

Jamie Klotz has been a track and field coach in Illinois for the past 33 years with stops at NapervilleNorth High School, Fenton High School, West Chicago High School, Buffalo Grove High School, and most recently at New Trier High School for the past 12 years where he has worked with the vertical and horizontal jumps, as well as sprinters and several mid-distance athletes. He has served as a head coach and an assistant coach in his journey through the track world. While at New Trier he has helped to rewrite the jumps records and has had a jumps qualifier in Long Jump, Triple Jump or the High Jump in every year he has coached at New Trier with two athletes claiming All State in 2021 and 2023. His long jumpers have averaged jumping 17' 3" over the past 12 years and he has coached 4 athletes into the 18' range and one into the 19' range. He believes in coaching all athletes to the fullest extent of their capabilities, which can be daunting at times on a team annually that has over 200 athletes on it (sometimes with 40-50 girls who want to jump.) He hopes you get something out of the knowledge he can share and hopes you won't be offended by his unique coaching vernacular.

