My Push-ups Privacy Policy

Effective Date: April 10, 2026

My Push-ups ("we," "our," or "us") are committed to protecting your privacy. This Privacy Policy explains how your information is collected, used, and handled when you use the My Push-ups mobile application (the "App").

This Privacy Policy is intended to meet the requirements of the Google Play Store and applicable privacy laws.

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1. Information Collection and Use

We do not directly collect, transmit, or store your personal training data on any external servers.

My Push-ups is primarily designed to be a local-first application. All data generated by your use of the core training features—such as your push-up logs, max push-up test results, training progress, and app settings—is stored entirely locally on your device.

Because we do not directly collect your personal data for training:
* We do not require you to create an account.
* We do not ask for personal identifiers such as your name, email address, or phone number.
* We cannot access, view, or share your training data.

However, the App uses third-party services for advertising and in-app purchases, which may collect certain information as described below.

2. Local Data Storage

The App uses local storage mechanisms to save your progress, preferences, and workout history directly on your device.
Data Deletion: You can delete all your training data at any time by uninstalling the App or clearing the App's data in your Android device settings. Doing so will permanently remove your training history and progress.

3. Advertising (Google AdMob)

The App uses Google AdMob to display advertisements. AdMob may collect and use data to provide personalized or non-personalized ads.

Information collected by AdMob may include:
* Device information (such as device model, OS version).

* Mobile advertising IDs (e.g., Google Advertising ID).
* Usage data and interaction with ads.
* IP address.

You can learn more about how Google uses information from sites or apps that use their services by visiting: [How Google uses information from sites or apps that use our services](https://policies.google.com/technologies/partner-sites).
You can manage your advertising preferences or opt-out of personalized ads through your device settings (e.g., Settings > Google > Ads).

4. In-App Purchases

We offer an in-app purchase option to remove advertisements from the App. All payments are processed entirely by Google Play Billing.

* We do not collect, process, or store your payment information, credit card details, or billing address.
* We only receive confirmation from Google Play that a purchase was successful so we can unlock the ad-free experience.

For more information on how Google Play handles your payment data, please review the [Google Privacy Policy](https://policies.google.com/privacy).

5. Third-Party Services Summary

The App uses the following third-party services that may collect information used to identify you.
Links to the privacy policies of third-party service providers used by the app:
* [Google Play Services](https://policies.google.com/privacy)
* [AdMob](https://support.google.com/admob/answer/6128543)

6. Permissions

To function correctly, the App may request standard Android permissions (such as controlling audio for voice guidance). These permissions are strictly used to provide the App's core features and are never used by us to collect personal information.

7. Children's Privacy

Our App does not intentionally target, nor do we knowingly collect any personal information from, children under the age of 13 (or the applicable age in your region). Advertisements shown in the App are configured to comply with Google Play policies and applicable laws regarding children's privacy.

8. Changes to This Privacy Policy

We may update our Privacy Policy from time to time. If we make any material changes, we will update the "Effective Date" at the top of this Privacy Policy and, if required, provide notice within the App. We encourage you to review this Privacy Policy periodically.

9. Contact Us

If you have any questions, concerns, or suggestions regarding this Privacy Policy or our privacy practices, please contact us at:

Email: mypushups.support@gmail.com