Experiences

If you are new to a field or transferring from one field to another it can be hard to define how your experience still makes you a strong candidate. Get prepared for interview questions and find skills to include on your resume that align with the new role you are seeking. Write down all the experience you have on your resume (work, education, volunteerism). Now without trying to match it to a current job description, write down all the technical (bench skills, software) and non-technical skills (conflict management, communication) you can remember using in those roles. Reference this to find ones that do apply to the new roles you will be applying to, even if the experience is not closely related to what you are applying for now.

Experience from Resume	Technical Skills	Non-Technical Skills