



List of resources discussed after the screening of Kiss the Ground at EBPL on September 20th, 2023

Kiss the Ground

Kiss the Ground reveals that, by regenerating the world's soils, we can completely and rapidly stabilize Earth's climate, restore lost ecosystems and create abundant food supplies. Using compelling graphics and visuals, along with striking NASA and NOAA footage, the film artfully illustrates how, by drawing down atmospheric carbon, soil is the missing piece of the climate puzzle.

<https://kissthegroundmovie.com/> - movie's website

Available for streaming on Netflix

The Soil Profile newsletter

<https://njaes.rutgers.edu/soil-profile/> - all issues of the newsletter

Grass Farming Puts Carbon in Soil

A ten year study on how conversion of tilled farmland to permanent pasture effectively puts carbon in soil.

<https://njaes.rutgers.edu/soil-profile/pdfs/sp-v25.pdf> - read about the study

Sources of organic food

NORTH EAST ORGANIC FARMING ASSOCIATION

Each of the seven state chapters comprising the Northeast Organic Farming Association provides educational conferences, workshops, farm tours and printed materials to educate farmers, gardeners, consumers and land care professionals.

<https://nofa.org/>

The Northeast Organic Farming Association of New Jersey

The Northeast Organic Farming Association of New Jersey (NOFA NJ) has supported and advocated for organic farming and local food systems in the Garden State since 1985. From technical support to educational programming and policy advocacy, our work is dynamic, community-focused, and has lasting impacts throughout the entire food system. NOFA NJ is one of seven NOFA Chapters with a 50+ year history of advocating for organic farming, local foodsystems, and ecological restoration.

<https://nofanj.org/>

BONE IN FOOD – FARM TO DOOR

Bone-In is a weekly food delivery service with an emphasis on wellness education.

<https://www.boneinfood.com/>

THE FAMILY COW, Chambersburg PA

Farm store, pickup locations and home delivery

<https://yourfamilyfarmer.com/>

Lima family farm Hillsborough, NJ

Our operations started in 2007 with 17 cows and has since grown to 175 head of cattle with the additions of turkeys, chickens, hens, pigs, a greenhouse, and a market store.

<https://limafamilyfarms.com/>

Snapping Turtle Farm Cranbury, NJ

Your subscription box will be different each week, empowering you to strengthen your knowledge of seasonal cooking and eating.

<https://www.snappingturtlefarm.com/>

Books

Toxic Legacy: How the Weedkiller Glyphosate Is Destroying Our Health and the Environment

By Stephanie Seneff

<https://www.amazon.com/Toxic-Legacy-Weedkiller-Glyphosate-Environment/dp/160358929>

5

Whitewash: The Story of a Weed Killer, Cancer, and the Corruption of Science

By Carey Gillam

https://www.thriftbooks.com/w/whitewash-the-story-of-a-weed-killer-cancer-and-the-corruption-of-science_carey_gillam/14456171/item/58800469/?utm_source=google&utm_medium=cpc&utm_campaign=pmax_high_vol_frontlist_under_%2410&utm_adgroup=&utm_term=&utm_content=&gclid=Cj0KCQjw06-oBhC6ARIsAGuzdw3RK6Xt8hqrBm_kwLsKToWN1Df3SsLbxY3mg3gz6-TeqdXYdk5_ULAAuvnEALw_wcB#idiq=58800469&edition=15322196

Dirt to Soil: One Family's Journey into Regenerative Agriculture

By Gabe Brown

<https://www.amazon.com/Dirt-Soil-Familys-Regenerative-Agriculture/dp/1603587632>

Guides

Take the guesswork out of buying the most natural, nutrient dense, and traditional foods!

Weston guide

<https://www.westonaprice.org/about-us/shopping-guide/#gsc.tab=0>

Sustainable seafood guide

<https://www.seafoodwatch.org/recommendations/download-consumer-guides>

Know of other resources that should be added to the list? Send us an email: friends.ebec@gmail.com

For information on future events and projects join our mailing list (your contact information will never be sold or shared) [Click here](#)