages 8+	Monday
Intermediate West African Drumming	ages 9+ by placement	Thursday
Int/Adv Tap	ages 12+	Monday

For Pre/Beginners Pointe Students

Required Classes:

Class Name	Age Range	Day of the Week
Ballet 2 AND Ballet 2-3	ages 10+	Wednesday AND Friday
Pre/Beginners Pointe	by placement	Friday

Choose at least 1 other class from the list provided above for Level 2.

Level 3 (Ages 13+):

Students who are invited to participate in Level 3 have exhibited the desire, self-discipline, and dedication necessary for further progress and accomplishment in the Berkshire Pulse Youth Performing Arts Program. Level 3 students are expected to uphold class preparedness with appropriate dress code and to maintain conditioning, as well as deepen and widen their range of experience during school breaks with level-appropriate Pulse community classes, workshops, and intensives.

Participation in three or more classes/styles of dance per week is required at this level. Enrollment in Level 3 Ballet, Modern, and Jazz requires placement from Pulse teaching artists



and staff. The class schedule is determined by program directors in consideration of individual students' needs and interests.

New students can take a placement class to determine their level. After class, the teaching artist and programming team will meet to determine placement for each student. No decision will be made on the spot.

Additional classes and rehearsals may be required during April break and May for Level 3 dancers performing in the Spring Celebration.

Requirements: 3+ Classes Weekly

Age: 13+

For dancers taking Modern 3 or Jazz 3-4:

**Please note that completion of a full year of Ballet, Modern, and Jazz, alongside a dance form of another style is a prerequisite for entering Level 4. Students can expect to spend multiple years in level 3 and are not required to complete all classes in one year.*

Required: Choose at least 2 of the following class(es):

Class Name	Age Range	Day of the Week
Modern 3	ages 13+	Tuesday
Jazz 2-3 OR Jazz 3-4	ages 11+, ages 13+	Monday or Thursday
Group Level Ballet 3-4	ages 13+	Thursday

Required: Choose at least 1 of the following class(es):

Class Name	Age Range	Day of the Week
Community Salsa	ages 13+	Monday
Community African	ages 12+	Wednesday
Community Flamenco	ages 12+	Thursday
Beginners Funk Box Breaking	ages 8+	Friday
Intermediate Funk Box Breaking	ages 10+ by placement	Friday
Community Hip Hop	ages 13+	Tuesday

Special Programs & Other Classes:



Class Name	Age Range	Day of the Week
Young Choreographers Workshop	ages 12+	Monday
Musical Theater Collective	ages 10+	Saturday
Beginners West African Drumming	ages 8+	Monday
Intermediate West African Drumming	ages 9+ by placement	Thursday
Int/Adv Tap	ages 12+ by placement	Wednesday
Community Classes	ages 12+	Monday through Saturday

For dancers taking Ballet 3 and Pre Pointe:

**Please note that completion of a full year of Ballet, Modern, and Jazz, alongside a dance form of another style is a prerequisite for entering Level 4. Students can expect to spend multiple years in level 3 and are not required to complete all classes in one year.*

Required:

Class Name	Age Range	Day of the Week
Ballet 3	ages 13+	Wednesday
Ballet 2-3 + Pre/Beginners Pointe	ages 11+	Friday

Required: Choose at least 1 of the following class(es):

Class Name	Age Range	Day of the Week
Modern 3	ages 13+	Tuesday
Jazz 2-3 OR Jazz 3-4	ages 11+, ages 13+	Monday or Thursday

Required: Choose at least 1 of the following class(es):

Class Name	Age Range	Day of the Week
Community Salsa	ages 13+	Monday



Community African	ages 12+	Wednesday
Community Flamenco	ages 12+	Thursday
Community Hip Hop	ages 12+	Tuesday
Community House	ages 13+	Saturday

For dancers taking Ballet 3 and Beginners Pointe:

**Please note that completion of a full year of Ballet, Modern, and Jazz, alongside a dance form of another style is a prerequisite for entering Level 4. Students can expect to spend multiple years in level 3 and are not required to complete all classes in one year.*

Required:

Class Name	Age Range	Day of the Week
Ballet 3 + Beginners Pointe	ages 13+	Wednesday
Group Level Ballet 3-4 OR Saturday Community Ballet	ages 13+	Thursday or Saturday
Ballet 2-3 + Beginners Pointe	ages 11+	Friday

Required: Choose at least 1 of the following class(es):

Class Name	Age Range	Day of the Week
Modern 3	ages 13+	Tuesday
Jazz 2-3 OR Jazz 3-4	ages 11+, ages 13+	Monday or Thursday

Required: Choose at least 1 of the following class(es):

Class Name	Age Range	Day of the Week
Community Salsa	ages 13+	Monday
Community Flamenco	ages 12+	Thursday
Community Hip Hop	ages 12+	Tuesday
Community House	ages 13+	Saturday



Level 4 (Ages 14+):

Students invited to Level 4 have a self-motivated and rigorous work ethic, the ability to welcome ongoing challenges and retain corrections, and the patience to go deeper into developing technical skills and individual expression of movement and artistry. These students are expected to uphold class preparedness with an appropriate dress code and to maintain conditioning during breaks with level-appropriate Pulse community classes, workshops, and intensives. Level 4 students have the opportunity to study with visiting teaching artists regularly throughout the year and are invited to participate in performances and workshops at other venues throughout the region.

Participation in four or more styles of dance per week is required at this level. These required classes include Ballet, Contemporary, Jazz, and House. Enrollment in Level 4 requires an invitation from Pulse teaching artists and staff. Dancers must be at least 14 and in their first year of high school. The class schedule is determined by program directors in consideration of individual students' needs and interests.

New students can take a placement class to determine their level. After class, the teaching artist and programming team will meet to determine placement for each student. No decision will be made on the spot.

Additional classes and rehearsals may be required during April break and May for Level 4 dancers performing in the Spring Celebrations.

Requirements: 4+ Classes Weekly

Age: 14+

For dancers taking Contemporary 4:

Required:

Class Name	Age Range	Day of the Week
Contemporary 4	ages 14+	Saturday
Group Level Ballet 3-4	ages 13+	Thursday
Jazz 3-4	ages 13+	Thursday
House	ages 13+	Saturday

Special Programs & Other Classes:

Class Name	Age Range	Day of the Week
Young Choreographers Initiative	ages 14+ by placement	Monday



Beginners Funk Box Breaking	ages 8+	Friday
Intermediate Funk Box Breaking	ages 10+ by placement	Friday
Musical Theater Collective	ages 10+	Saturday
Community Classes	ages 12+	Monday through Saturday

For Pointe Track Students:

Required Classes:

Class Name	Age Range	Day of the Week
Contemporary 4	ages 14+	Saturday
Ballet 3 + Pointe Class	ages 13+ by placement	Wednesday
Group Level Ballet 3-4 OR Community Intermediate Ballet	ages 13+	Thursday or Monday
Community Ballet + Pointe	ages 12+ by placement	Saturday
Jazz 3-4	ages 13+	Thursday
House	ages 13+	Saturday