

Why We Need Mount Mansfield Villages

Vermonters are getting older. Almost 20% of us are aged 65 or more, and the number is increasing. This trend will increase the need for support and services for our aging neighbors.

We are becoming isolated. More and more Vermonters live alone, often far from a town or at the end of a long driveway. Our winters increase isolation. The privacy we cherish can turn into loneliness, which is a severe health hazard.

We have less family support. Years ago families were the primary support system for older adults. As families became smaller and scattered all over the nation, family support became less available.

We have health issues.

Aging increases health challenges, making living independently harder. Shoveling snow and cleaning gutters never used to be a problem!

Government, community groups, churches, and families provide many services that help aging Vermonters deal with these and other challenges, but they cannot meet all the needs.

MMV aims to help fill the gap.

Membership Information

Annual Fees

Individual:	\$275
Household:	\$325
Sponsor:	\$120

For More Information About Becoming

- ☐ a Member
- ☐ a Volunteer
- ☐ a Sponsor

Website

mountmansfieldvillages.org

Email:

mountmansfieldvillages@gmail.com

Call:

802-858-5381



Mount Mansfield Villages
Cambridge - Underhill - Jericho



It Takes a Village...

to help older adults
stay in their homes,
live independently, and remain
connected to their community.

Mount Mansfield Villages (MMV) is a non-profit, membership organization served by local volunteers.

**Enjoy life as you grow older!
We're here for you.**



Mount Mansfield Villages

PO Box 31
Underhill Center, VT 05490

What is MMV?

Mount Mansfield Villages is a plan, not a place. We are a non-profit organization comprised of members and volunteers living in Cambridge, Underhill, and Jericho. Our aim is to provide services that will help members to remain active, socially-connected, and in their homes and communities as long as possible. We provide volunteer opportunities for neighbors to help neighbors.

Services Included with Membership:

- ☐ Transportation to appointments, grocery shopping, and social activities
- ☐ Help with basic technical problems with electronics
- ☐ Snow shoveling and light yard work
- ☐ Help with “downsizing”
- ☐ Computer assistance
- ☐ Friendly visits and/or daily phone checks
- ☐ Help with restocking and reorganizing cabinets and closets
- ☐ Social, educational, and wellness opportunities
- ☐ Assistance with minor home repairs
- ☐ Monthly newsletter



Who Can Join?

Residents of Cambridge, Underhill, and Jericho, age 50 and older, can join the MMV community. Members pay an annual fee to receive our services. No one will be refused membership due to financial constraints.

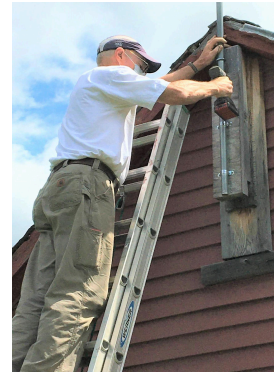
How Do I Join?

Fill out the Membership Application (available on our website) or call 802-858-5381. Calls are forwarded to a volunteer who will contact you.



How Do I Request a Service?

Requests for services can be made through our website anytime or by calling our telephone Monday - Friday 9 am - 5 pm.



Become a Volunteer

Anyone age 18 or older interested in helping to provide any of our services can become a volunteer. Visit our website (mountmansfieldvillages.org, Volunteers menu) or call us. We will call back to discuss your options.



Become a Sponsor

Don't need services yet, but you would like to support MMV's mission? See our website for details. Sponsors are invited to attend educational and social events offered to members. You can easily convert to a full membership at a prorated fee if desired.