Can Teens Fall In Love?

Who said it	What they said
Nona Willis Aronowiz Author Aronowitz, Nona Willis. "Yes, Teens Can Fall in 'Real' Love." *Teen Vogue.* 17 June 2021.	Adults might tell you that your brain is still developing, and that's true; in fact, it'll continue to develop well into your twenties. But according to experts, the part of your brain that develops later is some of the prefrontal-cortex-based executive functions, such as being able to assess risk and behave rationally under stress or overwhelming feelings. The more instinctive, basic emotions, like love, are already there. You just might not yet be able to have proper control or sound judgment when those emotions are flooding through you—especially in "reward-sensitive" environments, where the temptations of immediate feel-good experiences are strong. And being in love is certainly one of those experiences!
Dean Burnet a neuroscientist and author of the international best sellers Idiot Brain and Happy Brain Heaney, Katie. "Teenagers Do Too Know What True Love Is." *The Cut.* 14 Sept. 2018	Burnett points out that while it's true that the brain continues to develop well into our 20s, that doesn't mean it can't do anything properly before that point: "When we hit our teens, our brains are still developing, but they're not necessarily acquiring new abilities or information. Instead, they're sorting out what they've already accumulated, and making things more efficient," he writes.
Bayleah Vogel A high school student at Boone County High school Vogel, Bayleah, and Zoe Collins. "Can Teens Experience True Love?" *The Rebellion*. 2 March 2020.	I don't believe high school students experience love because they have underdeveloped minds. According to the Health Encyclopedia written by the University of Rochester Medical School, "The rational part of a teen's brain isn't fully developed and won't be until age 25 or so." This basically means that the part of the brain that is responsible for responding to situations with the best possible judgement is not fully developed for teens, thus making it difficult for teens to truly understand their feelings and their judgement. Even if teens may be completely convinced that they are in love, it is likely that they are just confused about their feelings. They may think that what they're feeling is love, but in reality what they are feeling is a strong sense of admiration.