

Mountain Day Info:

THETFORD ACADEMY FREDERICK G. TORREY MEMORIAL MOUNTAIN DAY 2025

When: Friday September 19th.

History

Mountain Day was established in 1979 by Frederick G. Torrey, headmaster at Thetford Academy from 1977 to 1989. His love of the out-of-doors, hiking and the White Mountains moved him to create Mountain Day, to enable students to learn about their surroundings and explore the mountains that can be seen from the front lawn of the Academy. The name of the activity reflects the many contributions Fred Torrey left to TA. This is a tradition that we're happy to continue in 2025.

Mission

An opportunity for students and their class advisors to get to know each other better, for classes to work together on a common goal, and for students to discover parts of their nearby world, Mountain Day is both educational and enjoyable.

DESTINATION: Each of TA's six classes will hike to the summit of a mountain:

7th Grade, Mt. Cube

Elevation: 2909 ft, Mileage: 4.3 miles (Cross Rivendell Trail) [Link](#)

8th Grade, Black Mt.

Elevation: 2800 ft, Mileage: 3.6 miles (Chippewa Trail), [Link](#)

9th Grade, Cardigan Mountain

Elevation: 3155 ft, Mileage: 3 miles (West Ridge Trail), [Link](#)

10th Grade, Smarts Mountain

Elevation: 3238 ft, Mileage: 7.6 miles (Appalachian Trail), [Link](#)

11th Grade, Mt. Ascutney

Elevation: 3144 ft, Mileage: 5.3 miles (Windsor Trail), [Link](#)

12th Grade, Mt. Moosilauke

Elevation: 4802 ft, Mileage: 8.8 miles (Gorge Brook, Carriage, Snapper), [Link](#):

SENIORS: Because of the travel distance to Mt. Moosilauke and the length of the hike, seniors will depart campus at 7:30 a.m. and return to campus by around 4:00 p.m. (Transportation to and from school must be arranged by families for seniors).

THE CLIMB: Students and chaperones will be traveling on well-marked public trails. The total distance walked will be from three to eight miles. Any student who is able to participate in our Physical Education program should be able to make the hike.

ATTENDANCE: Thetford Academy urges and expects all students to attend Mountain Day. No students will be allowed to remain on campus.

CLOTHING: Students should be dressed to be out of doors in fall weather in the mountains. TA recommends warm sweaters and shirts (wool if possible), a windbreaker/raincoat, hat, mittens, and rubber soled comfortable boots or sneakers. (The best footwear is boots or sneakers that support the ankle, along with good socks; no sandals, crocs or bare feet will be permitted!) It can be cold on top of the mountain so everyone should come prepared.

LUNCH: Students should bring a bag lunch with PLENTY to drink – a large canteen or large plastic bottle (or two) of water is best. All trash must be "Packed in and Packed Out"

REMINDERS: Students should bring any medicine necessary as prescribed by their doctor. Those with allergies who carry an epi-pen & Benadryl with them at school bring them! Students should have a good breakfast.

Guardians must complete the online permission form no later than September 15. Students without a permission form will not be allowed to participate in the hike.