



Ace2Race Tennis Center

Summer Session: July 7th – Aug 15th (6 weeks)

 **Location: Rider University, Lawrenceville**

Address: 2083 Lawrenceville Rd, Lawrenceville, NJ 08648

Program Schedule


Group Class	Mon	Tues	Wed	Thurs	Fri
Junior Clinic Session 1	5:00 PM - 6:30 PM	5:00 PM - 6:30 PM	5:00 PM - 6:30 PM	5:00 PM - 6:30 PM	5:00 PM - 6:30 PM
Junior Clinic Session 2	6:30 PM - 8:00 PM	6:30 PM - 8:00 PM	6:30 PM - 8:00 PM	6:30 PM - 8:00 PM	6:30 PM - 8:00 PM
Adult Clinic Session 1	5:00 PM - 6:30 PM				
Adult Clinic Session 2	6:30 PM to 7:00 PM				

Click on the links above to register

Program Details


Junior Clinics

Our Junior Tennis Clinic is designed to give every young athlete the tools to succeed—whether they're just starting out or working toward competitive play.

 **Ages 5–16** welcome.

 Personalized Grouping

Players will be evaluated and placed into the most appropriate group based on **age and skill level**. We follow the USTA's Red-Orange-Green-Yellow (ROGY) progression format to ensure each child is challenged and supported at the right pace.

 Clinic Highlights:

- Certified, kid-friendly coaches
- Weekly progress tracking
- Positive, energetic environment
- Grouped by ability for optimal development

Red Ball (*Early Beginners*)

- Ages ~5–7
- Smaller courts, slower balls
- Focus on movement, coordination & fun

Orange Ball (*Developing Players*)

- Ages ~7–9
- Emphasis on rallying, footwork, and basic tactics
- 60 ft courts with orange balls

Green Ball (*Intermediate Level*)

- Ages ~9–12
- Full court with green-dot balls
- Stroke development and intro to match play

Yellow Ball (*Advanced Juniors*)

- Ages ~12+ or by coach recommendation
- Competitive drills, match strategy, and tournament prep
- Full-speed yellow balls

Clinic Highlights:

- Certified, kid-friendly coaches
 - Weekly progress tracking
 - Positive, energetic environment
 - Grouped by ability for optimal development
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Adult Clinics

Join our dynamic and inclusive Adult Tennis Clinics designed for **players of every skill level**, from absolute beginners to seasoned competitors. Each session combines instruction, drills, and point play — all led by certified coaches in a fun and supportive environment.

Players will be assessed and **placed into skill-appropriate groups** to ensure productive learning and a great experience for everyone:

Beginner

- Ideal for first-time or returning players
 - Learn grip, footwork, and basic strokes (forehand, backhand, volley, serve)
 - Focus on consistency and getting comfortable rallying
 - Introduction to court positioning and scoring
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Advanced Beginner

- For players with some experience who are ready for more structured play
 - Develop rally skills and directional control
 - Serve technique, return strategies, and basic doubles movement
 - Begin structured point play and simple tactics
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Intermediate

- For players who can sustain rallies and are looking to refine technique

- **Emphasis on topspin, shot placement, and shot selection**
 - **Serve consistency and variety (flat, slice)**
 - **Tactics for singles and doubles play**
 - **Live ball drills and situational point play**
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Advanced

- **Competitive-level players looking to elevate match performance**
 - **Advanced stroke mechanics and pace control**
 - **Aggressive net play, transitional footwork, and return strategies**
 - **Tactical decision-making under pressure**
 - **Live match play, strategy drills, and video feedback (when available)**
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Whether you're new to tennis or a competitive player, you'll receive level-appropriate coaching and match-style practice to improve your game and enjoy the sport. Come learn, compete, and connect with a vibrant tennis community!

Registration Details

Online registrations: www.ace2race.com or call 609.200.6549 Registration may be reserved with payment in full. The coach to player ratio will be 6:1 or less. Call us for private and Semi-Private lessons.

