

If you have additional questions, please reach out to your child's teacher, or the parent liaison at Emily.saucedo@mpark.net

Cougar Elementary School At-Home Learning Activities
VPI PreK
Week 10: May 25 - 29, 2020

[Click here for CES At-Home Learning Links](#)

Students have the option to record completion of the activities they choose below and to submit them to the teacher via Canvas or parents can scan/take a photo of documents to send to the teacher via email or verbalize to teachers during a check-in phone call.

Reading/Language Arts				
Read a story with your family.	Draw a picture of something you did fun this week.	Read a book. Find all the letters Ss's on each page.	Practice name writing.	Act out your favorite story for your family.
Math				
Count to 20 3 different ways. Example like a cowboy, pinching your nose, like an opera singer, like a rapper.	Count how many toys you can hold in one hand? Both hands?	Practice writing numbers 1-10.	Count how many toys you have. Cars? Lego? Stuffed animals?	How many jumping jacks can you do? How many push-ups can you do? How many sit-ups can you do? How long can you balance on one foot?
Social Studies & Science				
Put toys in a bathtub filled with water. See which ones sink or float.	Leave a cup of water out and see what happens throughout the week	Have a family dance party!	Freeze toys in ice and find new ways to release them	Help with chores around the house

ECSE		
Using shaving cream and food coloring, see how many colors you can make. Finger paint a picture and tell your family what you painted.	Sort the clothes in your home in different ways; match socks, sort by color, shorts and t-shirts, long sleeves and pants.	Have a color scavenger hunt in your home. Find four objects that are red, blue, green, yellow, orange, purple, pink, black, brown, white, and gray.

Students can also view educational television programming through VA TV Classroom broadcast by [WETA](#) – WETA PBS Kids: via antenna 26.3, Comcast 266, Cox 801, Verizon FiOS 472 and RCN 38

From the COVID-19 In Virginia Schools: Parent Guide

Parents and families can support student's thinking and learning during extended school closures.

- Collaborate with your child to organize the day to include time for learning and exercise.
- Read to and with your child and have conversations about what you've read together.
- Take a walk and ask about your child's observations and about being a good citizen.
- Encourage critical thinking.
- Encourage conversations about mathematics in your child's day.
- Explore your child's creativity by creating art, music, or dance.
- Write a letter to a relative or friend or community hero.
- Be mindful of screen time and have alternatives for children to play outside
- Listen to your child about his or her feelings and fears and offer comfort, honesty, and reassurance.