CHA FIGURE STEPS - INTRO/REFRESHER CHA WORKSHOP (2026-11-15 handout)

Basic

	Rock,	Recover,	Cha,	Cha,	Cha	[repeat for back basic, or back half basic]
	Check,	*Replace*,	Side,	Close,	Side	[fully straighten the "check" leg for styling]
Beat #	2	3	4	&	1	[following moves all have the same timing]
Beats	[1]	[1]	[½]	[½]	[1]	

"Forward Basic" and "Back Basic" assume the Leads' perspective.

New Yorker
Swivel ¼ and Check, Replace, Cha to face (side,close,side)
Sometimes abbreviated "Swivel and Check", Replace, …
Done typically "with arms".

Spot Turn
Swivel & Check, Pivot & Replace, Cha to face

Underarm Turn
Forward Basic, lead raises hand on 4&1 leading follower to right-facing Spot Turn [underarm] while lead does a Back Basic.

Hand-to-Hand
Swivel ¼ apart with Back Check step, Replace and Cha to face
"Swivel ¼ apart with Back Check" may be called "back break" or "open back break"

Shoulder-to-Shoulder
Swivel ⅛ into a forward check step with lead stepping to their right, outside of follower, Replace and Cha to face
Swivel ⅛ left facing into a *forward* check to their left, outside of follower, while follower takes a *back* check step, Replace and Cha to face

Run
Like a full basic, but replacing the side,close,side cha steps with 3 steps in the direction of the Replace steps .. think Check, Replace, Run, Run, Run, repeat.

Chase
Like a run, but lead pivots on Check step and both do "progressive chas" away & back.

Cross Body Lead (From American Rhythm cha - similar to round dance cross body)
Lead uses frame to bring follower to opposite side after followers' forward Replace step. Lead steps left out of followers' way on the initial side,close,side (4&1). Follower passes on 4&1, pivots left-facing on check, back on replace, ending side,close,side. Lead steps back into the path to face the follower on that back check and replace.