



Camp Kesem Packing List

Please label all items with your child's first and last name!!

(NO bedding or towels will be provided unless requested.)

If you are unable to bring anything on this list, please contact your chapter - we will be happy to provide it!

<p>Clothing:</p> <p> <input type="checkbox"/> T-shirts (7) <input type="checkbox"/> Shorts (5) <input type="checkbox"/> Long sleeve shirts (2) <input type="checkbox"/> Long pants/jeans (2) - Needed for ropes course <input type="checkbox"/> Jacket, sweatshirt (1) <input type="checkbox"/> Pajamas <input type="checkbox"/> Underwear (10 pair) <input type="checkbox"/> Socks (10 pair) <input type="checkbox"/> Closed toed shoes (tennis /athletic shoes) <input type="checkbox"/> Laundry bag </p> <p>General Daily Use:</p> <p> <input type="checkbox"/> Flashlight with new batteries <input type="checkbox"/> Sunscreen (1 bottle) <input type="checkbox"/> Insect repellent (stick or bottle) <input type="checkbox"/> Water bottle <input type="checkbox"/> Glasses / Contacts and cleaning solution <input type="checkbox"/> Goggles (if needed) <input type="checkbox"/> Medication (1-week supply - <u>only in original container</u>) <input type="checkbox"/> Hat </p> <p>Camp Kesem is not responsible for lost or stolen items.</p>	<p>Swimming & Bathing:</p> <p> <input type="checkbox"/> Swimsuit (One piece or two piece with t-shirt; Shorts - no Speedos) <input type="checkbox"/> Shower shoes (flip flops or water shoes) <input type="checkbox"/> 2 towels (bath towel and swim towel) <input type="checkbox"/> Washcloth <input type="checkbox"/> Soap, shampoo, conditioner <input type="checkbox"/> Toothbrush & toothpaste <input type="checkbox"/> Comb / Brush <input type="checkbox"/> Deodorant <input type="checkbox"/> Feminine hygiene products (if applicable) </p> <p>Sleeping:</p> <p> <input type="checkbox"/> Blanket & sheets or sleeping bag (twin mattress) <input type="checkbox"/> Pillow </p> <p>Optional:</p> <p> <input type="checkbox"/> Musical Instrument <input type="checkbox"/> Notebook or Journal </p>
--	--

Packing Tips:

- Don't pack anything of value. If possible, send clothing and shoes that are able to get wet and messy (if you don't have any clothing that is able to get messy, no problem! Please contact us to let us know and we will be sure to provide some).
- Label EVERYTHING.
- For younger campers, we recommend putting outfits for each day into individual ziplock bags for easy dressing.

Commonly Forgotten Items:

- Pillow, toothbrush, shower shoes, water bottle, deodorant

Items to Leave at HOME:

Cell phones, tablets, handheld gaming systems, iPods or iPads, MP3 Players, video cameras, radios, weapons (this includes pocket knives), drugs (including medical marijuana), alcohol, tobacco (including e-cigarettes, vaping machines, juuls, etc.), candy, snacks, sodas, valuable items.

Please note: If any of these items are brought to camp they will be confiscated and parents or guardians can pick them up during check-out on the last day of camp. If weapons, drugs, alcohol are brought to camp, the camper will be sent home. Camp Kesem is not responsible for lost or stolen items.